## 5 Nonexistence of periodic solutions

We want to exclude the possibility of periodic geometries on closed manifolds $M$ and follow the ideas in [Per02, $\S 2, \S 3]$. The technical description of such a solution is given by:

Definition 5.1 A solution of (2.5) is called a breather, if there exists $t_{1}, t_{2} \in[0, T), t_{1}<t_{2}$ such that $g\left(t_{2}\right)=\alpha \cdot\left(\varphi^{*} g\right)\left(t_{1}\right)$ and $u\left(t_{2}\right)=\left(\varphi^{*} u\right)\left(t_{1}\right)$ hold for a constant $\alpha \in \mathbb{R}$ and a diffeomorphism $\varphi$. The cases $\alpha=1, \alpha>1, \alpha<1$ correspond to steady, expanding, and shrinking breathers.

We use the monotonicity of $E$ given by Lemma 2.13 and the monotonicity of $W$ from Theorem 4.4 to prove that the only existing breathers are soliton solutions. Defining

$$
\lambda(g, u):=\inf _{f \in C^{\infty}(M)}\left\{E(g, u, f) \mid \int_{M} e^{-f} d V=1\right\}
$$

for $(g, u) \in \mathcal{M}(M) \times C^{\infty}(M)$, we get that $\lambda$ is attained by a smooth function $\bar{f}$. To see this, we replace $f$ by $\phi:=e^{-f / 2}$ and get a new functional:

$$
\tilde{E}(g, u, \phi):=\int_{M}\left(4|d \phi|^{2}+S \phi^{2}\right) d V
$$

This provides us with an equivalent definition for $\lambda$ :

$$
\lambda(g, u)=\inf _{\phi \in C^{\infty}(M)}\left\{\tilde{E}(g, u, \phi) \mid \int_{M} \phi^{2} d V=1\right\}
$$

Thus $\lambda$ is the first eigenvalue of the operator $O(\phi):=-4 \Delta \phi+S \phi$ which has a smooth positive minimizer $\bar{\phi}$. Since we will prove a similar statement for $W$ in Proposition 5.8, we do not go into details here. Going back to $\bar{f}:=-2 \ln \bar{\phi}$, we calculate that a minimizer $\bar{f}$ for $\lambda$ satisfies:

$$
\begin{equation*}
2 \Delta \bar{f}-|d \bar{f}|^{2}+S=\lambda \tag{5.1}
\end{equation*}
$$

Moreover $\lambda$ is invariant under diffeomorphisms since $E$ is. We also prove that $\lambda(t)$ is monotone when evaluated on a solution to (2.4):

Lemma 5.2 Let $(g, u)(t)$ be a solution to (2.5) on $[0, T) \times M$. Then $\lambda(t):=\lambda(g(t), u(t))$ is nondecreasing in $t$. If $\frac{d}{d t} \lambda\left(t_{0}\right) \equiv 0$, the solution at time $t_{0}$ is a gradient soliton satisfying

$$
S y+\nabla^{2} f=0 \quad \text { and } \quad \Delta u-d u(\nabla f)=0
$$

where $f$ is a minimizer for $\lambda$ at time $t_{0}$.

## Proof:

Fix $t_{0}$ and let $\bar{f}$ be a minimizer for $\lambda$ at time $t_{0}$. Solving $\partial_{t} f=-\Delta f-S$ backwards in time with initial data $\bar{f}$ at $t_{0}$, we conclude from Lemma 2.13 for all $t<t_{0}$ that

$$
\lambda(t) \leq E(g, u, f)(t) \leq E\left(g\left(t_{0}\right), u\left(t_{0}\right), \bar{f}\right)=\lambda\left(t_{0}\right)
$$

Therefore $\lambda(t)$ is nondecreasing in time. The equality case follows directly from the equality case for $E$.

In the following, we identify a soliton solution $g(t)$ on $[0, T) \times M$ with its representative $g$ at a fixed time, for example at time $t=0$, and work with the corresponding elliptic equation as described after Definition 2.2. We get from the above considerations:

Proposition 5.3 Let $(g, u)(t)$ be a steady breather on a closed manifold $M$. Then it necessarily is a steady soliton and, moreover, $(M, g)$ is Ricci-flat and $u$ is constant.

