





Citation: Kresoja K-P, Faragli A, Abawi D, Paul O, Pieske B, Post H, et al. (2019) Thermodilution vs estimated Fick cardiac output measurement in an elderly cohort of patients: A single-centre experience. PLoS ONE 14(12): e0226561. https://doi.org/10.1371/journal.pone.0226561

Editor: Vincenzo Lionetti, Scuola Superiore Sant'Anna, ITALY

Received: April 30, 2019

Accepted: November 28, 2019

Published: December 20, 2019

Copyright: © 2019 Kresoja et al. This is an open access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Data Availability Statement: All relevant data are within the manuscript and its Supporting Information files.

Funding: This work was supported by the Horizon 2020 CUPIDO project GA 720834 to H. P. and A. A. A. is a participant in the BIH-Charité Clinician Scientist Program funded by the Charité – Universitätsmedizin Berlin and the Berlin Institute of Health. The following authors report financial activities outside the submitted work: Karl-Patrik Kresoja reports having received lecture honoraria

RESEARCH ARTICLE

Thermodilution vs estimated Fick cardiac output measurement in an elderly cohort of patients: A single-centre experience

Karl-Patrik Kresoja o 1,2,3, Alessandro Faragli 1,2,3, Dawud Abawi 1, Oliver Paul 1, Burkert Pieske 1,2,3,4, Heiner Post 1,3,5, Alessio Alogna 1,2,3 **

- 1 Department of Internal Medicine and Cardiology, Campus Virchow Klinikum (CVK), Charité—University Medicine, Berlin, Germany, 2 Berlin Institute of Health, Berlin, Germany, 3 German Cardiovascular Research Centre (DZHK), partner site Berlin, Germany, 4 German Heart Center Berlin, Germany,
- 5 Department of cardiology and angiology, St. Marien-Hospital Mülheim, Mülheim, Germany

Abstract

Aims

Patients referred to the cath-lab are an increasingly elderly population. Thermodilution (TD, gold standard) and the estimated Fick method (eFM) are interchangeably used in the clinical routine to measure cardiac output (CO). However, their correlation in an elderly cohort of cardiac patients has not been tested so far.

Methods

A single, clinically-indicated right heart catheterization was performed on each patient with CO estimated by eFM and TD in 155 consecutive patients (75.1±6.8 years, 57.7% male) between April 2015 and August 2017. Whole Body Oxygen Consumption (VO2) was assumed by applying the formulas of LaFarge (LaF), Dehmer (De) and Bergstra (Be). CO was indexed to body surface area (Cardiac Index, CI).

Results

CI-TD showed an overall moderate correlation to CI-eFM as assessed by LaF, De or Be ($r^2 = 0.53$, $r^2 = 0.54$, $r^2 = 0.57$, all p < .001, respectively) with large limits of agreement (-0.64 to 1.09, -1.07 to 0.77, -1.38 to 0.53 l/m²/min, respectively). The mean difference of CI between methods was 0.22, -0.15 and -0.42 (all p<0.001 for difference to TD), respectively. A rate of error \geq 20% occurred with the equations by LaF, De or Be in 40.6%, 26.5% and 36.1% of patients, respectively. A CI <2.2 l/m²min was present in 42.6% of patients according to TD and in 60.0%, 31.0% and in 16.1% of patients according to eFM by the formulas of LaF, De or Be.

Conclusion

Although CI-eFM shows an overall reasonable correlation with CI-TD, the predictive value in a single patient is low. CI-eFM cannot replace CI-TD in elderly patients.

^{*} alessio.alogna@charite.de



from Bristol-Myers Squibb. Alessandro Faragli reports no conflict of interest. Dawud Abawi reports no conflict of interest. Oliver Paul reports no conflict of interest. Burkert Pieske reports having received consultancy and lecture honoraria from Bayer, Daiichi Sankyo, MSD, Novartis, Sanofi-Aventis, Stealth Peptides and Vifor Pharma; and editor honoraria from the Journal of the American College of Cardiology. Heiner Post reports no conflict of interest. Alessio Alogna reports no conflict of interest.

Competing interests: The authors have declared that no competing interests exist.

