

## 10. Literatur

- Abler, R. M. & Fretz, B. R. (1988). Self-efficacy and efficacy in independently living among eldest old persons. *Journal of Gerontology*, *43*, 138-143.
- Aiken, L. S. & West, S. G. (1991). *Multiple regression: Testing and interpreting interactions*. Thousand Oakes, CA: Sage.
- Aldwin, C. M. & Sutton, K. J. (1996). A developmental perspective on posttraumatic growth. In R. G. Tedeschi & C. L. Park & L. C. Calhoun (Eds.), *Posttraumatic growth: Positive changes in the aftermath of crisis* (pp. 43-63). Mahwah: Lawrence Erlbaum.
- Allport, G. W. (1961). *Pattern and growth in personality*. New York: Holt, Rinehart & Winston.
- Alspaugh, M. E. L., Stephens, M. A. P., Townsend, A. L., Zarit, S. H., & Greene, R. (1999). Longitudinal patterns of risk for depression in dementia caregivers: Objective and subjective primary stress as predictors. *Psychology and Aging*, *14*, 34-43.
- Amelang, M. & Bartussek, D. (2001). Das Fünf-Faktoren-Modell der Persönlichkeit, *Differentielle Psychologie und Persönlichkeitspsychologie*. Stuttgart: Kohlhammer.
- Aneshensel, C. S., Pearlin, L. I., Mullan, J. T., Zarit, S. H. & Whitlatch, C. J. (1995). *Profiles in caregiving: The unexpected career*. London: Academic Press.
- Antonovsky, A. (1987). *Unraveling the mystery of health*. San Francisco: Jossey-Bass.
- Argyle, M. (1997). Is happiness a cause of health? *Psychology and Health*, *12*, 769-781.
- Arlin, P. K. (1984). Adolescent and adult thought. A structural interpretation. In M. L. Commons & F. A. Richards & C. Armon (Eds.), *Beyond formal operations: Late adolescent and adult cognitive development* (pp. 258-271). New York: Praeger.
- Aspinwall, L. G. & Staudinger, U. M. (2003). A psychology of human strengths: Some central issues of an emerging field, *A psychology of human strengths: Fundamental questions and future directions for a positive psychology* (pp. 9-22). Washington: APA.
- Aspinwall, L. G. & Taylor, S. E. (1997). A stitch in time: Self-regulation and proactive coping. *Psychological Bulletin*, *121*, 417-436.
- Backhaus, K., Erichson, B., Plinke, W. & Weiber, R. (2003). *Multivariate Analysemethoden: Eine anwendungsorientierte Einführung*. Berlin: Springer.
- Bak, P. M. & Brandtstädter, J. (1998). Flexible Zielanpassung und hartnäckige Zielverfolgung als Bewältigungsressourcen: Hinweise auf ein Regulationsdilemma. *Zeitschrift für Psychologie*, *206*, 235-249.
- Baltes, M. M. (1996). *The many faces of dependency in old age*. New York: Cambridge University Press.
- Baltes, M. M. & Baltes, P. B. (1997). Normal versus pathological cognitive functioning in old age: plasticity and testing-the-limits of cognitive/brain reserve capacity. In F. Forette & Y. Christen & F. Boller (Eds.), *Démences et Longévité* (pp. 77-101). Paris: Fondation Nationale de Gérontologie.
- Baltes, M. M., Maas, I., Wilms, H.-U. & Borchelt, M. (1996). Alltagskompetenz im Alter: Theoretische Überlegungen und empirische Befunde. In K. U. Mayer & P. B. Baltes (Hrsg.), *Die Berliner Altersstudie* (pp. 525-542). Berlin: Akademie Verlag.
- Baltes, M. M. & Silverberg, S. B. (1994). The dynamics between dependency and autonomy: Illustrations across the life span. In D. L. Featherman & R. M. Lerner & M. Perlmutter (Eds.), *Life span development and behavior* (Vol. 12, pp. 41-90). Hillsdale, NJ: Lawrence Erlbaum.
- Baltes, M. M., Zank, S. & Neumann, E. M. (1997). Aufrechterhaltung von Selbständigkeit im Alter: Ein Trainingsprogramm für Pflegepersonal. *Verhaltenstherapie und Verhaltensmedizin*, *18*, 269-300.
- Baltes, P. B. (1997). On the incomplete architecture of human ontogeny: Selection, optimization, and compensation as foundation of developmental theory. *American Psychologist*, *52*, 366-380.
- Baltes, P. B. & Baltes, M. M. (1990). Psychological perspectives on successful aging: The model of selective optimization with compensation. In P. B. Baltes & M. M. Baltes (Eds.), *Successful aging: Perspectives from the behavioral sciences* (pp. 1-34). New York: Cambridge University Press.
- Baltes, P. B. & Freund, A. M. (2003). Human strengths as the orchestration of wisdom and selective optimization with compensation. In L. G. Aspinwall & U. M. Staudinger (Eds.), *A psychology*

- of human strengths: Fundamental questions and future directions for a positive psychology.* Washington: APA.
- Baltes, P. B., Lindenberger, U. & Staudinger, U. M. (1998). Life-span theory in developmental psychology. In R. M. Lerner (Ed.), *Handbook of child psychology* (5th ed., Vol. 1: Theoretical models of human development, pp. 1029-1143). New York: Wiley.
- Baltes, P. B., Reese, H. W. & Lipsitt, L. P. (1980). Life-span developmental psychology. *Annual review of Psychology*, 31, 65-110.
- Baltes, P. B. & Staudinger, U. M. (2000). Wisdom: A Metaheuristic to orchestrate mind and virtue towards excellence. *American Psychologist*, 55, 122-136.
- Bandura, A. (1986). *Social foundations of thought and action: A social cognitive theory.* Englewood Cliffs: Prentice Hall.
- Barclay, L. L., Zemcov, A., Blass, J. P. & Sansone, J. (1985). Survival in Alzheimer's disease and vascular dementias. *Neurology*, 35, 834-840.
- Baron, M. & Kenny, D. A. (1986). The moderator-mediator variable distinction in social psychological research: Conceptual, strategic, and statistical considerations. *Journal of Personality and Social Psychology*, 51, 1173-1182.
- Barthel, D. W. & Mahony, F. (1965). Functional evaluation: The Barthel Index. *State Medical Journal*, 14, 61-65.
- Bartussek, D. (1970). Eine Methode zur Bestimmung von Moderatoreffekten. *Diagnostica*, 16, 57-76.
- Beach, S. C., Schulz, R., Yee, J. L., & Jackson, S. (2000). Negative and positive health effects of caring for disabled spouse: Longitudinal findings from caregiver health effects study. *Psychology and Aging*, 15, 259-271.
- Bédard, M., Molloy, D. W., Pedlar, D., Lever, J. A. & Stones, M. J. (1997). Associations between dysfunctional behaviours, gender, and burden in spousal caregivers of cognitively impaired older adults. *International Psychogeriatrics*, 9, 277-290.
- Bentler, P. M. (1989). *EQS Structural equations manual.* Los Angeles, CA: BMDP Statistical Software.
- Bentler, P. M. (1990). Comparative fit indexes in structural models. *Psychological Bulletin*, 107, 238-246.
- Besche, A. (2000). *Die Pflegeversicherung: Textausgabe mit einer ausführlichen Einführung.* Köln: Bundesanzeiger.
- Bickel, H. (1999). Epidemiologie der Demenzen. In H. Förstl & H. Bickel & A. Kurz (Hrsg.), *Alzheimer Demenz - Grundlagen, Klinik und Therapie.* Berlin: Springer.
- Bickel, H. (2000). Demenzsyndrom und Alzheimer Krankheit: Eine Schätzung des Krankenbestandes und der jährlichen Neuerkrankungen in Deutschland. *Das Gesundheitswesen*, 62, 211-218.
- Bieri, J. (1966). Cognitive complexity and personality development. In O. J. Harvey (Ed.), *Experience, structure, and adaptability* (pp. 13-38). New York: Springer.
- Birren, J. E. & Deutchmann, D. E. (1991). *Guiding autobiography groups for older adults.* Baltimore, MD: The John Hopkins University Press.
- Bisconti, T. L. & Bergeman, C. S. (1999). Perceived social control as a mediator of the relationships among social support, psychosocial well-being, and perceived health. *The Gerontologist*, 39, 94-103.
- Blanchard-Fields, F. (1986). Reasoning on social dilemmas varying in emotional saliency: An adult developmental perspective. *Psychology and Aging*, 1, 325-333.
- Block, J. H. & Block, J. (1980). The role of ego-control and ego-resiliency in the organization of behavior. In W. A. Collins (Ed.), *Minnesota symposia on child psychology* (pp. 39-101). Hillsdale, NJ: Erlbaum.
- Bollen, K. A. & Long, J. S. (1993). *Testing structural equation models.* Newbury Park, CA: Sage.
- Borchelt, M., Gilberg, R., Horgas, A. L. & Geiselman, B. (1996). Zur Bedeutung von Krankheit und Behinderung im Alter. In K. U. Mayer & P. B. Baltes (Hrsg.), *Die Berliner Altersstudie* (pp. 449-474). Berlin: Akademie Verlag.
- Bradburn, N. M. (1969). *The structure of psychological well-being.* Chicago: Aldine.
- Brady, C. F. & Goldman, C. R. (1994). Similarities and differences in caregiver adaptation: Focus on mental illness and brain injury. *Psychosocial Rehabilitation Journal*, 18, 35-49.
- Brandtstädter, J. (1993). Strukturelle Implikationen und empirische Hypothesen in handlungs-emotions- und moralpsychologischen Forschungsprogrammen: Wechselbeziehungen und