## Proof:

The monotonicity of $E$ (see Lemma 2.13) shows that $\lambda(g(t), u(t))$ is nondecreasing in time. On a steady breather we have $\lambda\left(t_{1}\right)=\lambda\left(t_{2}\right)$ for two times $t_{1}, t_{2}$ since $\lambda$ is invariant under diffeomorphisms. Therefore we can conclude from Lemma 5.2 that on $\left[t_{1}, t_{2}\right]$

$$
\begin{align*}
S y+\nabla^{2} \bar{f} & =0  \tag{5.2}\\
\Delta u-d u(\nabla \bar{f}) & =0 \tag{5.3}
\end{align*}
$$

holds where $\bar{f}(t)$ is a minimizer for $\lambda(t)$. Thus the breather is a steady soliton solution. Taking the trace in equation (5.2), we have

$$
0=S+\Delta \bar{f}
$$

and by (5.1) $\bar{f}$ satisfies

$$
\begin{equation*}
\lambda=2 \Delta \bar{f}-|d \bar{f}|^{2}+S=\Delta \bar{f}-|d \bar{f}|^{2} . \tag{5.4}
\end{equation*}
$$

Integrating, we get

$$
\lambda \cdot 1=\int_{M} \lambda e^{-\bar{f}} d V=\int_{M}\left(\Delta \bar{f}-|d \bar{f}|^{2}\right) e^{-\bar{f}} d V=0
$$

by (4.3) such that we conclude from (5.4)

$$
\Delta \bar{f}=|d \bar{f}|^{2}
$$

Another integration shows that $\bar{f}$ must be a constant. But then $\Delta u=0$ from (5.3), showing that $u$ is constant, too. Together this implies that $R c=0$.

To deal with expanding breathers, we define a scaling invariant quantity

$$
\bar{\lambda}(t):=\bar{\lambda}(g, u)(t):=\lambda(g, u)(t) \cdot V(g(t))^{\frac{2}{n}}
$$

where $V$ denotes the volume of $M$ with respect to $g(t)$.

Lemma $5.4 \bar{\lambda}(t)$ is scaling invariant with respect to the scaling $\tilde{g}:=\alpha \cdot g$ and $\tilde{f}:=f+\frac{n}{2} \ln \alpha$ for all constants $\alpha>0$.

## Proof:

Observe that we also have to scale $f$ since it still has to satisfy the normalization constraint

$$
\int_{M} e^{-\tilde{f}} d \tilde{V}=\int_{M} e^{-f} e^{\ln \left(\alpha^{-\frac{n}{2}}\right)} \alpha^{\frac{n}{2}} d V=\int_{M} e^{f} d V=1
$$

with respect to the new volume element $d V_{\tilde{g}}$. Then we can calculate

$$
\begin{aligned}
R(\tilde{g}) & =\alpha^{-1} R(g) \\
|d f|_{\tilde{g}}^{2} & =\tilde{g}^{i j} \partial_{i} f \partial_{j} f=\alpha^{-1} g^{i j} \partial_{i} f \partial_{j} f=\alpha^{-1}|d f|_{g}^{2} \\
d V_{\tilde{g}} & =\sqrt{\operatorname{det}(\tilde{g})} d x=\sqrt{\operatorname{det}(\alpha \cdot g)} d x=\sqrt{\alpha^{n} \operatorname{det}(g)} d x=\alpha^{\frac{n}{2}} \sqrt{\operatorname{det}(g)} d x=\alpha^{\frac{n}{2}} d V,
\end{aligned}
$$

giving us

$$
\begin{aligned}
\bar{\lambda}(\tilde{g}, u) & =V(\tilde{g})^{\frac{2}{n}} \cdot \lambda(\tilde{g}, u)=\left[\int_{M} d V_{\tilde{g}}\right]^{\frac{2}{n}} \cdot \inf _{\tilde{f}}\left\{\int_{M}\left(|d \tilde{f}|_{\tilde{g}}^{2}+R(\tilde{g})-2|d u|_{\tilde{g}}^{2}\right) e^{-\tilde{f}} d V_{\tilde{g}} \mid \int_{M} e^{-\tilde{f}^{2}} d V_{\tilde{g}}=1\right\} \\
& =\left[\int_{M} \alpha^{\frac{n}{2}} d V\right]^{\frac{2}{n}} \cdot \inf _{\tilde{f}}\left\{\left.\int_{M} \alpha^{-1}\left(|d f|_{g}^{2}+R-2|d u|_{g}^{2}\right) \alpha^{-\frac{n}{2}} e^{-f} \alpha^{\frac{n}{2}} d V \right\rvert\, \int_{M} \alpha^{-\frac{n}{2}} e^{-f^{2}} \alpha^{\frac{n}{2}} d V=1\right\} \\
& =\alpha^{\frac{n}{2} \cdot \frac{2}{n}} V(g)^{\frac{2}{n}} \cdot \alpha^{-1} \lambda(g, u)=V(g)^{\frac{2}{n}} \cdot \lambda(g, u)=\bar{\lambda}(g, u)
\end{aligned}
$$

as required. Note that there is no difference taking the infimum over $f$ or $\tilde{f}$.