Abbreviations: ABP, arterial blood pressure; Be, Bergstras formula; BMI, Body mass index; Bpm, beats per minute; BSA, Body surface area; CI, Cardiac index; CO, Cardiac output; De, Dehmers formula; eFM, estimated Fick method; FM, Fick method; GFR, Glomerular filtration rate; HFmrEF, Heart failure with mid-range reduced ejection fraction; HFrEF, Heart failure with reduced ejection fraction; LaF, LaFarges formula; LVEF, Left ventricular ejection fraction; LVP, Left ventricular pressure; PAP, Pulmonary artery pressure; PAWP, Pulmonary artery wedge pressure; pCO2, carbon dioxide partial pressure; pO2, Oxygen partial pressure; RAP, Right atrial pressure; SaO2, Arterial oxygen saturation; SD, Standard deviation; SvO2, Central venous oxygen saturation; TAVI, Transcatheter aortic valve implantation; TD, thermodilution; VO2, Oxygen consumption.

Introduction

Cardiac output (CO) is a key haemodynamic parameter for guiding therapy in patients with heart failure, pulmonary hypertension (PH) and valvular heart disease. CO is usually measured by the thermodilution- (TD) or the Fick-method (FM). The FM relies on the direct measurement of the whole-body oxygen consumption (VO₂). In clinical practice, VO₂ is often estimated rather than actually measured (estimated Fick method, eFM), which results in a certain margin of error. One of the following three published empirical formulas by LaFarge (LaF)[1], Dehmer (De)[2] and Bergstra (Be)[3] is commonly used to estimate VO₂. The formulas predict VO₂ at rest, based on a certain combination of the following variables: body surface area (BSA),[1–3] age,[1,3] gender[1,3] and heart rate[1].

As a major drawback, these formulas were derived and validated in paediatric cohorts of patients [1,4,5], since invasive CO measurements were usually performed in conditions of PH or congenital heart failure. However, as the number of elderly patients affected by cardiovascular disease keeps rising steadily in industrialised countries, the need for tailored medical approaches for this growing, yet under-investigated subset of patients is needed.[6,7] With the increasing number both of patients undergoing transcatheter aortic valve implantations (TAVI) and patients diagnosed with atypical pulmonary hypertension (a disease typically appearing in the aged population), more elderly patients need an invasive haemodynamic assessment. [8–10]

This study aimed to investigate the correlation of the eFM-CO and TD-CO in an elderly real-world cohort of all-comers patients. Also, we investigated variables leading to a mismatch in the estimated and the measured CO, like severe valve regurgitation, low cardiac output and estimated body fat.

Materials and methods

The study protocol was conducted in accordance with the amended Declaration of Helsinki and was approved by the local independent Ethic Committee of the Charité University Clinic, Germany (EA2/242/18). Data were analyzed retrospectively and anonymised.

Study design and patient cohort

Consecutive patients \geq 60 years undergoing elective clinically indicated right-heart catheterization were included in this retrospective single-centre study at the Charité-Campus Virchow Klinikum, Department of Internal Medicine and Cardiology, Germany. The complete baseline data on clinical, electrocardiographic, echocardiographic, haemodynamic and laboratory parameters were obtained using a standardised and anonymised questionnaire case report form.

Patients were excluded for the following reasons: a) missing baseline data, b) missing variables to determine CO c) presence of a relevant shunt Qp/Qs >1.5 and d) fever or other systemic illnesses increasing VO₂ e) sedation with >2 mg Lorazepam, the use of a comparable tranquilizer or any other kind of sedatives.

The primary objective of this study was to determine cardiac index (CI) by the two methods of TD and eFM. Since there was no difference in the results in either using CI or CO, only the CI data is presented. VO_2 was calculated based on the formulas of LaFarge[1], Dehmer[2] and Bergstra[3]. The Fick formula was used to calculate VO_2 based on CO as measured by TD. BSA was calculated using the formulas by Du Bois and Du Bois[11]. Cardiac catheterization and haemodynamic assessment were performed accordingly to current recommendations in a supine position.[12] Haemodynamics were assessed by original pressure tracings by two independent authors (K-P. K., A.A.). TD was performed with an *Edwards Lifescience Vigilance* II^{res}



monitor. In patients with sinus rhythm at least three, whereas in patients with atrial fibrillation or other cardiac arrhythmias at least five repetitive measurements were performed, and the results presented as mean values.