- Verwechslungen. In L. Eckensberger & U. Gähde (Hrsg.), *Ethische Norm und empirische Hypothese* (pp. 244-267). Frankfurt: Suhrkamp.
- Brandtstädter, J. (1998). Action perspectives on human development. In R. M. Lerner (Ed.), *Theoretical models of human development* (5 ed., Vol. 1, pp. 807-863). New York: Wiley.
- Brandtstädter, J. (2001). *Entwicklung, Intentionalität, Handeln*. Stuttgart: Kohlhammer.
- Brandtstädter, J. (2002). Searching for paths to successful development and aging: Integrating developmental and action-theoretical perspectives. In L. Pulkkinen & A. Caspi (Eds.), *Paths to successful development: Personality in the life course* (pp. 380-408). New York: Cambridge University Press.
- Brandtstädter, J. & Baltes-Götz, B. (1990). Personal control over development and quality of life perspectives in adulthood. In P. B. Baltes & M. M. Baltes (Eds.), *Successful aging. Perspectives from the behavioral sciences*. (pp. 197-224). New York: Cambridge University Press.
- Brandtstädter, J. & Greve, W. (1992). Das Selbst im Alter: adaptive und protektive Mechanismen. *Zeitschrift für Entwicklungspsychologie und Pädagogische Psychologie*, 24, 269-297.
- Brandtstädter, J. & Greve, W. (1994). The aging self: Stabilizing and protective processes. *Developmental Review*, 14, 52-80.
- Brandtstädter, J. & Renner, G. (1990). Tenacious goal pursuit and flexible goal adjustment: Explication and age-related analysis of assimilative and accommodative models of coping. *Psychology and Aging*, 5, 58-67.
- Brandtstädter, J. & Renner, G. (1992). Coping with discrepancies between aspirations and achievements: A dual-process model. In L. Montada & S.-H. Filipp & M. J. Lerner (Eds.), *Life crises and experiences of loss in adulthood*. Hillsdale, NJ: Erlbaum.
- Brandtstädter, J. & Rothermund, K. (2002). The life-course dynamics of goal pursuit and goal adjustment: A two-process framework. *Developmental Review*, 22, 117-150.
- Brandtstädter, J. & Rothermund, K. (2003). Intentionality and time in human development and aging: Compensation and goal adjustment in changing developmental contexts. In U. M. Staudinger & U. Lindenberger (Eds.), *Understanding human development: Dialogues with life-span psychology* (pp. 103-124). Dordrecht, NL: Kluwer.
- Brandtstädter, J., Rothermund, K. & Schmitz, U. (1997). Coping resources in later life. *Revue Européenne de Psychologie Appliquée*, 47, 107-113.
- Brandtstädter, J., Wentura, D. & Greve, W. (1993). Adaptive resources of the aging self: Outlines of an emergent perspective. *International Journal of Behavioral Development*, 16, 323-349.
- Bretz, S. (1998). *"Schwankend zwischen Wut und Trauer". Untersuchung von Unterschieden zwischen pflegenden Ehefrauen und Töchtern demenziell erkrankter PatientInnen hinsichtlich der emotionalen Befindlichkeit*. Unveröffentlichte Diplomarbeit. Freie Universität Berlin.
- Bridges, L. J. (2003). Coping as an element of developmental well-being. In M. H. Bornstein & L. Davidson & C. L. M. Keyes & K. A. Moore & T. C. f. C. Well-Being (Eds.), *Well-being: Positive development across the life course*. London: Lawrence Erlbaum.
- Bundesministerium für Familie, S., Frauen und Jugend. (2002). *Vierter Altenbericht zur Lage der älteren Generation*. Berlin.
- Butler, R. N. (1963). The life review: An interpretation of reminiscence in the aged. *Psychiatry*, 26, 65-76.
- Byrne, B. M. (1998). *Structural equation modeling with LISREL, PRELIS, and SIMPLIS: Basic concepts, applications, and programming*. London: Lawrence Erlbaum.
- Camp, C. J., Foss, J. W., O'Hanlon, A. M. & Stevens, A. B. (1996). Memory interventions for persons with dementia. *Applied Cognitive Psychology*, 10, 193-210.
- Campbell, J. D., Assanand, S. & Di Paula, A. (2000). Structural features of the self-concept and adjustment. In A. Tesser & R. B. Felson & J. M. Suls (Eds.), *Psychological perspectives on self and identity* (pp. 67-87). Washington, DC: APA.
- Carver, C. S. & Scheier, M. F. (2000). On the structure of behavioral self-regulation. In M. Boekaerts & P. R. Pintrich & M. Zeidner (Eds.), *Handbook of Self-Regulation* (pp. 41-83). New York: Academic Press.
- Carver, C. S. & Scheier, M. S. (2003). Three human strengths. In L. G. Aspinwall & U. M. Staudinger (Eds.), *A psychology of human strengths: Fundamental questions and future directions for a positive psychology* (pp. 87-102). Washington: APA.

- Carver, C. S., Scheier, M. S. & Weintraub, J. K. (1989). Assessing coping strategies: A theoretically based approach. *Journal of Personality and Social Psychology*, 56, 267-283.
- Chappell, N. L. & Penning, M. (1996). Behavioral problems and distress among caregivers of people with dementia. *Ageing and society*, 16, 57-73.
- Clyburn, L. D., Stones, M. J., Hadjistavropoulos, T. & Tuokko, H. (2000). Predicting caregiver burden and depression in Alzheimer's disease. *Journal of Gerontology: Social Sciences*, 55B, S2-S13.
- Coen, R. F., Swanwick, G. R. J., O'Boyle, C. A. & Coakley, D. (1997). Behavior disturbance and other predictors of carer burden in Alzheimer's disease. *International Journal of Geriatric Psychiatry*, 12, 331-336.
- Cohen, D. (2000). Caregivers for Persons with Alzheimer's disease. *Current Psychiatry Reports*, 2, 32-39.
- Cohen, J. (1990). Things I have learned (so far). *American Psychologist*, 45, 1304-1312.
- Cohen, J. & Cohen, P. (1983). *Applied multiple regression/correlation for the behavioral sciences*. Mahwah, NJ: Lawrence Erlbaum.
- Cohen, L. H. (1988). *Life events and psychological functioning. Theoretical and methodological issues*. London: Sage.
- Commons, M. L., Richards, F. A. & Armon, C. (Eds.). (1984). *Beyond formal operations*. New York: Praeger.
- Cook, J. M., Pearson, J. L. & Ahrens, A. H. (1997). General and specific events and depressive symptoms in Alzheimer's disease caregivers. *American Journal of Alzheimer's Disease*, 12, 32-34.
- Cooke, D. D., McNally, L., Mullogan, K. T., Harrison, M. J. G. & Newman, S. P. (2001). Psychological interventions for caregivers of people with dementia: A systematic review. *Aging and Mental Health*, 5, 120-135.
- Cooper, B. & Bickel, H. (1989). Prävalenz und Inzidenz von Demenzerkrankungen in der Altenbevölkerung. Ergebnisse einer populationsbezogenen Längsschnittstudie in Mannheim. *Nervenarzt*, 60, 472-482.
- Corbeil, R. R., Quayhagen, M. P. & Quayhagen, M. (1999). Intervention effects on dementia caregiving interaction: A stress-adaptation modeling approach. *Journal of Aging and Health*, 11, 79-95.
- Crocker, J. & Major, B. (1989). Social stigma and self-esteem: The self-protective properties of stigma. *Psychological Review*, 96, 608-630.
- Crocker, J. & Quinn, D. M. (2000). Social stigma and the self: Meanings, Situations, and self-esteem. In T. F. Heatherton & R. E. Kleck & M. R. Hebl & J. G. Hull (Eds.), *The social psychology of stigma* (pp. 153-183). New York: The Guilford Press.
- Cronbach, L. (1975). Beyond the two disciplines of scientific psychology. *American Psychologist*, 30, 116-127.
- Cummings, J. L. (1987). Dementia syndromes: Neurobehavioral and neuropsychiatric features. *Journal of Clinical Psychiatry*, 48, 3-8.
- Cummings, J. L. & Benson, D. F. (1992). *Dementia: A clinical approach*. Stoneham: Butterworth-Heinemann.
- Dalbert, C. & Schmitt, M. (1986). Einige Anmerkungen und Beispiele zur Formulierung und Prüfung von Moderatorhypothesen. *Zeitschrift für Differentielle und Diagnostische Psychologie*, 7, 29-43.
- Davis, C. G. & McKearney, J. M. (2003). How do people grow from their experience with trauma or loss? *Journal of Social and Clinical Psychology*, 22, 477-492.
- Deimling, G. T. & Bass, D. M. (1986). Symptoms of mental impairment among elderly adults and their effects on family caregivers. *Journal of Gerontology*, 41, 778-784.
- Del Ser, T., Hachinski, V., Merskey, H. & Munoz, D. G. (1999). An autopsy-verified study of the effect of education on degenerative dementia. *Brain*, 122, 2309-2319.
- Diehl, M., Willis, S. L. & Schaie, K. W. (1995). Everyday problem solving in older adults: Observational assessment and cognitive correlates. *Psychology and Aging*, 10, 478-491.
- Diener, E. & Emmons, R. A. (1985). The independence of positive and negative affect. *Journal of Personality and Social Psychology*, 47, 1105-1117.
- Diener, E., Emmons, R. A., Larsen, R. J. & Griffin, S. (1985). The Satisfaction With Life Scale. *Journal of Personality Assessment*, 49, 71-75.