The quantity $\bar{\lambda}(t)$ is not monotone in general, but we only need to establish the following monotonicity property:

Lemma 5.5 Let $(g, u)(t)$ be a solution to (2.5). Then $\bar{\lambda}(t)$ is nondecreasing at times $t$ where it is nonpositive. If $\frac{d}{d t} \bar{\lambda}\left(t_{0}\right)=0$ at a time $t_{0}$, then the solution satisfies

$$
\begin{aligned}
\left|\nabla^{2} \bar{f}+S y+\frac{1}{n}(S+\Delta \bar{f}) g\right|^{2} & =0 \\
|\Delta \bar{f}-d u(\nabla \bar{f})|^{2} & =0 \\
\Delta \bar{f}+S & =\text { const }
\end{aligned}
$$

where $\bar{f}$ is a minimizer for $\lambda$ at time $t=t_{0}$.

## Proof:

Since $\bar{\lambda}$ is Lipschitz continuous, the time derivative exists in the sense of forward difference quotients. At a fixed time $t$, we assume $\bar{\lambda}(t) \leq 0$ and compute

$$
\begin{equation*}
\frac{d}{d t} \bar{\lambda}(t)=\frac{d}{d t} V^{\frac{2}{n}} \cdot \lambda+V^{\frac{2}{n}} \cdot \frac{d}{d t} \lambda=\frac{2}{n} V^{\frac{2}{n}} \cdot V^{-1} \cdot \frac{d}{d t} V+V^{\frac{2}{n}} \frac{d}{d t} \lambda . \tag{5.5}
\end{equation*}
$$

Using Lemma 1.4, further calculations show

$$
\frac{d}{d t} V(t)=\partial_{t} \int_{M} d V=\int_{M} \frac{\operatorname{tr} \partial_{t} g}{2} d V=\int_{M}\left(-\Delta f-R+2|d u|^{2}\right) d V=-\int_{M} S d V .
$$

Setting $f(t):=\ln V(t)$, we obtain

$$
E(g, u, \ln V)=\int_{M}\left(S+|d(\ln V)|^{2}\right) e^{-\ln V} d V=\int_{M}(S+0) V^{-1} d V=V^{-1} \int_{M} S d V
$$

since $f(t)$ is independent of $x \in M$. Furthermore, $f$ is properly normalized

$$
\int_{M} e^{-\ln V} d V=V^{-1} \int_{M} d V=V^{-1} \cdot V=1
$$

and therefore an admissible function. From the definition of $\lambda$ we conclude that

$$
\begin{equation*}
V^{-1} \int_{M} S d V=E(g, u, \ln V) \geq \inf _{f \in C^{\infty}(M)} E(g, u, f)=\lambda . \tag{5.6}
\end{equation*}
$$

Whenever $\lambda \leq 0$, using (4.3) and (5.6), we compute

$$
\begin{aligned}
-\lambda V^{-1} \int_{M} S d V & =|\lambda| V^{-1} \int_{M} S d V \geq|\lambda| \lambda=-|\lambda|^{2} \\
& =-\left(\int_{M}\left(S+|d \bar{f}|^{2}\right) e^{-\bar{f}} d V\right)^{2}=-\left(\int_{M}(S+\Delta \bar{f}) e^{-\bar{f}} d V\right)^{2}
\end{aligned}
$$

where $\bar{f}$ is a minimizer for $E$ at time $t$. This gives an estimate for the first term in (5.5):

$$
\begin{equation*}
\frac{d}{d t} V^{\frac{2}{n}}(t) \cdot \lambda \geq-\frac{2}{n} V^{\frac{2}{n}}\left(\int_{M}(S+\Delta \bar{f}) e^{-\bar{f}} d V\right)^{2} \tag{5.7}
\end{equation*}
$$