Blood-gas analysis was performed using an ABL800 FLEX blood-gas Analyser^{∞} (Radiometer, Denmark). If concomitant left heart catheterization was performed, arterial oxygen saturation (SaO₂) was measured by blood-gas analysis. Otherwise, SaO₂ was obtained through pulse oximetry. In the case of two blood-gas analysis samples, the mean haemoglobin of venous and arterial samples was used for the calculation of eFM. Body fat was calculated using a calliper, as proposed by Jackson and Pollock's method. [13,14]

Statistical analysis

Categorical variables are expressed as absolute numbers or in percentage and were compared, as appropriate, using Fisher's exact test or a Chi-squared test. Continuous variables did not follow a normal distribution when tested with the modified Kolmogorov-Smirnov test (Lilliefors test); these variables are expressed as mean with the corresponding standard deviation (± SD) and were compared using the unpaired Mann-Whitney U-test.

Pearson's and Spearmen's correlation coefficients (r) and coefficients of determination (r²), as appropriate, were calculated for comparative purposes while confidence intervals of the correlation coefficient were calculated using Fisher's Z-transformation. The agreement between methods was analysed as described by Bland and Altman.[15]

A two-sided significance level of α 0.05 was defined as appropriate to indicate statistical significance. Statistical analyses were performed using the SPSS software (IBM Corp. Released 2016. IBM SPSS Statistics for Windows, Version 24.0. Armonk, NY: IBM Corp.) and Graph-Pad Prism (version 7.00 for Windows, GraphPad Software, La Jolla California USA).

Results and discussion

Study sample characteristics

Data on 155 patients (mean age 75.1 ± 6.8 , 57.7% male) undergoing the investigation between April 2015 and August 2017 were analysed. The baseline characteristics and comorbidities are presented in <u>Table 1</u>, while baseline haemodynamic- and blood-gas-results are presented in <u>S2 Table</u>. Valvular heart disease (76.8%) and evaluation for PH (21.2%) were the leading indications for right-heart catheterization. Two patients (1.2%) underwent cardiac catheterization for suspected constrictive pericarditis, which was excluded in both cases.

Overall 20.0% of the study population suffered from heart failure with reduced ejection fraction (HFrEF), 13.5% had heart failure with mid-range reduced ejection fraction (HFmrEF), and 66.5% had a preserved left ventricular ejection fraction (HFpEF). With regard to the HFpEF population, all but two patients had symptoms or signs of heart failure and signs of either structural or valvular heart disease. Severe aortic stenosis and mitral regurgitation were the most frequent valvular diseases (33.5 and 25.1%, respectively) followed by severe tricuspid regurgitation (14.8%). Body-mass-index (BMI) was almost equally distributed between a range of 18-25, 25-30 and >30 kg/m², while a BMI of <18 kg/m² was only observed in 1.9% of the population. Estimated mean body fat of the overall population was 28.7 (\pm 12.0) %.

Correlation between thermodilution- and estimated Fick-method

CI assessed by the eFM differed significantly from CI-TD for all three empiric formulas as displayed in Table 2, being lower for LaF und higher for De and Be. The coefficient of variation for repeated measurements of TD-CO was 7.8%. The correlation between CI-TD and CI-eFM



Table 1. Baseline characteristics.