- Diener, E. & Lucas, R. E. (1999). Personality and subjective well-being. In D. Kahnemann & E. Diener & N. Schwarz (Eds.), *Well-being: The foundations of hedonic psychology*. New York: Russell Sage Foundation.
- Donahue, E. M., Robins, R. W., Roberts, B. W. & John, O. P. (1993). The divided self: Concurrent and longitudinal effects of psychological adjustment and social roles on self-concept differentiation. *Journal of Personality and Social Psychology*, *64*, 834-846.
- Dovidio, J. F., Major, B. & Crocker, J. (2000). Stigma: Introduction and overview. In T. F. Heatherton & R. E. Kleck & M. R. Hebl & J. G. Hull (Eds.), *The social psychology of stigma* (pp. 1-28). New York: Guilford Press.
- Draper, B. M., Poulus, C. J., Cole, A. D., Poulus, R. G. & Ehrlich, F. (1992). A comparison for elderly stroke and dementia victims. *Journal of the American Geriatrics Society*, *40*, 896-901.
- Dwyer, J. W. & Coward, R. T. (Eds.). (1992). *Gender and family care of the elderly*. Newbury Park: Sage.
- Dwyer, J. W., Henretta, J. C., Coward, R. T. & Barton, A. J. (1992). Changes in the helping behaviors of adult children as caregivers. *Research on Aging*, *14*, 351-375.
- Egeland, B. R., Carlson, E. & Sroufe, L. A. (1993). Resilience as process. *Development and Psychopathology*, *5*, 517-528.
- Erikson, E. H. (1959). *Identity and the life cycle*. New York: International University Press.
- Farran, C. J. (1997). Positive aspects of caring for elderly persons with dementia: A theoretical examination. *The Gerontologist*, *37*, 250-256.
- Farran, C. J., Keane-Hagerty, E., Salloway, S., Kupferer, S. & Wilken, C. S. (1991). Finding meaning: An alternative paradigm for Alzheimer's disease family caregivers. *The Gerontologist*, *31*, 483-489.
- Farran, C. J., Miller, B. H., Kaufman, J. E., Donner, E. & Fogg, L. (1999). Finding meaning through caregiving: Development of an instrument for family caregivers of persons with Alzheimer's disease. *Journal of Clinical Psychology*, *55*, 1107-1125.
- Felser, G., Schmitz, U. & Brandtstädter, J. (1998). Stabilität und Qualität von Partnerschaften: Risiken und Ressourcen. In K. Hahlweg & D. C. Baucom & R. Bastine & H. J. Markman (Hrsg.), *Prävention von Trennung und Scheidung - internationale Aufsätze zur Prädiktion und Prävention von Beziehungsstörungen* (pp. 83-102). Stuttgart: Kohlhammer.
- Festinger, L. (1957). *A theory of cognitive dissonance*. Stanford: Stanford University Press.
- Filipp, S. H. (1992). Could it be worse? The diagnosis of cancer as a prototype of traumatic life events. In L. Montada & S.-H. Philipp & M. J. Lerner (Eds.), *Life crises and experiences of loss in adulthood* (pp. 23-56). Inc, Hillsdale, NJ: Lawrence Erlbaum.
- Filipp, S.-H. (1995). Ein allgemeines Modell für die Analyse kritischer Lebensereignisse. In S.-H. Philipp (Ed.), *Kritische Lebensereignisse* (pp. 3-52). Weinheim: Psychologie Verlags Union.
- Filipp, S.-H. (1998). A three-stage model of coping with loss and trauma: Lessons from patients suffering from severe and chronic disease. In A. Maercker & M. Schützwohl & Z. Solomon (Eds.), *Posttraumatic stress: A life-span developmental view* (pp. 43-80). Seattle: Hogrefe & Huber.
- Filipp, S.-H. & Klauer, T. (1991). Subjective well-being in the face of critical life events: The case of successful copers. In F. Strack & M. Argyle & N. Schwarz (Eds.), *Subjective well-being* (pp. 213-234). New York: Pergamon.
- Folkman, S. (1997). Positive psychological states and coping with severe stress. *Social Science and Medicine*, *45*, 1207-1221.
- Fontana, A., Marcus, J. L., Hughes, L. A. & Dowds, B. N. (1979). Subjective evaluation of life events. *Journal of Consulting and Clinical Psychology*, *47*, 906-911.
- Förstl, H., Kurz, A., Calabrese, P. & Hartmann, T. (2001). Alzheimer-Demenz. In H. Förstl (Hrsg.), *Demenzen in Theorie und Praxis* (pp. 43-61). Berlin: Springer.
- Fortinsky, R. H., Kercher, K. & Burant, C. J. (2002). Measurement and correlates of family caregiver self-efficacy for managing dementia. *Aging and Mental Health*, *6*, 153-160.
- Frankl, V. (1979). *The unheard cry for meaning*. New York: Washington Square Press.
- Freud, A. (1937). *Das Ich und die Abwehrmechanismen*. New York: International Universities Press.
- Freund, A. M. & Baltes, P. B. (2002). Life-management strategies of selection, optimization, and compensation: Measurement by self-report and construct validity. *Journal of Personality and Social Psychology*, *82*, 642-662.

- Fuhrmann, I., Gutzmann, H., Neumann, E.-M. & Niemann-Mirmehdi, M. (1995). *Abschied vom Ich - Stationen der Alzheimer Krankheit*. Freiburg: Herder.
- Funder, D. C. & Block, J. (1989). The role of ego-control, ego-resiliency, and IQ in delay of gratification in adolescence. *Journal of Personality and Social Psychology*, 57, 1041-1050.
- Gallant, M. P. & Connell, C. M. (1997). Predictors of decreased self-care among spouse caregivers of older adults with dementing illness. *Journal of Aging and Health*, 9, 373-395.
- Garmezy, N. (1991). Resilience and vulnerability to adverse developmental outcomes associated with poverty. *American Behavioral Scientist*, 34, 416-430.
- Gatz, M., Pederson, N. L., Berg, S., Johansson, B., Johansson, K., Mortimer, J. A., Posner, S. F., Vitanen, M., Winblad, B. & Ahlbom, A. (1997). Heritability for Alzheimer's disease. *Journal of Gerontology*, 52A, 117-125.
- Gaugler, J. E., Davey, A., Pearlin, L. I. & Zarit, S. H. (2000). Modeling caregiver adaptation over time: The longitudinal impact of behavior problems. *Psychology and Aging*, 15, 437-450.
- George, L. K. & Gwyther, L. P. (1986). Caregiver well-being: A multidimensional examination of family caregivers of demented adults. *The Gerontologist*, 26, 253-259.
- Gignac, M. A. M. & Gottlieb, B. H. (1996). Caregivers' appraisals of efficacy in coping with dementia. *Psychology and Aging*, 11, 214-225.
- Gilhooly, M. (1984). The impact of caregiving and caregivers. *The British Journal of Medical Psychology*, 57, 35-44.
- Goffman, E. (1963). *Stigma: Notes on the management of spoiled identity*. Englewood Cliffs, NJ: Prentice Hall.
- Gottlieb, B. H. & Wolfe, J. (2002). Coping with family caregiving to persons with dementia: a critical review. *Aging and Mental Health*, 6, 325-342.
- Gough, H. G. (1964). *The California Psychological Inventory*. Palo Alto, CA: Consulting Psychologist.
- Gräbel, E. (1997). *Belastung und gesundheitliche Situation der Pflegenden*. Egelsbach: Hänsele-Hohenhausen.
- Gräbel, E. (2000). Warum pflegen Angehörige? Ein Pflegemodell für die häusliche Pflege im höheren Lebensalter. *Zeitschrift für Gerontopsychologie und -psychiatrie*, 13, 85-94.
- Gräbel, E. (2002). When home care ends - changes in the physical health of informal caregivers caring for dementia patients: A longitudinal study. *Journal of American Geriatrics Society*, 50, 843-849.
- Gutzmann, H. & Zank, S. (2004). *Demenzielle Erkrankungen: Medizinische und psychosoziale Interventionen*. Stuttgart: Kohlhammer.
- Haan, N. (1977). *Coping and defending. Processes of self-environment organization*. New York: Academic Press.
- Häfner, H. (1994). Psychiatrie des höheren Lebensalters. In P. B. Baltes & J. Mittelstraß & U. M. Staudinger (Hrsg.), *Alter und Altern: Ein interdisziplinärer Studententext zur Gerontologie* (pp. 151-179). Berlin: de Gruyter.
- Haley, W. E., LaMonde, L. E., Han, B., Burton, B. S. & Schonwetter, R. (2003). Predictors of depression and life satisfaction among spousal caregivers in hospice: Application of a stress process model. *Journal of Palliative Medicine*, 6, 215-224.
- Haley, W. E. & Pardo, K. M. (1989). Relationship of severity of dementia to caregiving stressors. *Psychology and Aging*, 4, 389-392.
- Handel, E. (2003a). *Das Beziehungsgeflecht Patient/Patientin, Angehörige und Betreuungsteam: Eine systemische Betrachtungsweise*. Zürich.
- Handel, E. (2003b). *Das Beziehungsgeflecht Patientin/Patient, Angehörige und Betreuungsteam*. Referat gehalten auf dem 4. Zürcher Gerontologietag 2003, Zürich.
- Hautzinger, M. (1988). Die CES-D Skala. Ein Depressionsmeßinstrument für Untersuchungen in der Allgemeinbevölkerung. *Diagnostica*, 34, 167-173.
- Havighurst, R. J. (1948). *Developmental tasks and education*. New York: D. McKay.
- Hays, J., Landermann, L., George, L., Flint, E., Koenig, H., Land, K. & Blazer, D. (1998). Social correlates of the dimensions of depression in the elderly. *Journals of Gerontology: Psychological Science*, 53, 31-39.
- Heckhausen, J. (1999). *Developmental regulation in adulthood: Age-normative and sociostructural constraints as adaptive challenges*. New York: Cambridge University Press.