The second term in (5.5) comes down to

$$
\begin{align*}
V^{\frac{2}{n}} \frac{d}{d t} \lambda(t) & =V^{\frac{2}{n}} \cdot 2 \int_{M}\left|\nabla^{2} \bar{f}+S y\right|^{2}+2|\Delta u-d u(\nabla \bar{f})|^{2} e^{-\bar{f}} d V \\
& =2 V^{\frac{2}{n}} \int_{M}\left|\nabla^{2} \bar{f}+S y+\frac{1}{n}(S+\Delta \bar{f}) g\right|^{2}+2|\Delta \bar{f}-d u(\nabla \bar{f})|^{2}+\frac{1}{n}(S+\Delta \bar{f})^{2} e^{-\bar{f}} d V \tag{5.8}
\end{align*}
$$

where $\bar{f}$ is the same minimizer as above. We also used the equation for $\partial_{t} E$ in Lemma 2.13 and

$$
\left|\nabla^{2} \bar{f}+S y+\frac{1}{n}(S+\Delta \bar{f}) g\right|^{2}=\left|\nabla^{2} \bar{f}+S y\right|^{2}-\frac{1}{n}(S+\Delta \bar{f})^{2}
$$

The combination of (5.7) and (5.8) proves

$$
\begin{align*}
\frac{d}{d t} \bar{\lambda}(t) \geq & 2 V^{\frac{2}{n}} \int_{M}\left|\nabla^{2} \bar{f}+S y+\frac{1}{n}(S+\Delta \bar{f}) g\right|^{2}+2|\Delta u-d u(\nabla \bar{f})|^{2} e^{-\bar{f}} d V \\
& +\frac{2}{n} V^{\frac{2}{n}}\left\{\int_{M}(\Delta \bar{f}+S)^{2} e^{-\bar{f}} d V-\left(\int_{M}(\Delta \bar{f}+S) e^{-\bar{f}} d V\right)^{2}\right\} \geq 0 \tag{5.9}
\end{align*}
$$

where the non-negativity of the second line is due to Hölder's inequality. Therefore $\bar{\lambda}$ is nondecreasing at time $t$. If $\frac{d}{d t} \bar{\lambda}(t)=0$, all individual terms have to vanish. Note that the second line can only be zero if $\Delta \bar{f}+S \equiv$ const. This proves the lemma.

Proposition 5.6 Let $(g, u)(t)$ be an expanding breather on a closed manifold $M$. Then it necessarily is an expanding gradient soliton and, moreover, $(M, g)$ is an Einstein manifold and $u$ is constant.

## Proof:

Assume there are times $t_{1}, t_{2}$ and $\alpha>1$ such that $g\left(t_{2}\right)=\alpha \cdot\left(\phi^{*} g\right)\left(t_{1}\right)$. We have $\bar{\lambda}\left(t_{2}\right)=\bar{\lambda}\left(t_{1}\right)$ since $\bar{\lambda}$ is invariant under scaling and diffeomorphisms. Since $\alpha>1$, we know in addition that $V\left(t_{2}\right)>V\left(t_{1}\right)$, implying that there is a time $t_{0} \in\left[t_{1}, t_{2}\right]$ such that

$$
\frac{d}{d t} V\left(t_{0}\right)=-\int_{M} S d V\left(t_{0}\right)>0
$$

Therefore we can conclude at time $t_{0}$ :

$$
\bar{\lambda} \leq V^{\frac{2-n}{n}} \int_{M} S d V<0
$$

where we used (5.6) in the first step. Consider two cases: If $\bar{\lambda}\left(t_{1}\right) \geq 0, \bar{\lambda}$ can never decrease below 0 again, in particular not at time $t_{0}$. On the other hand, if $\bar{\lambda}\left(t_{1}\right)<0$, then it has to increase up to time $t_{0}$ where it is still negative. Therefore it cannot decrease back to its old value at time $t_{2}$ as required. Lemma 5.5 then shows that $\bar{\lambda}(t) \equiv$ const for $t \in\left[t_{1}, t_{2}\right]$. This implies $\frac{d \bar{\lambda}}{d t}=0$ on $\left[t_{1}, t_{2}\right]$, and we get for a constant $c \in \mathbb{R}$

$$
\begin{align*}
S y+\nabla^{2} \bar{f}-\frac{1}{n}(S+\Delta \bar{f}) g & =0 \\
\Delta u-d u(\nabla \bar{f}) & =0  \tag{5.10}\\
S+\Delta \bar{f} & =c
\end{align*}
$$

because we have equality in (5.9). Since the minimizer $\bar{f}$ satisfies (5.1), we get

$$
2 \Delta \bar{f}-|d \bar{f}|^{2}+S=\lambda=\int_{M}\left(S+|d \bar{f}|^{2}\right) e^{-\bar{f}} d V=\int_{M}(S+\Delta \bar{f}) e^{-\bar{f}} d V=c \cdot \int_{M} e^{-\bar{f}} d V=c
$$

where we used (4.3). This implies

$$
\Delta \bar{f}-|d \bar{f}|^{2}+c=c \quad \Rightarrow \quad \Delta \bar{f}=|d \bar{f}|^{2} .
$$