Baseline Data	n = 155
Age, years	75.1 ± 6.8
Male	90 (57.7)
Height (cm)	169.8 ± 10.5
Weight (kg)	79.0 ± 17.1
BSA DuBois (m ²)	1.90 ±0.23
BMI (kg/m ²)	27.3 ± 5.2
BMI <18	3 (1.9)
BMI 18-25	52 (33.5)
BMI 25-30	52 (33.5)
BMI >30	48 (31.0)
Estimated Body fat (%)	28.7 ± 12.0/126
Lab	
Creatinine (mg/dL)	1.50 ± 1.37
GFR (ml/min)	
GFR < 30 ml/min/1.73m ²	23 (14.9)
GFR < 60 ml/min/1.73m ²	79 (51)
Haemodialysis	9 (5.8)
Diabetes mellitus	64 (41.2)
Echocardiography	
LVEF (%)	48.6 ± 11.6
LVEF <40%	31 (20.0)
LVEF 40-50%	21 (13.5)
LVEF ≥50%	103 (66.5)
Severe aortic stenosis	52 (33.5)
Severe aortic regurgitation	1 (0.6)
Severe mitral stenosis	4 (2.6)
Severe mitral regurgitation	39 (25.1)
Severe pulmonary stenosis	1 (0.7)
Severe pulmonary regurgitation	0
Severe tricuspid stenosis	0
Severe tricuspid regurgitation	23 (14.8)

<u>Abbreviations</u>: BSA denominates body surface area; BMI, body mass index; GFR, glomerular filtration rate and LVEF left ventricular ejection fraction.

https://doi.org/10.1371/journal.pone.0226561.t001

was moderate for all three formulas ($\rm r^2$ 0.53, 95% CI 0.42–0.63; $\rm r^2$ 0.54, 95% CI 0.42–0.64, $\rm r^2$ 0.57, 95% CI 0.45–0.66, for LaF, De and Be respectively, all p < .001). Interestingly the correlation between the VO₂-TD and the estimated VO₂ was weaker than the one between CI-TD and CI-eFM (S3 Table).

Agreement between TD-method and eFM

Fig 1 displays the Bland-Altman plots on the agreement between CI-TD and CI-eFM. CI-eFM shows large limits of agreement when compared to the measured CI by the TD-method. The broadest limits of agreement were seen with the Be formula (-1.38 to 0.53), followed by the formula proposed by De (-1.07 to 0.77), while the narrowest limits of agreement were achieved using the LaF formula (-0.64 to 1.09). In order to further characterize the agreement of CI-TD and CI-eFM, we divided patients into 3 groups with a relative difference of \leq 10%, 10–20%



Table 2.

Method	Cardiac Output (l/min)	p*	Cardiac Index	p*	VO ₂	p*
Thermodilution	4.49 ± 1.33	NA	2.36 ± 0.56	NA	226 ± 52	NA
Lafarge	4.08 ± 1.27	< 0.001	2.14 ± 0.56	< 0.001	204 ± 42	< 0.001
Dehmer	4.76 ± 1.32	< 0.001	2.51 ± 0.63	< 0.001	237 ± 29	< 0.001
Bergstra	5.30 ± 1.54	< 0.001	2.78 ± 0.70	< 0.001	263 ± 39	< 0.001

Abbreviations: VO₂ denominates oxygen consumption.

*p for estimated cardiac output (LaFarge, Dehmer, Bergstra, respectively) vs measured cardiac output (thermodilution).

https://doi.org/10.1371/journal.pone.0226561.t002

or \geq 20%. From the three established formulas, the De formula (43.9%) had the highest number of patients with an error rate \leq 10% and the lowest number with an error rate \geq 20% (26.5%), as shown in Fig 2.

Potential confounders of CI measurement and estimation in the study sample

The correlation between CI-TD and CI-eFM in patients with none- or mild and moderate valve regurgitation did not differ relevantly. The mean difference between CI-TD and the CI-eFM as assessed by La was lower in patients with severe tricuspid regurgitation (0.048 \pm 0.447 vs 0.256 \pm 0.440, p = 0.028), while it did not differ when CI-eFM was assessed by De or Be. Excluding patients with severe tricuspid regurgitation improved the coefficient of