- Heckhausen, J., Dixon, R. A. & Baltes, P. B. (1989). Gains and losses in development throughout adulthood as perceived by different age groups. *Developmental Psychology*, 25, 109-121.
- Heckhausen, J. & Schulz, R. (1995). A life-span theory of control. *Psychological Review*, 102, 284-304.
- Helmchen, H., Baltes, M. M., Geiselmann, B., Kanowski, S., Linden, M., Reischies, F. & Wilms, H.-U. (1996). Psychische Erkrankungen im Alter. In K. U. Mayer & P. B. Baltes (Hrsg.), *Die Berliner Altersstudie* (pp. 185–219). Berlin: Akademie Verlag.
- Helson, R., & Roberts, B. (1994). Ego development and personality change in adulthood. *Journal of Personality and Social Psychology*, 66, 911-920.
- Helson, R. & Wink, P. (1987). Two conceptions of maturity examined in the findings of a longitudinal study. *Journal of Personality and Social Psychology*, 53, 531-541.
- Herbert, T. B. & Dunkel-Schetter, C. (1992). Negative social reactions to victims: An overview of responses and their determinants. In L. Montada & S.-H. Filipp (Eds.), *Life crises and experiences of loss in adulthood* (pp. 497-518). Hillsdale: Lawrence Erlbaum.
- Heuft, G., Kruse, A. & Radebold, H. (2000). *Lehrbuch der Gerontopsychosomatik und Alterspsychiatrie*. München: Ernst Reinhardt Verlag.
- Higgins, E. T. (1987). Self-discrepancy theory: A theory relating self and affect. *Psychological Review*, 94, 319-340.
- Higgins, E. T. (1989). Continuities and discontinuities in self-regulatory and self-evaluative processes: A developmental theory relating self and affect. *Journal of Personality*, 57, 407-444.
- Hobfoll, S. E. (1989). Conservation of resources: A new attempt at conceptualizing stress. *American Psychologist*, 44, 513-524.
- Hollis-Sawyer, L. A. (2003). Mother-daughter eldercare and changing relationships: A path-analytic investigation of factors underlying positive, adaptive relationships. *Journal of Adult Development*, 10, 41-52.
- Holmes, T. H. & Rahe, R. H. (1967). The Social Readjustment Scale. *Journal of Psychosomatic Research*, 11, 213-218.
- Holt, R. R. (1980). Loevinger's measure of ego development: Reliability and national norms for male and female short forms. *Journal of Personality and Social Psychology*, 39, 909-920.
- Hooker, K., Monahan, D., Shifren, K. & Hutchinson, C. (1992). Mental and physical health of spouse caregivers: The role of personality. *Psychology and Aging*, 7, 367-375.
- Hooker, K., Monahan, D. J., Bowman, S. R., Frazier, L. D. & K., S. (1998). Personality counts for a lot: Predictors of mental and physical health of spouse caregivers in two disease groups. *Journal of Gerontology: Psychological Sciences*, 53B, P73-P85.
- Huang, H.-L., Shyu, Y.-I. L., Chen, M.-C., Chen, S.-T. & Lin, L.-C. (2003). A pilot study on a home-based caregiver training program for improving caregiver self-efficacy and decreasing the behavioral problems of elders with dementia in Taiwan. *International Journal of Geriatric Psychiatry*, 18, 337-345.
- Hughes, C. P., Berg, L., Danziger, W. L., Coben, L. A. & Martin, R. L. (1982). A new scale for the staging of dementia. *British Journal of Psychiatry*, 140, 566-572.
- Hy, L. X. & Loevinger, J. (1996). *Measuring ego development*. New Jersey: Erlbaum.
- Ihl, R. & Weyerer, G. (1993). *Alzheimer's Disease Assessment Scale (ADAS)*. *Deutschsprachige Bearbeitung*. Weinheim: Beltz.
- Jaccard, J. & Wan, C. K. (1996). *LISREL approaches to interaction effects in multiple regression*. London: Sage.
- Janoff-Bulman, R. & Berger, A. R. (2000). The other side of trauma: towards a psychology of appreciation. In J. H. Harvey & E. D. Miller (Eds.), *Loss and trauma: General and close relationship perspectives* (pp. 29-44). New York: Brunner-Routledge.
- Jarvik, L. F., Lavretsky, E. P. & Neshkes, R. E. (1992). The central nervous system: Dementia and delirium in old age. In J. C. Brocklehurst (Ed.), *Textbook of geriatric medicine and gerontology*. Edinburgh: Churchill Livingstone.
- Jaspers, K. (1932). *Philosophie II: Existenzerhellung*. Berlin: Springer.
- Johansson, B. & Zarit, S. H. (1995). Prevalence and incidence of dementia in the oldest old: A longitudinal study of a population-based sample of 84-90-year-olds in Sweden. *International Journal of Geriatric Psychiatry*, 10, 359-366.

- Jopp, D. (2002). *Erfolgreiches Altern: Zum funktionalen Zusammenspiel von personalen Ressourcen und adaptiven Strategien des Lebensmanagements*. Dissertationsschrift, Freie Universität Berlin. Berlin.
- Jöreskog, K. & Yang, F. (1996). Non-linear structural equation models: The Kenny-Judd model with interaction effects. In G. Marcoulides & R. Schumacker (Eds.), *Advanced structural equation modeling* (pp. 55-87). Hillsdale, NJ: Lawrence Erlbaum.
- Jung, C. G. (1976). *Die Archetypen und das kollektive Unbewußte*. Olten: Walter.
- Katz, S., Moskowitz, R. W. & Jackson, B. A. (1963). The index of ADL. *Journal of the American Medical Association*, 185, 914-919.
- Kegan, R. (1982). *The evolving self*. Cambridge: Harvard University Press.
- Keyes, C. L. M., Shmotkin, D. & Ryff, C. D. (2002). Optimizing well-being: The empirical encounter of two traditions. *Journal of Personality and Social Psychology*, 82, 1007-1222.
- Kitchener, K. S. & King, P. M. (1981). Reflective judgment: Concepts of justification and their relationship to age and education. *Journal of Applied Developmental Psychology*, 2, 89-116.
- Klauer, T., Ferring, D. & Filipp, S.-H. (1998). "Still stable after all this..?": Temporal comparison in coping with severe chronic disease. *International Journal of Behavioral Development*, 22, 339-355.
- Klohn, E. C. (1996). Conceptual analysis and measurement of the construct of ego-resiliency. *Journal of Personality and Social Psychology*, 70, 1067-1079.
- Kobasa, S. C. (1979). Stressful life events, personality, and health: An inquiry into hardiness. *Journal of Personality and Social Psychology*, 37, 1-11.
- Kosik, K. S. (1992). Alzheimer's disease: A cell biological perspective. *Science*, 256, 780-783.
- Kramer, B. J. (1993a). Marital history and the prior relationship as predictors of positive and negative outcomes among wife caregivers. *Family Relations*, 42, 367-375.
- Kramer, B. J. (1993b). Expanding the conceptualization of caregiver coping: The importance of relationship-focused coping strategies. *Family Relations*, 42, 383-391.
- Kramer, B. J. (1997). Gain in the caregiving experience: Where are we? What next? *The Gerontologist*, 37, 218-232.
- Kramer, D. A. & Woodruff, D. S. (1986). Relativistic and dialectical thought in three adult age-groups. *Human Development*, 29, 280-290.
- Krohne, H. W. (1996). *Angst und Angstbewältigung*. Stuttgart: Kohlhammer.
- Kruse, A. (1992). Kompetenz im Alter in ihren Bezügen zur objektiven und subjektiven Lebenssituation - Darstellung eigener Ergebnisse der Untersuchung. In R. M. Schütz & A. Kuhlmeier & H. P. Tews (Hrsg.), *Altern in Deutschland* (S. 25-32). Berlin: Theuberg Verlag.
- Kunzmann, U., Little, T. D. & Smith, J. (2000). Is age-related stability of subjective well-being a paradox? Cross-sectional and longitudinal evidence from the Berlin Aging Study. *Psychology and Aging*, 15, 511-526.
- L'Ecuyer, R. (1981). The development of the self-concept throughout the life span. In M. D. Lynch & A. Norem-Hebeisen & K. J. Gergen (Eds.), *Self-concept: Advances in theory and research* (pp. 203-218). Cambridge, MA: Ballinger.
- Labouvie-Vief, G. (1982). Dynamic development and mature autonomy: A theoretical prologue. *Human Development*, 25, 161-191.
- Labouvie-Vief, G. (1985). Intelligence and cognition. In J. E. Birren & K. W. Schaie (Eds.), *Handbook of the psychology of aging* (2nd ed., pp. 500-530). New York: Van Nostrand Reinhold.
- Labouvie-Vief, G., DeVoe, M. & Bulka, D. (1989). Speaking about feelings: Conceptions of emotion across life span. *Psychology and Aging*, 4, 425-437.
- Labouvie-Vief, G. & Diehl, M. (1998). The role of ego development in the adult self. In P. M. Westenberg & A. Blasi & L. D. Cohn (Eds.), *Personality development: Theoretical, empirical, and clinical investigations of Loevinger's conception of ego development* (pp. 219-235). Mahwah, NJ: Lawrence Erlbaum.
- Labouvie-Vief, G. & Diehl, M. (2000). Cognitive complexity and cognitive-affective integration: Related or separate domains of adult development? *Psychology and Aging*, 15, 490-504.
- Labouvie-Vief, G., Hakim-Larson, J., DeVoe, M. & Schoeberlein, S. (1989). Emotions and self-regulation: A life-span view. *Human Development*, 32, 279-299.
- Labouvie-Vief, G. & Medler, M. (2002). Affect optimization and affect complexity: Modes and styles of regulation in adulthood. *Psychology and Aging*, 17, 571-588.