Integrating as before, we know that $\bar{f}$ is constant. Inserting this into (5.10) yields

$$
\begin{aligned}
R c-2 d u \otimes d u-\frac{c}{n} g & =0 \\
\Delta u & =0
\end{aligned}
$$

and we conclude that $u$ has to be constant, too. This leaves

$$
R c-\frac{c}{n} g=0
$$

and $g$ has to be an Einstein metric on $M$.

The remaining case are shrinking breathers which we want to handle with help of the functional (4.1) and its monotonicity proven in Theorem 4.4. We first give a definition:

Definition 5.7 Let $(g, u, \tau) \in \mathcal{M}(M) \times C^{\infty}(M) \times \mathbb{R}^{+}$be a configuration. Then we define:

$$
\mu:=\mu(g, u, \tau):=\inf _{f \in C^{\infty}(M)}\left\{W(g, u, f, \tau): \int_{M}(4 \pi \tau)^{-\frac{n}{2}} e^{-f} d V=1\right\}
$$

Proposition 5.8 Let $M$ be closed and connected. Then $\mu$ is attained by a smooth function $\bar{f} \in C^{\infty}(M)$ satisfying the normalization constraint.

## Proof:

We adapt the method from [Rot81]. Replacing $\phi:=e^{-f / 2}$ as before, we equivalently can minimize the integral

$$
\tilde{W}(g, u, \phi, \tau):=\int_{M}\left[4 \tau|d \phi|^{2}+\tau S \phi^{2}-\phi^{2} \ln \phi^{2}-n \phi^{2}\right](4 \pi \tau)^{-\frac{n}{2}} d V
$$

for functions $\phi \in W^{1,2}(M)$. In the following, all $L^{p}$ and $W^{k, p}$ spaces are be with respect to the measure $d m=(4 \pi \tau)^{-\frac{n}{2}} d V$. Analogously to Definition 5.7 we set for fixed $(g, u, \tau)$ :

$$
\tilde{\mu}:=\tilde{\mu}(g, u, \tau):=\inf _{\phi \in W^{1,2}(M)}\left\{\tilde{W}(g, u, \phi, \tau): \int_{M} \phi^{2}(4 \pi \tau)^{-\frac{n}{2}} d V=1\right\}
$$

and show that $\tilde{W}$ is bounded below for $\phi \in W^{1,2}(M)$. Choose $p:=\frac{2}{n-2}$. Using Jensen's inequality for the logarithm with respect to the measure $\phi^{2} d m$, we get

$$
\begin{aligned}
\int_{M} \phi^{2} \ln \phi^{2} d m & =\int_{M} \phi^{2} \ln \left[\left(\phi^{2 p}\right)^{1 / p}\right] d m=\frac{n-2}{2} \int_{M}\left[\ln |\phi|^{2 p}\right] \phi^{2} d m \leq \frac{n-2}{2} \ln \left[\int_{M}|\phi|^{2 p+2} d m\right] \\
& =\frac{n-2}{2} \ln \left[\|\phi\|_{2 p+2}^{2 p+2}\right]=n \ln \|\phi\|_{\frac{2 n}{n-2}} .
\end{aligned}
$$

The Sobolev embedding $W_{0}^{1,2}(M) \subset L^{\frac{2 n}{n-2}}(M)$ for $n>2$ is proven for example in [Aub82, Theorem 2.20]. By the choice of $\varepsilon$ we can estimate:

$$
\|\phi\|_{\frac{2 n}{n-2}} \leq c(n)\|\phi\|_{W^{1,2}}
$$

such that together with the monotonicity of the logarithm we have

$$
\int_{M} \phi^{2} \ln \phi^{2} d m \leq \frac{n-2}{2} \ln \left[c(n)\|\phi\|_{W^{1,2}}\right]
$$