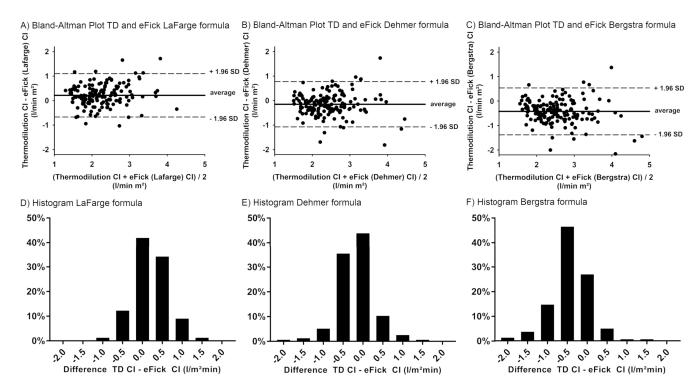


Fig 1. a-f. Bland-Altman Plots and histograms comparing measured and estimated CI by the formulas of LaFarge, Dehmer and Bergstra. a-c) Bland Altman Plots comparing measured and estimated CI by the formulas of LaFarge, Dehmer and Bergstra, respectively; d-e) Histograms comparing the absolute differences between measured and estimated CI by the formulas of LaFarge, Dehmer and Bergstra, respectively. <u>Abbreviations</u>: CI denominates cardiac index; eFick, estimated Fick method and SD, standard deviation.

https://doi.org/10.1371/journal.pone.0226561.g001



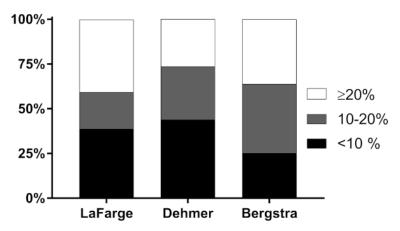


Fig 2. Relative difference between indirect Fick method and thermodilution assessed cardiac index. Black bars indicate the percentage of patients with an error between cardiac index measurements <10%, grey bars indicate the percentage of patients with an error between cardiac index measurements 10–20%, the white bar indicates the percentage of patients with an error between cardiac index measurements >20%.

https://doi.org/10.1371/journal.pone.0226561.g002

determination of the correlation between CI-TD and CI-eFM (<u>S4 Table</u>). No tests were performed for patients affected by severe aortic- or pulmonary regurgitation due to the limited number of patients.

States of low cardiac output (Cardiac index <2.2 l/min/m²) were associated with lower CI values when comparing the TD-method to the eFM with the formulas of LaF and De $(0.061 \pm 0.376 \text{ vs. } 0.345 \pm 0.455, \text{ p} < .001 \text{ and } -0.262 \pm 0.388 \text{ vs. } -0.068 \pm 0.512, \text{ p} = 0.008,$ respectively).

Obesity (BMI >35 kg/m²) and a body fat percentage of more than 30% did not affect the correlation between CI-TD and CI-eFM.

Predictors of a difference larger than 20% between estimated and measured CI are presented in \$5 Table. Briefly, predictors for a difference equal or greater to 20% were female sex and age \geq 78 years (optimised cut-derived from ROC analysis) with LaF formula, as well as a cardiac Index <2.2 l/min/m² with the Be formula.

Primarily because of the increased life expectancy, patients referred to the cath-lab are an increasingly aging population. TD, as the gold standard, and the eFM are interchangeably used in the clinical routine to measure CO. In this study we set to compare, for the first time, the TD-method with the eFM in a well-phenotyped aged real-world cohort of cardiological inpatients, showing a moderate correlation but large individual errors.

In the current study, only patients older than 60 years have been analysed, with this cut-off being previously defined by elderly population studies[16]. Most studies comparing TD and eFM focused on younger populations which typically suffered from PH or congenital heart disease.[1–3,17] While there are some studies investigating eFM in the subset of adult patients with PH, valvular heart diseases or heart failure [18–21], none of them have thoroughly investigated the old and the oldest-old population.[22–24] Similar trials comparing eFM and TD often did not report the formulas behind VO₂ calculations due to their retrospective design. [17,20] An extensive analysis comparing the eFM and TD-method suggested that age is a major contributor to differences between the two methods, but did not further investigate the relevance of this observation.[20] As sarcopenia is frequent among elderly patients, especially in heart failure, VO₂ assumptions based on young patient study-cohorts might be misleading. [16] Our study cohort differs from the derivation cohorts of LaF, De and Be concerning the estimation of VO₂ as displayed in S1 Table.[1–3] Patients in the current study were older, had



a higher BMI and suffered more frequently from a degenerative heart disease, such as aortic stenosis or mitral valve regurgitation, as a leading indication for cardiac catheterization. Importantly, there were no patients with cardiac shunts or congenital heart diseases.