- Lauter, H. & Kurz, A. (1989). Demenzerkrankungen im mittleren und höheren Lebensalter. In K. P. Kisker & H. Lauter & J. E. Meyer & C. Müller & E. Strömngren (Hrsg.), *Psychiatrie der Gegenwart 8, Alterspsychiatrie* (pp. 135-200). Berlin: Springer.
- Lawton, M. P. & Brody, E. M. (1969). Assessment of older people: Self maintaining and instrumental activities of daily living. *The Gerontologist*, 9, 179-186.
- Lawton, M. P., Kleban, M., Moss, M., Rovine, M. & Glicksman, A. (1989). Measuring caregiving appraisal. *Journal of Gerontology*, 44, 61-71.
- Lawton, M. P., Moss, M., Kleban, M. H., Glicksman, A. & Rovine, M. (1991). A two-factor model of caregiving appraisal and psychological well-being. *Journal of Gerontology: Psychological Sciences*, 46, P181-189.
- Lawton, M. P., Rajagopal, D., Brody, E. & Kleban, M. (1992). The dynamics of caregiving for a demented elder among black and white families. *Journal of Gerontology: Social Sciences*, 47, 156-164.
- Lazarus, R. S. (1991). *Emotion and adaptation*. New York: Oxford University Press.
- Lazarus, R. S., & Folkman, S. (1984). *Stress, appraisal and coping*. New York: Springer.
- Lehrl, S., Merz, J., Burkard, G. & Fischer, B. (1991). *Mehrfach-Wortschatz-Intelligenztest: MWTA-A*. Erlangen: perimed Fachbuch-Verlagsgesellschaft mbH.
- Leipold, B., Schacke, C. & Zank, S. (2004). *Zur Veränderung der Depressivität pflegender Angehöriger: der Beitrag von Persönlichkeitswachstum und Akzeptanz der Demenzerkrankung*. Poster präsentiert auf dem 7. Kongress der Deutschen Gesellschaft für Gerontologie und Geriatrie, Hamburg, 7.-9. Oktober.
- Leipold, B., Zank, S. & Schacke, C. (2003). *Zur protektiven Funktion des Selbst bei pflegebedingter Belastung von Angehörigen Demenzkranker*. Präsentation auf der 16. Tagung der Fachgruppe Entwicklungspsychologie der Deutschen Gesellschaft für Psychologie, Mainz.
- Lerner, M. J. & Gignac, M. A. M. (1992). Is it coping or is it growth? A cognitive-affective model of contentment in the elderly. In L. Montada & S.-H. Phillip & M. J. Lerner (Eds.), *Life crises and experiences of loss in adulthood* (pp. 321-337). London: Lawrence Erlbaum.
- Lerner, R. M. & Kauffman, M. B. (1985). The concept of development in contextualism. *Developmental Review*, 5, 309-333.
- Lévesque, L., Cosette, S. & Laurin, L. (1995). A multidimensional examination of the psychological and social well-being of caregivers of a demented relative. *Research on Aging*, 17, 332-360.
- Levinson, D. J. (1986). A conception of adult development. *American Psychologist*, 41, 3-13.
- Li, L. W., Seltzer, M. M. & Greenberg, J. S. (1999). Change in depressive symptoms among daughter caregivers: An 18-month longitudinal study. *Psychology and Aging*, 14, 206-219.
- Lindenberger, U., Gilberg, R., Pötter, U., Little, T. D. & Baltes, P. B. (1996). Stichprobenselektivität und Generalisierbarkeit der Ergebnisse in der Berliner Altersstudie. In K. U. Mayer & P. B. Baltes (Hrsg.), *Die Berliner Altersstudie*. Berlin: Akademie Verlag.
- Lindenberger, U., Mayer, U. & Kliegl, R. (1993). Speed and intelligence in old age. *Psychology and Aging*, 8, 207-220.
- Linville, P. W. (1982). Affective consequences of complexity regarding the self and others. In M. S. Clark & S. T. Fiske (Eds.), *Affect and cognition* (pp. 79-109). Hillsdale, NJ: Erlbaum.
- Linville, P. W. (1987). Self-complexity as a cognitive buffer against stress-related depression and illness. *Journal of Personality and Social Psychology*, 52(663-676).
- Loevinger, J. (1976). *Ego development: Conception and theory*. San Francisco: Jossey Bass.
- Loevinger, J. (1993). Measurement of personality: True or false? *Psychological Inquiry*, 4, 1-16.
- Luce, R. D. & Krumhansl, C. L. (1988). Measurement, scaling and psychophysics. In R. C. Atkinson & R. J. Herrnstein & G. Lindzey & R. D. Luce (Eds.), *Steven's handbook of experimental psychology*. New York: Wiley and Sons.
- Lutzky, S. M. & Knight, B. G. (1994). Explaining gender differences in caregiving distress: The roles of emotional attentiveness and coping styles. *Psychology and Aging*, 9, 513-519.
- Maercker, A., Böhmig-Krumhaar, S. A. & Staudinger, U. M. (1998). Existentielle Konfrontation als Zugang zu weisheitsbezogenem Wissen und Urteilen: Eine Untersuchung von Weisheitsnominierten. *Zeitschrift für Entwicklungspsychologie und Pädagogische Psychologie*, 30, 2-12.
- Maslow, A. H. (1968). *Toward a psychology of being*. New York: Van Nostrand.