Using the fact that $S$ is smooth and the normalization $\int_{M} \phi^{2} d m=1$, we get altogether:

$$
\begin{aligned}
\int_{M} & \left(4 \tau|d \phi|^{2}-\phi^{2} \ln \phi^{2}+\phi^{2}(\tau S-n)\right) d m \\
& =4 \tau \int_{M}|d \phi|^{2} d m+4 \tau \int_{M}|\phi|^{2} d m-4 \tau \int_{M}|\phi|^{2} d m-\int_{M} \phi^{2} \ln \phi^{2} d m+\int_{M} \phi^{2}(\tau S-n) d m \\
& \geq 4 \tau\|\phi\|_{W^{1,2}}^{2}-4 \tau-\frac{n-2}{2} \ln \left[c(n)\|\phi\|_{W^{1,2}}\right]+\tau \min _{x \in M} S(x) \int_{M}|\phi|^{2} d m-n \cdot 1 \\
& \geq 4 \tau\|\phi\|_{W^{1,2}}^{2}-\frac{n-2}{2} \ln \|\phi\|_{W^{1,2}}-\frac{n-2}{2} \ln c(n)-4 \tau+\tau \min _{x \in M} S(x)-n \\
& \geq 4 \tau\|\phi\|_{W^{1,2}}^{2}-\frac{n-2}{2}\|\phi\|_{W^{1,2}}+C\left(n, \tau, S_{\min }\right) \\
& \geq C\left(n, \tau, S_{\text {min }}\right)
\end{aligned}
$$

independent of $\phi$. Here we set $S_{\text {min }}:=\min _{x \in M} S(x)$ and used that $f(x)=A x^{2}-B x \geq-\frac{B^{2}}{4 A}$ on $\mathbb{R}^{+}$. Therefore $\tilde{W}$ is bounded below for $\phi \in W^{1,2}(M)$.

In view of the Sobolev embedding, Hölder's inequality, and the mean value theorem the functional $F: W^{1,2}(M) \rightarrow \mathbb{R}$ given by

$$
\begin{equation*}
F(\phi):=\int_{M}\left((\tau S-n) \phi^{2}-\phi^{2} \ln \phi^{2}\right) d m \tag{5.11}
\end{equation*}
$$

is continuous in $L^{p}$ for all $p>2$. Let us assume that $\phi_{i} \subset W^{1,2}(M)$ is a minimizing sequence for $\tilde{W}$ such that $\tilde{W}\left(g, u, \phi_{i}, \tau\right) \leq \tilde{\mu}+\frac{1}{i}$ holds for all $i \geq 0$. We calculate

$$
\begin{aligned}
& \int_{M} 4 \tau\left|d \phi_{i}\right|^{2}-\phi_{i}^{2} \ln \phi_{i}^{2}+(\tau S-n) \phi_{i}^{2} d m \\
& \quad=\int_{M} 2 \tau\left|d \phi_{i}\right|^{2}-\phi_{i}^{2} \ln \phi_{i}^{2}+\left(\frac{\tau}{2} S-n\right) \phi_{i}^{2} d m+\int_{M} 2 \tau\left|d \phi_{i}\right|^{2} d m+\frac{\tau}{2} \int_{M} S \phi_{i}^{2} d m \\
& \quad \geq \tilde{\mu}(g, u, \phi, \tau / 2)+\frac{\tau}{2} S_{\min }+2 \tau \int_{M}\left(\left|d \phi_{i}\right|^{2}+\left|\phi_{i}\right|^{2}\right) d m-2 \tau
\end{aligned}
$$

where $S_{\text {min }}$ is defined as above. This implies that

$$
\begin{aligned}
\|\phi\|_{W^{1,2}} & \leq \frac{1}{2 \tau}\left\{-\tilde{\mu}(g, u, \phi, \tau / 2)-\frac{\tau}{2} S_{\min }+2 \tau+\tilde{W}\left(g, u, \phi_{i}, \tau\right)\right\} \\
& \leq \frac{1}{2 \tau}\left\{-\tilde{\mu}(g, u, \phi, \tau / 2)-\frac{\tau}{2} S_{\min }+2 \tau+\tilde{\mu}\left(g, u, \phi_{i}, \tau\right)+\frac{1}{i}\right\} \\
& \leq C
\end{aligned}
$$

holds for a constant $C$ independent of $i$. Therefore the sequence $\left(\phi_{i}\right)$ is uniformly bounded in $W^{1,2}(M)$ and converges weakly to a function $\bar{\phi} \in W^{1,2}(M)$. By the compactness of the embedding $W^{1,2}(M) \hookrightarrow L^{p}(M)$ for all $1<p<\frac{2 n}{n-2}, n \geq 3$, we know that $\phi_{i} \rightarrow \bar{\phi}$ strongly in $L^{p}$ for $p$ in this range. Since $\frac{2 n}{n-2}>2$, the functional $F$ defined in (5.11) is continuous in $L^{p}(M)$, and we get

