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„Alles ist nur einer von Millionen Wegen. Darum muss man immer bedenken, dass ein Weg nur ein Weg ist; wenn man spürt, dass man ihn nicht beschreiten sollte, darf man ihm unter keinen Umständen folgen. Die Entscheidung, diesen Weg weiterzugehen oder ihn zu verlassen, muss frei sein von Furcht oder Ehrgeiz. Man soll sich jeden Weg genau und aufmerksam ansehen. Dann kommt die Frage, die man sich unbedingt stellen muss: Ist dies ein Weg mit Herz?“

Alle Wege sind sich gleich: Sie führen nirgendwo hin. Doch ein Weg ohne Herz ist nie erfreulich. Ein Weg mit Herz dagegen ist leicht - man braucht sich nicht anzustrengen, ihn zu lieben; solch ein Weg gewährt eine fröhliche Reise. Solange der Mensch ihm folgt, ist er eins mit ihm.“

C. Castaneda