Correlation and agreement of thermodilution and indirect Fick method

Linear regression analysis showed only a modest correlation between TD and eFM among all three VO_2 estimation formulas. The coefficient of determination in the current study was higher than described in two other studies with a similarly sized cohort of patients affected by PH[17,21], as well as in a large retrospective study of all-comers[20] (S7 Table). CI as assessed by the formulas of LaF and Be resulted in higher values than CI-TD in patients with low CI-states. This difference was already described in several studies. [5,17,18,25] In a similar way, previous works have shown CO derived by the LaF formula to be significantly lower as compared to TD[21] or direct FM[25]. Limits of agreement were narrower than described in previous similar-sized studies, [17] but still indicated a large margin of error.

Interestingly the correlation between VO_2 –TD and estimated VO_2 was weaker than for CI, showing the major impact of VO_2 assumptions on the main hypothesis of the study.

A possible mode of action for the observed differences is probably aging-driven. While body weight might remain stable, the body composition changes with aging, showing an increase in fat mass and decrease in muscle mass. [26] As a higher muscle mass at same weight is associated with an increased VO_{2} , [27] a possible explanation of the age-related CI differences could be related to body composition, with lower VO_2 /BSA in aged patients. Additionally, the LaF formula is the only formula that accounts for heart rate in a linear fashion.[1] This leads to two possible explanations for the observed differences with this formula a) children have physiologically higher heart rates than adults and b) a large proportion of our cohort received a beta blocker therapy.

Confounders of CO measurement and estimation

In general, TD is preferred over eFM by guidelines in the assessment of PH and shows a better discriminatory power in the prediction of in-hospital and long-term mortality. On the one hand, the estimation of VO_2 and the subsequent CI calculation by eFM have been described to be prone to error in the setting of congestive heart failure, PH or an abnormal body habitus [4,18,19,28]. On the other hand, certain conditions like severe valve regurgitations and a subsequent regurgitation-volume, as well as states of low-cardiac output have been reported to render TD unreliable. However, guidelines recommend the assessment of CI by TD even in patients with severe valve regurgitation, based on a study from Hoeper et al. [29,30]

Furthermore, the role of severe tricuspid regurgitation as a confounder for the TD remains a matter of debate. Several studies reported on systematic errors of TD measurement[22,23], leading to lower CI as compared to eFM.[20] More recent retrospective studies reported no influence of measured CI in patients with severe tricuspid regurgitation with primary or secondary PH.[17,21] In the current study severe tricuspid regurgitation led to significant discrepancies between TD and eFM when calculated by LaF, but not by De or Be. In contrast to previous reports[31], we did not observe a relevant impact of severe mitral valve regurgitation on the measurements. However, it must be pointed out that while the coefficient of correlation was worse when only investigating patients with severe tricuspid regurgitation, its presence alone was not a predictor for a difference greater than 20% between estimated and measured cardiac index. While this study is not designed to answer the question whether TD is applicable in patients with severe tricuspid regurgitation, we believe using an additional method to measure CO in such a cohort of patients to be a reasonable suggestion.



It has been reported that in states of low-CI, eFM tends to overestimate CI when compared to direct measurements.[17] In the present study, states of low CI were associated with lower CI values when comparing TD to eFM by the formulas of LaF and De but not Be. In a large retrospective study, CO, as assessed by TD, was superior to eFM in predicting mortality, while incorporating eFM-CO additionally to TD-CO lead to an improved risk stratification than TD alone in patients affected by cardiogenic shock.[20]

Finally, Narang et al. [18,19] and other groups [21] showed the inaccuracy of VO_2 estimation in overweight patients and proposed to extend the classic eFM formulas with variables accounting for body composition. We used the caliper method proposed by Jackson and Pollock to estimate body fat percentage in a subgroup of our study population. [13,14] In contrast to those studies, body composition did not impact on the accuracy of CI-eFM in the investigated subgroup. However, the limited number of patients in the current analysis might have influenced our observation.