- Matthews, G. & Wells, A. (2004). Rumination, depression, and metacognition: The S-REF Model. In C. Papageorgiou & A. Wells (Eds.), *Depressive rumination* (pp. 125-151). Chichester: Wiley & Sons.
- Mayer, K. U. & Baltes, P. B. (1996). *Die Berliner Altersstudie*. Berlin: Akademie Verlag.
- McClelland, G. H. & Judd, C. M. (1993). Statistical difficulties of detecting interactions and moderator effects. *Psychological Bulletin*, *114*, 376-390.
- McCrae, R. R. & Costa, P. T. (1980). Openness to experience and ego level in Loevinger's Sentence Completion Test. Dispositional contributions to developmental models of personality. *Journal of Personality and Social Psychology*, *39*, 1179-1190.
- Meinders, F. (2001). *Sind Angehörige von chronisch kranken älteren Menschen nur belastet? Positives Erleben und Lebenszufriedenheit bei Angehörigen demenziell erkrankter Menschen*. Inaugural-Dissertation Albert-Ludwigs-Universität Freiburg.
- Meister, S. & Zehle, H. (2003). *Intervention bei Angehörigen demenziell Erkrankter: Wirkung der gerontopsychiatrischen Tagespflege auf die pflegebedingte Belastung*. Unveröffentlichte Diplomarbeit: Freie Universität Berlin.
- Miller, C. T. & Major, B. (2000). Coping with stigma and prejudice. In T. F. Heatherton & R. E. Kleck & M. R. Hebl & J. G. Hull (Eds.), *The social psychology of stigma* (pp. 243-272). New York: Guilford Press.
- Mittelstraß, J. H. (1980-1996). *Enzyklopädie Philosophie und Wissenschaftstheorie, HIV*. Stuttgart: Metzler.
- Moen, P., Robison, J. & Dempster-McClain, D. (1995). Caregiving and women's well-being: A life course approach. *Journal of Health and Social Behavior*, *36*, 259-273.
- Mohr, G. & Semmer, N. K. (2002). Arbeit und Gesundheit: Kontroversen zu Person und Situation. *Psychologische Rundschau*, *53*, 77-84.
- Montada, L. (1995). Kritische Lebensereignisse im Brennpunkt: Eine Entwicklungsaufgabe für die Entwicklungspsychologie? In S.-H. Filipp (Hrsg.), *Kritische Lebensereignisse* (pp. 272-292). Weinheim: Psychologie Verlags Union.
- Morano, C. L. (2003). Appraisal and coping: Moderators or mediators of stress in Alzheimer's disease caregivers? *Social Work Research*, *27*, 116-128.
- Mortimer, J. A. (1989a). Epidemiology of dementia. In R. J. Wurtman & S. Corkin & J. H. Growdon & E. Ritter-Walker (Eds.), *Alzheimer's disease: Advances in basic research and therapies. Proceedings of the fifth meeting of the International Study Group on the Pharmacology of Memory Disorders Associated with Aging, Zurich, 1989* (pp. 51-74). Cambridge: Center for Brain Sciences & Metabolism Charitable Trust.
- Mortimer, J. A. (1989b). Epidemiology of dementia: Cross-cultural comparisons. In R. S. Wurtman & S. Corkin & J. H. Growdon & E. Ritter-Walker (Eds.), *Alzheimer's disease: Advances in basic research and therapies. Proceedings of the fifth meeting of the International Study Group on the Pharmacology of memory Disorders Associated with Aging* (pp. 51-74). Cambridge: Center for Brain Sciences & Metabolism Charitable Trust.
- Motenko, A. K. (1989). The frustrations, gratifications, and well-being of dementia caregivers. *The Gerontologist*, *29*, 166-172.
- Namazi, K. H. & Johnson, B. D. (1991). Environmental effects on incontinence problems in Alzheimer's disease. *American Journal of Alzheimer's Care and Related Disorders and Research*, *6*, 16-21.
- Neundorfer, M. M. (1991). Coping and health outcomes in spouse caregivers of persons with dementia. *Nursing Research*, *40*, 260-265.
- Newman, D. L., Tellegen, A. & Bouchard, T. J. (1998). Individual differences in adult ego development: Sources of influence in twins reared apart. *Journal of Personality and Social Psychology*, *74*, 985-995.
- Noam, G. (1998). Solving the ego development - mental health riddle. In P. M. Westenberg & A. Blasi & L. D. Cohn (Eds.), *Personality development* (pp. 271-295). Mahwah, NJ: Lawrence Erlbaum.
- Noam, G. G. (2001). Reifung in der Lebensspanne: Die Suche nach dem tieferen Sinn. In G. Röper & C. von Hagen & G. Noam (Hrsg.), *Entwicklung und Risiko*. Stuttgart: Kohlhammer.
- Nolen-Hoeksema, S. & Larson, J. (1999). *Coping with loss*. Mahwah, New Jersey: Lawrence Erlbaum.
- Nozick, R. (1981). *Philosophical explanations*. Cambridge: Harvard University Press.

- Okun, M. A., Stock, W. A., Haring, M. J. & Witter, R. A. (1984). Health and subjective well-being: A meta-analysis. *International Journal of Aging and Human Development*, *19*, 111-132.
- Orrell, M., & Bebbington, P. (1998). Life events and cognition in dementia. *Aging and Mental Health*, *2*, 53-59.
- Orrell, M., Butler, R. & Bebbington, P. (2000). Social factors and the outcome of dementia. *International Journal of Geriatric Psychiatry*, *15*, 515-520.
- Östman, M. & Kjellen, L. (2002). Stigma by association. *British Journal of Psychiatry*, *181*, 494-498.
- Ostwald, S. K., Hepburn, K. W., Caron, W., Burns, T. & Mantell, R. (1999). Reducing caregiver burden: A randomized psychoeducational intervention for caregivers of persons with dementia. *The Gerontologist*, *39*, 299-309.
- Owen, J. E., Roth, D. L., Stevens, A. B., McCarty, H. J., Clay, O. J., Wadley, V. G., Goode, K. T. & Haley, W. E. (2002). Association of life events and psychological distress in family caregivers of dementia patients. *Aging and Mental Health*, *6*, 62-71.
- Park, C. L., Cohen, L. H. & Murch, R. L. (1996). Assessment and prediction of stress-related growth. *Journal of Personality*, *64*, 71-105.
- Pasupathi, M., Staudinger, U. M. & Baltes, P. B. (2001). Seeds of wisdom: Adolescents' knowledge and judgment about difficult life problems. *Developmental Psychology*, *37*, 351-361.
- Patrick, J. H. & Hayden, J. M. (1999). Neuroticism, coping strategies, and negative well-being among caregivers. *Psychology and Aging*, *14*, 273-283.
- Pearlin, L. I., Menaghan, E. G., Lieberman, M. A. & Mullan, J. T. (1981). The stress process. *Journal of Health and Social Behavior*, *22*, 337-356.
- Pearlin, L. I., Mullan, J. T., Semple, S. J. & Skaff, M. M. (1990). Caregiving and the stress process: An overview of concepts and their measures. *The Gerontologist*, *30*, 383-394.
- Pedhazur, E. J. (1997). *Multiple regression in behavioral research: Explanation and prediction*: Thomson Learning.
- Penninx, B. W. J. H., Leveille, S., Ferruci, L., van Eijk, J. T. M. & Guralnik, J. M. (1999). Exploring the effect of depression on physical disability: Longitudinal evidence from the established populations for epidemiologic studies of the elderly. *American Journal of Public Health*, *89*, 1346-1352.
- Phillips, M. R., Pearson, V., Li, F., Xu, M. & Yang, L. (2002). Stigma and expressed emotion: A study of people with schizophrenia and their family members in China. *British Journal of Psychiatry*, *181*, 488-493.
- Pinquart, M. & Sörensen, S. (2003). Differences between caregivers and noncaregivers in psychological health and physical health: A meta-analysis. *Psychology and Aging*, *18*, 250-267.
- Pruchno, R. A. (2003). Enmeshed lives: Adult children with developmental disabilities and their aging mothers. *Psychology and Aging*, *18*, 851-857.
- Pruchno, R. A. & Kleban, M. H. (1993). Caring for an institutionalized parent: The role of coping strategies. *Psychology and Aging*, *8*, 18-25.
- Pruchno, R. A. & Resch, N. L. (1989). Mental health of caregiving spouses: Coping as mediator, moderator, or main effect? *Psychology and Aging*, *4*, 454-463.
- Radloff, L. S. (1977). The CES-D scale: A self-report depression scale for research in the general population. *Applied Psychological Measurement*, *3*, 385-401.
- Raskind, M. A. & Peskind, E. R. (1992). Alzheimer's disease and other dementing disorders. In J. E. Birren & R. B. Sloane & G. D. Cohen (Eds.), *Handbook of mental health and aging* (pp. 477-513). San Diego: Academic Press.
- Reich, S., Bickman, L. & Heflinger, C. A. (2004). Covariates of self-efficacy: Caregiver characteristics related to mental health services self-efficacy. *Journal of Emotional and Behavioral Disorders*, *12*, 99-108.
- Reis, M. F., Andres, D., Gold, D. P. & Markiewicz, D. (1994). Personality traits as determinants of burden and health complaints in caregiving. *International Journal of Aging and Human Development*, *39*, 257-271.
- Reisberg, B., Ferris, S. H., Leon, M. J. & Crook, T. (1982). The global deterioration scale for assessment of primary degenerative dementia. *American Journal of Psychiatry*, *139*, 1136-1139.