$$
\begin{aligned}
\tilde{\mu} & =\inf _{\phi} \tilde{W}(g, u, \phi, \tau)=\lim _{i \rightarrow \infty} \tilde{W}\left(g, u, \phi_{i}, \tau\right) \\
& =\left[\lim _{i \rightarrow \infty} \int_{M} 4 \tau\left|d \phi_{i}\right|^{2} d m\right]-\int_{M} \bar{\phi}^{2} \ln \bar{\phi}^{2} d m+\int_{M} \bar{\phi}^{2}(\tau S-n) d m
\end{aligned}
$$

The weak convergence in $W^{1,2}(M)$ gives

$$
\lim _{i \rightarrow \infty} \int_{M} 4 \tau\left|d \phi_{i}\right|^{2} d m \geq \int_{M} 4 \tau|d \bar{\phi}|^{2} d m
$$

implying

$$
\tilde{\mu} \geq \int_{M} 4 \tau|d \bar{\phi}|^{2}-\bar{\phi}^{2} \ln \bar{\phi}^{2}+(\tau S-n) \bar{\phi}^{2} d m
$$

and the infimum is indeed attained at $\bar{\phi}$. The strong convergence also implies that the limit $\bar{\phi}$ satisfies the normalization condition. We can assume in addition that $\bar{\phi} \geq 0$. If $\left(\phi_{i}\right)$ is a minimizing sequence, then also $\left(\left|\phi_{i}\right|\right)$ because we have $\left\|d \phi_{i}\right\|_{L^{2}}=\left\|d\left|\phi_{i}\right|\right\|_{L^{2}}$ and $\left\|\phi_{i}\right\|_{L^{2}}=\left\|\left|\phi_{i}\right|\right\|_{L^{2}}$.

As a critical point of $\tilde{W}, \bar{\phi}$ satisfies the Euler-Lagrange equation

$$
\begin{equation*}
-4 \tau \Delta \bar{\phi}-2 \bar{\phi} \ln \bar{\phi}+(\tau S-n-\tilde{\mu}) \bar{\phi}=0 \tag{5.12}
\end{equation*}
$$

weakly in $W^{1,2}$. To be able to go back to the original functional $W$, it remains to show that $\bar{\phi}$ is smooth and positive. To this end we rewrite the equation:

$$
\Delta \bar{\phi}=-\frac{1}{2 \tau} \cdot \bar{\phi} \ln \bar{\phi}+\frac{1}{4 \tau}(\tau S-n-\tilde{\mu}) \cdot \bar{\phi}=c \cdot \bar{\phi} \ln \bar{\phi}+\omega(x) \cdot \bar{\phi}=: P
$$

where $\omega(x):=\frac{1}{4 \tau}(\tau \cdot S(x)-n-\mu)$ is smooth. Since $\bar{\phi} \in W_{0}^{1,2}(M) \hookrightarrow L^{\frac{2 n}{n-2}}(M)$ by the Sobolev embedding, and since $\bar{\phi} \cdot \ln \bar{\phi} \in L^{p-\delta}(M)$ for all $\delta>0$ whenever $\bar{\phi} \in L^{p}(M)$, we know that $P \in L^{\frac{2 n}{n-2+\varepsilon}}$ for all $\varepsilon>0$. Now the regularity result [GT98, Theorem 9.15] implies that $\bar{\phi} \in W^{2, \frac{2 n}{n-2+\varepsilon}}(M)$. Again by the Sobolev embedding we know that $\bar{\phi} \in L^{\frac{2 n}{n-6+\varepsilon}}(M)$, proving that $P \in L^{\frac{2 n}{n-6+2 \varepsilon}}$ by the previous argument. After a finite number of iterations we get $P \in L^{p}(M)$ for some $p>2 n$. This implies that $\bar{\phi} \in C^{\alpha}(M)$ for some $\alpha>0$ by [GT98, Theorem 8.22].

Since $\bar{\phi}$ therefore is continuous, we can prove that it is pointwise positive. We have the following lemma from Rothaus which analogously holds in our situation:

Lemma 5.9 [Rot81, page 114] Assume $\bar{\phi} \in W^{1,2}(M) \cap C^{0}(M)$ is a nonnegative minimizer for $\tilde{\mu}$ and $\bar{\phi}(p)=0$. Then there exists a neighborhood of $p$ where $\bar{\phi}$ vanishes identically.