- Reischies, F. M. & Lindenberger, U. (1996). Grenzen und Potentiale kognitiver Leistungsfähigkeit im Alter. In K. U. Mayer & P. B. Baltes (Hrsg.), *Die Berliner Altersstudie* (pp. 351-377). Berlin: Akademie Verlag.
- Rieckmann, N. (2003). *Adaptation and resilience in middle-aged, young old, and old cataract patients. Dissertationsschrift*. Berlin: Freie Universität.
- Riegel, K. F. (1976). The dialectics of human development. *American Psychologist*, 31, 371-381.
- Riegel, K. F. (1979). *Foundations of dialectical psychology*. London: Academic Press.
- Ritter, J. & Gründer, K. (Hrsg.). (1995). *Historisches Wörterbuch der Philosophie* (Vol. 9). Basel: Schwabe & Co. AG.
- Robertson, S. M., Braungart, E. R., Zarit, S. H., Femia, E. E. & Stephens, M. A. (2003). *Positive outcomes in caregiving: Competence and gain*. Präsentation auf der Konferenz der Gerontological Society of America, San Diego.
- Rosenblatt, A., Greenberg, J., Solomon, S., Pyszczynski, T. & Lyon, D. (1989). Evidence for terror management theory: I. The effects of mortality salience on reactions to those who violate or uphold cultural values. *Journal of Personality and Social Psychology*, 57, 681-690.
- Rosenmayr, L. (1990). *Die Kräfte des Alters*. Wien: Edition Atelier.
- Rothbaum, F., Weisz, J. R. & Snyder, S. S. (1982). Changing the world and changing the self: A two-process model of perceived control. *Journal of Personality and Social Psychology*, 42, 5-37.
- Rothermund, K. & Brandtstädter, J. (1998). Auswirkungen von Belastungen und Verlusten auf die Lebensqualität: alters- und lebenszeitgebundene Moderationseffekte. *Zeitschrift für Klinische Psychologie*, 27, 86-92.
- Rothermund, K. & Meiniger, C. (2004). Stress-buffering effects of self-complexity: Reduced affective spillover or self-regulatory processes? *Self & Identity*, 3, 263-282.
- Rutter, M. (1987). Psychosocial resilience and protective mechanisms. *American Journal of Orthopsychiatry*, 57, 316-331.
- Rutter, M. (1999). Resilience concepts and findings: Implications for family therapy. *Journal of Family Therapy*, 21, 119-144.
- Ryan, R. M. & Deci, E. L. (2001). On happiness and human potentials: A review of research on hedonic and eudaimonic well-being. *Annual Review of Psychology*, 52, 141-166.
- Ryff, C. D. (1989). Happiness is everything, or is it? Explorations on the meaning of psychological well-being. *Journal of Personality and Social Psychology*, 57, 1069-1081.
- Ryff, C. D. & Essex, M. J. (1992). The interpretation of life experience and well-being: The sample case of relocation. *Psychology and Aging*, 7, 507-517.
- Ryff, C. D., Singer, B. H. & Seltzer, M. M. (2002). Pathways through challenge: Implications for well-being and health. In P. L. & A. Caspi (Eds.), *Paths to successful development: Personality in the life course* (pp. 331-352). New York: Cambridge University Press.
- Sarason, I. G., Johnson, J. H. & Siegel, J. M. (1978). Assessing the impact of life changes: Development of the life experiences survey. *Journal of Consulting and Clinical Psychology*, 46, 932-946.
- Schacke, C. (2001). *Die Entlastungsfunktion gerontopsychiatrischer Tagesstätten für die pflegenden Angehörigen der Besucher*. Berlin: Mensch-und-Buch-Verlag.
- Schmitz, U., Saile, H. & Nilges, P. (1996). Coping with chronic pain: Flexible goal adjustment as an interactive buffer against pain-related distress. *Pain*, 67, 41-51.
- Schneekloth, U. (1996). Entwicklung von Pflegebedürftigkeit im Alter. *Zeitschrift für Gerontologie und Geriatrie*, 29, 11-17.
- Schneekloth, U. & Leven, I. (2002). *Hilfe- und Pflegebedürftige in Privathaushalten in Deutschland: Schnellbericht*. München: Infratest Sozialforschung.
- Schneekloth, U., Potthoff, P., Piekara, R. & von Rosenblatt, B. (1996). *Hilfe- und Pflegebedürftige in privaten Haushalten*. Stuttgart: Kohlhammer.
- Schulz, R., Newsom, J. T., Mittelmark, M., Burton, L., Hirsch, C. & Jackson, S. (1997). Health effects of caregiving: The caregiver health effects study. *Ann Behav Med*, 19, 110-116.
- Schulz, R. & Williamson, G. M. (1991). A 2-year longitudinal study of depression among Alzheimer's caregivers. *Psychology and Aging*, 6, 569-578.
- Schwarzer, R. (1993). *Stress, Angst und Handlungsregulation* (3. Auflage ed.). Stuttgart: Kohlhammer.
- Schwarzer, R. (1997). *Gesundheitspsychologie: Ein Lehrbuch*. Göttingen: Hogrefe.

- Schwarzer, R. & Knoll, N. (2003). Positive Coping: Mastering demands and searching for meaning. In S. J. Lopez & C. R. Snyder (Eds.), *Positive psychology assessment: A handbook of models and measures*.
- Scott, W. A. (1962). Cognitive complexity and cognitive flexibility. *Sociometry*, 25, 405-414.
- Scriven, M. (1968). In defense of all causes. *Issues in Criminology*, 79-81.
- Seltzer, M. M. & Li, L. W. (2000). The dynamics of caregiving: Transitions during a three-year prospective study. *The Gerontologist*, 40, 165-178.
- Shrout, P. E. & Bolger, N. (2002). Mediation in experimental and nonexperimental studies: New procedures and recommendations. *Psychological Methods*, 7, 422-445.
- Siegler, I. C., Dawson, D. V. & Welsh, K. A. (1994). Caregiver ratings of personality change in Alzheimer's disease patients: A replication. *Psychology and Aging*, 9, 464-466.
- Silbereisen, R. & Zank, S. (1984). Development of self-related cognition in adolescence. In R. Schwarzer (Ed.), *The self in anxiety, stress and depression* (pp. 49-60). Amsterdam: ESP.
- Smith, J., Fleeson, W., Geiselman, B., Settersten, R. & Kunzmann, U. (1996). Wohlbefinden im hohen Alter: Vorhersagen aufgrund objektiver Lebensbedingungen und subjektiver Bewertung. In K. U. Mayer & P. B. Baltes (Hrsg.), *Die Berliner Altersstudie*. Berlin: Akademie Verlag.
- Sörensen, S., Pinquart, M. & Duberstein, P. (2002). How effective are interventions with caregivers? An updated meta-analysis. *The Gerontologist*, 42, 356-373.
- Staudinger, U. M. (1999). Older and wiser? Integrating results on the relationship between age and wisdom-related performance. *International Journal of Behavioral Development*, 23(3), 641-664.
- Staudinger, U. M. (2000a). Lässt sich Selbsteinsicht fördern? Eine empirische Untersuchung mit Hilfe einer Intervention zur Lebensreflexion. *DFG-Antrag auf Gewährung einer Sachbeihilfe*.
- Staudinger, U. M. (2000b). Selbst und Persönlichkeit aus der Sicht der Lebensspannen-Psychologie. In W. Greve (Hrsg.), *Psychologie des Selbst* (pp. 133-148). Weinheim: PVU.
- Staudinger, U. M. (2000c). Viele Gründe sprechen dagegen und trotzdem fühlen viele Menschen sich wohl: Das Paradox des subjektiven Wohlbefindens. *Psychologische Rundschau*, 51, 185-197.
- Staudinger, U. M. (2001). Life reflection: A social-cognitive analysis of life review. *Review of General Psychology*, 5, 148-160.
- Staudinger, U. M. (2004). Lebenserfahrung, Lebenssinn und Weisheit. In S.-H. Filipp & U. M. Staudinger (Hrsg.), *Entwicklungspsychologie des mittleren und höheren Erwachsenenalters*. Göttingen: Hogrefe.
- Staudinger, U. M. & Baltes, P. B. (1996). Interactive minds: A facilitative setting for wisdom-related performance? *Journal of Personality and Social Psychology*, 71, 746-762.
- Staudinger, U. M. & Dittmann-Kohli, F. (1994). Lebenserfahrung und Lebenssinn. In P. B. Baltes & J. Mittelstraß & U. M. Staudinger (Hrsg.), *Alter und Altern: Ein interdisziplinärer Studientext zur Gerontologie* (pp. 408-436). Berlin: de Gruyter.
- Staudinger, U. M. & Fleeson, W. (1996). Self and personality in old and very old age: A sample case of resilience? *Development and Psychopathology*, 8, 867-885.
- Staudinger, U. M. & Greve, W. (2001). Resilienz im Alter. In D. Z. f. Alternfragen (Hrsg.), *Personale, gesundheitliche und Umweltressourcen im Alter: Expertisen zum Dritten Altenbericht der Bundesregierung* (pp. 95-144). Opladen: Leske + Budrich.
- Staudinger, U. M. & Leipold, B. (2003). The assessment of wisdom-related performance. In S. J. Lopez & C. R. Snyder (Eds.), *Handbook of positive psychology assessment*. Washington: APA.
- Staudinger, U. M., Lopez, D. F. & Baltes, P. B. (1997). The psychometric location of wisdom-related performance. *Personality and Social Psychology Bulletin*, 23, 1200-1214.
- Staudinger, U. M., Marsiske, M. & Baltes, P. B. (1995). Resilience and reserve capacity in later adulthood: Potentials and limits of development across the life span. In D. Cicchetti & D. Cohen (Eds.), *Developmental psychopathology* (Vol. 2: Risk, disorder, and adaptation, pp. 801-847). New York: Wiley.
- Staudinger, U. M. & Mühlig-Versen, A. (2004). Lässt sich Persönlichkeitsentwicklung im Alter unterstützen: Eine quasiexperimentelle Felduntersuchung. *Präsentation auf dem 7. Kongress der Deutschen Gesellschaft für Gerontologie und Geriatrie (DGGG)*. Hamburg, 7.-9. Oktober.

- Staudinger, U. M. & Pasupathi, M. (2000). Life-span perspectives on self, personality and social cognition. In T. Salthouse & F. Craik (Eds.), *Handbook of cognition and aging* (pp. 633-688). Hillsdale, NJ: Erlbaum.
- Steiger, J. H. (1990). Structural model evaluation and modification: An internal estimation approach. *Multivariate Behavioral Research*, 25, 173-180.
- Stock, W. A., Okun, M. A. & Benin, M. (1986). Structure of subjective well-being among elderly. *Psychology and Aging*, 1, 91-102.
- Straub, S. & Werbik, H. (1999). *Handlungstheorie: Begriff und Erklärung des Handelns im interdisziplinären Diskurs*. Frankfurt: Campus.
- Streifert, S. & Streifert, S. C. (1978). *Behavior in the complex environment*. Washington, DC: Winston.
- Stroebe, M., Stroebe, W. & Hansson, R. O. (2000). *Handbook of bereavement: Consequences, coping, and care*. New York: Cambridge University Press.
- Stroebe, W. & Stroebe, M. (1992). Bereavement and health: Processes of adjusting to the loss of a partner. In L. Montada & S.-H. Filipp & M. J. Lerner (Eds.), *Life crises and experiences of loss in adulthood*. Hillsdale, NJ: Lawrence Erlbaum.
- Tabachnik, B. G. & Fidell, L. S. (2001). *Using multivariate statistics*. Needham Heights, MA: Allyn & Bacon.
- Tedeschi, R. G. & Calhoun, L. G. (1996a). The Posttraumatic Growth Inventory: Measuring the positive legacy of trauma. *Journal of Traumatic Stress*, 9, 455-471.
- Tedeschi, R. G. & Calhoun, L. G. (1996b). *Trauma and transformation: growing in the aftermath of suffering*. Thousand Oakes, CA: Sage.
- Teri, L., Truax, P., Logsdon, R., Uomoto, J., Zarit, S. H. & Vitaliano, P. P. (1993). Assessment of behavioral problems in dementia: The revised memory and behavior problems checklist. *Psychology and Aging*, 7, 622-631.
- Thiede Call, C., Finch, M. A., Huck, S. M. & Kane, R. A. (1999). Caregiver burden from social exchange perspective: Caring for older people after hospital discharge. *Journal of Marriage and the Family*, 61, 688-699.
- Thoits, P. A. (1992). Identity structures and psychological well-being: Gender and marital status comparisons. *Social Psychology Quarterly*, 55, 236-256.
- Thoits, P. A. (1993). Dimensions of life events that influence psychological distress: An evaluation and synthesis of the literature. In H. B. Kaplan (Ed.), *Psychological stress. Trends in theory and research* (pp. 33-103). New York: Academic Press.
- Thoma, J. (2003). *Wenn der Geduldsfaden reißt...* Uveröffentlichte Diplomarbeit, Freie Universität, Berlin.
- Travers, R. M. W. (1981). Letter to the editor. *Educational Researcher*, 10, 32.
- Tyler, F. B. (1978). Individual psychosocial competence: A personality configuration. *Education and Psychological Measurement*, 38, 309-323.
- Vaillant, G. E. (1998). Where do we go from here? *Journal of Personality*, 66, 1147-1157.
- von Eye, A., Sörensen, S., Lerner, J. V. & Lerner, R. M. (1998). Die kognitive Komplexität und ihre Entwicklung: Querschnittliche und längsschnittliche Befunde. *Zeitschrift für Entwicklungspsychologie und Pädagogische Psychologie*, 30, 139-148.
- Wahl, H.-W. (1998). Alltagskompetenz: Ein Konstrukt auf der Suche nach einer Identität. *Zeitschrift für Gerontologie und Geriatrie*, 31, 243-249.
- Wallhagen, M. I. (1992-93). Perceived control and adaptation in elder caregivers: Development of an explanatory model. *International Journal of Aging and Human Development*, 36, 219-237.
- Waterman, A. S. (1993). Two conceptions of happiness: Contrasts of personal expressiveness (eudaimonia) and hedonic enjoyment. *Journal of Personality and Social Psychology*, 64, 678-691.
- Weber, H. (1997). Zur Nützlichkeit des Bewältigungskonzeptes. In C. Tesch-Römer & C. Salewski & G. Schwarz (Hrsg.), *Psychologie der Bewältigung* (pp. 7-16). Weinheim: Psychologie Verlags Union.
- Wechsler, D. (1982). *Handanweisung zum Hamburg-Wechsler-Intelligenztest für Erwachsene (HAWIE)*. Bern, Switzerland: Huber.
- Weis, S. (1997). Neuropathologie des Morbus Alzheimer. In S. Weis & G. Weber (Hrsg.), *Handbuch Morbus Alzheimer* (pp. 163-294). Weinheim: Psychologie Verlags Union.

- Weis, S. & Weber, G. (1997). *Handbuch Morbus Alzheimer*. Weinheim: Psychologie Verlags Union.
- Welleford, E. A., Harkins, S. W., & Taylor, J. R. (1995). Personality change in dementia of the Alzheimer's type: Relations to caregiver personality and burden. *Experimental Aging Research*, 21, 295-314.
- Wentura, D. (1995). *Verfügbarkeit entlastender Kognitionen*. Weinheim: Psychologie Verlags Union.
- Wentura, D., Greve, W. & Klauer, T. (2002). Theorien der Bewältigung. In D. Frey & M. Irle (Hrsg.), *Theorien der Sozialpsychologie: Band III Motivations-, Selbst- und Informationsverarbeitungstheorien* (pp. 101-125). Bern: Huber.
- Werner, B. (1997). *Demenz: Epidemiologie, Ursachen und Folgen einer psychischen Erkrankung im Alter*. Weinheim: Juventa.
- Werner, E. E. & Smith, R. S. (1982). *Vulnerable but invincible: A study of resilient children*. New York: McGraw-Hill.
- Westenberg, P. M., Blasi, A. & Cohn, L. D. (Eds.). (1998). *Personality development: Theoretical, empirical, and clinical investigations of Loevinger's conception of ego development*. Mahwa, NJ: Lawrence Erlbaum.
- Westenberg, P. M. & Block, J. (1993). Ego development and individual differences in personality. *Journal of Personality and Social Psychology*, 65, 792-800.
- Wheaton, B. (1985). Models for the stress-buffering functions of coping resources. *Journal of Health and Social Behavior*, 26, 352-364.
- WHO (1992). *International statistical classification of diseases and related health problems (10th ed.)*. Genf: World Health Organization.
- Willis, S. L. (1996). Everyday problem solving. In J. E. Birren & K. W. Schaie (Eds.), *Handbook of the psychology of aging* (pp. 287-307). New York: Academic press.
- Wilms, H.-U., Riedel-Heller, S. G., Busse, A. & Angermeyer, M. C. (2001). Hilfe- und Pflegebedürftigkeit im Alter in den neuen Bundesländern: Ergebnisse aus der Leipziger Langzeitstudie in der Altenbevölkerung (LEILA75+). *Zeitschrift für Gerontologie und Geriatrie*, 34, 348-355.
- Wohlschläger, J. & Weis, S. (1997). Epidemiologischer Überblick. In S. Weis & G. Weber (Hrsg.), *Handbuch Morbus Alzheimer* (pp. 37-74). Weinheim: Beltz.
- Yates, M. E., Tennstedt, S. & Chang, B. H. (1999). Contributors to and mediators of psychological well-being for informal caregivers. *Journal of Gerontology*, 54B, P12-22.
- Youngjohn, R. F. & Crook, T. H. (1996). Dementia. In L. L. Carstensen & B. A. Edelstein & L. Dornbrand (Eds.), *The practical handbook of clinical gerontology*. London: Sage.
- Zank, S. (2000). *Chancen und Grenzen der Rehabilitation im Alter. Eine Evaluation ambulanter Einrichtungen*. Lengerich: Pabst Science Publishers.
- Zank, S. & Leipold, B. (2001). The relationship between severity of dementia and subjective well-being. *Aging and Mental Health*, 5, 192-197.
- Zank, S. & Schacke, C. (2003, September). *Die Situation pflegender Angehöriger demenzkranker Patienten: Stand der Forschung*. Vortrag auf der 16. Tagung der Fachgruppe Entwicklungspsychologie der Deutschen Gesellschaft für Psychologie, Mainz.
- Zank, S. & Schacke, C. (2004). Phase 1: Entwicklung eines standardisierten Messinstrumentes zur Erstellung von Belastungsprofilen und zur Evaluation von Entlastungsangeboten für pflegende Angehörige demenzkranker Patienten (BMFSFuJ-Nr. 68432), *Abschlußbericht Phase I*.
- Zank, S., Schacke, C. & Leipold, B. (2002). Entwicklung eines mehrdimensionalen Fragebogens zur pflegebedingten Belastung: Erste Ergebnisse. *Poster präsentiert auf dem 43. Kongress der Deutschen Gesellschaft für Psychologie, Berlin*.
- Zank, S., Schacke, C. & Leipold, B. (2004). Berliner Inventar zur Angehörigenbelastung -Demenz (BIZA-D): Kurzbeschreibung und grundlegende Kennwerte. *Unveröffentlichtes Manuskript*.
- Zarit, S. H. (1992). Measures in family caregiving research. In B. Bauer (Ed.), *Conceptual and methodological issues in family caregiving research. Proceedings of the invitational conference on family caregiving research* (pp. 1-19). Toronto: University of Toronto.
- Zarit, S. H. & Leitsch, S. A. (2001). Developing and evaluating community based intervention programs for Alzheimer's patients and their caregivers. *Aging & Mental Health*, 5 (Supplement 1), 84-98.

- Zarit, S. H., Stephens, M. A. P., Townsend, A., Greene, R. & Femia, E. E. (2003). Commentary on "Evaluation of Geriatric Day Care Units: Effects on Patients and Caregivers" and Authors' Reply. *Journal of Gerontology: Psychological Sciences*, 58B, 195-199.
- Zimmer, R. (1992). Ätiologie und Pathogenese der Alzheimer Krankheit. In H. Gutzmann (Hrsg.), *Der dementielle Patient* (pp. 51-68). Bern: Huber.