This shows that $\bar{\phi}$ is positive everywhere on $M$ since defining

$$
\Omega:=\{p \in M \mid \bar{\phi}(p)=0\}
$$

we see from the lemma that $\Omega$ is open. But it is also closed since $\bar{\phi}$ is continuous. Because $M$ is connected, there are only two possibilities, either $\Omega=\emptyset$ and $\bar{\phi}>0$ on $M$, or $\Omega=M$ and $\bar{\phi} \equiv 0$ which is impossible since $\|\bar{\phi}\|_{L^{2}}=1$. Furthermore we know that $\bar{\phi}$ is uniformly bounded below away from 0 since $M$ is compact.

Using this information, we see that $P=c \cdot \bar{\phi} \ln \bar{\phi}+\omega \cdot \bar{\phi}$ is Hölder continuous for $\bar{\phi} \in C^{\alpha}(M)$ positive. This implies that $\bar{\phi}$ is a classical solution of (5.12) in $C^{2, \alpha}(M)$ by [GT98, Theorem 9.19] and satisfies

$$
\Delta \bar{\phi}=c \cdot \bar{\phi} \ln \bar{\phi}+\omega \cdot \bar{\phi}
$$

in the classical sense. Repeating this argument, we learn that $\bar{\phi} \in C^{\infty}(M)$. Since $\bar{\phi}$ is positive, we can define $\bar{f}:=-2 \ln \bar{\phi}$ and $\bar{f}$ is a smooth minimizer for $\mu$ as required.

Now that we have understood the variational problem, we can investigate the remaining case of shrinking breathers. For the proof we are going to need the following lemma:

Lemma 5.10 Suppose $(g, u)(t)$ is a solution to (2.5) on $[0, T) \times M$ where $M$ is closed. Fix a $\bar{\tau} \in[0, T)$ and define $\tau(t):=\bar{\tau}-t$. Then $\mu(g, u, \tau)(t)$ is nondecreasing in $t$. If $\frac{d}{d t} \mu(t)=0$ the solution is a gradient shrinking soliton.

## Proof:

Let $\tilde{f}$ be a minimizer of $\mu\left(t_{0}\right)$ for $t_{0}<\bar{\tau}$ arbitrary. We can solve the equation for $f$ backwards in time with initial value $\tilde{f}$ at $t=t_{0}$. The monotonicity (4.6) implies that $W(g, u, f, \tau)(t)$ is nondecreasing in time. We get for $t<t_{0}$ :

$$
\mu(g, u, \tau)(t) \leq W(g, u, f, \tau)(t) \leq W(g, u, f, \tau)\left(t_{0}\right)=W\left(g\left(t_{0}\right), u\left(t_{0}\right), \tilde{f}, \tau\left(t_{0}\right)\right)=\mu(g, u, \tau)\left(t_{0}\right)
$$

proving the lemma.

Proposition 5.11 Let $(g, u)(t)$ be a shrinking breather on a closed manifold $M$. Then it necessarily is a gradient shrinking soliton.

## Proof:

The breather $(g, u)(t)$ satisfies $g\left(t_{2}\right)=\alpha \cdot \varphi^{*} g\left(t_{1}\right)$ and $u\left(t_{2}\right)=\varphi^{*} u\left(t_{1}\right)$ for two times $t_{1}, t_{2}$ and a constant $\alpha<1$. Define the reference time

$$
\bar{\tau}:=\frac{t_{2}-\alpha t_{1}}{1-\alpha}
$$

and set $\tau(t):=\bar{\tau}-t$. It follows that

$$
\alpha=\frac{\bar{\tau}-t_{2}}{\bar{\tau}-t_{1}}=\frac{\tau\left(t_{2}\right)}{\tau\left(t_{1}\right)} .
$$

Using Lemma 4.2 and Lemma 5.10, we conclude that

$$
\mu(g, u, \tau)\left(t_{2}\right)=\mu\left(\alpha \cdot \varphi^{*} g, \varphi^{*} u, \alpha \tau\left(t_{1}\right)\right)=\mu\left(\varphi^{*} g, \varphi^{*} u, \tau\left(t_{1}\right)\right)=\mu(g, u, \tau)\left(t_{1}\right)
$$

By the equality case of the monotonicity formula, $(g, u)(t)$ must be a gradient shrinking soliton.

We cannot draw further conclusions as we did for steady and expanding breathers since we cannot use the Euler-Lagrange equation satisfied by the minimizer $\bar{f}$ in the way we did for minimizers of $E$.