Clinical relevance

CI measurements are essential to define the pathophysiology and to estimate prognostic outcomes in many cardiovascular diseases. Therefore, a precise and reproducible measurement is mandatory, especially in the evaluation of PH or valvular heart diseases. In Germany in 2016 valvular heart disease was most frequent among patients older than 60 years.[32] Additionally, while PH is still referred to as a young woman's disease, the mean age for the first diagnosis has risen steadily and is currently at 65 years in Germany. A study investigating CI measurements with a focus on aged patients is therefore of great importance to implement and substantiate clinical guidelines.

Due to limited time and resources, many cath-labs use the eFM to assume CI. While the observed coefficient of determination of ~0.55 indicates a moderate correlation, it does not reflect the rate of error on an individual basis. In the current study, a large difference (20% or above) between TD-CI and eFM-CI was found among 27 to 41% of patients. Previous studies showed the similar large difference among 11 to 45% of patients, leading to misclassification of PH patients, as well as to a misdiagnosis of cardiogenic shock patients in 10–20% of cases. [17,25] Measuring CI through the acetylene rebreathing method might have been a valid alternative as this method has been shown to be reliable in various subsets of patient groups and is neither influenced by severe valvular disease nor states of cardiogenic shock. However, data focusing on aged patient cohorts are scarce.[29] In summary, the use of eFM-CI seems to fall short in the diagnostic workup of aged patients and should be interpreted cautiously. Available information on the advantage and disadvantage of TD-, iFM a direct Fick method are summarized in S8 Table.

In the setting of continuous monitoring of CI in the intensive care unit, more readily available variables like lactate, [33] ScVO₂ [34]or other non-invasive CI measurement [35] play a major role in monitoring the course of therapy.

Limitations

A major limitation of the study is related to be a retrospective single-center study. Therefore, measurements were performed within the routine clinical assessment. However, we believe these data to reflect a real-world setting better. Also, the quality of tracing has been assessed by two independent clinicians.

Another limitation is that the comparison of the indirect measurement of VO_2 rather than direct one. Further investigations comparing direct Fick method and thermodilution in elderly patients is needed.



Conclusion

TD and eFM only show moderate correlation with large individual errors in aged patients. The estimation of CI does not seem to be appropriate in the diagnostic workup of aged patients and should be interpreted cautiously. When precise hemodynamic assessment is necessary CI should not be estimated. Further multi-center studies in larger cohorts of patients are warranted.

Supporting information

S1 File. Additional statistical explanation.

(DOCX)

S1 Table. Empirical formulas for VO2 assumption. Abbreviations: SD denotes standard deviation; VO₂, whole body oxygen consumption; NA, not available and BSA, body surface area.

(DOCX)

S2 Table. Baseline hemodynamics and blood gas analysis values. Abbreviations: BPM denominates beats per minute; PAWP, pulmonary artery wedge pressure; PAP, pulmonary artery pressure; RAP, right atrial pressure; ABP, arterial blood pressure; LVP, left ventricular pressure; SAO₂, arterial oxygen saturation; pO₂, oxygen partial pressure, pCO₂, carbon dioxide partial pressure and SVO₂ central venous saturation. (DOCX)

S3 Table. Correlation of cardiac index and whole-body oxygen consumption between thermodilution and indirect Fick method. Abbreviations: VO_2 denominates whole-body oxygen consumption.

(DOCX)

S4 Table. Correlation of thermodilution and indirect Fick method cardiac index in accordance to the presence of a severe or no severe tricuspid regurgitation. Abbreviations: TR denominates tricuspid regurgitation. (DOCX)

S5 Table. Predictors of a difference greater than 20% between estimated and measured cardiac index. <u>Abbreviations</u>: Lf denominates LaFarge; De, Dehmer; Be, Bergstra; TR, tricuspid regurgitation and BMI, body mass index. (DOCX)

S6 Table. Comparison of Bland-Altman plots between estimated and measured values of cardiac index and whole-body oxygen consumption within current literature. Abbreviations: LLA denominates lower limit of agreement; ULA upper limit of agreement; VO₂, whole-body oxygen consumption; TD, thermodilution; ID, indicator-dylution eFM, estimated Fick method; Lf, LaFarge; De, Dehmer; Be, Bergstra; ?, unknown formula; eVO₂ estimated whole-body oxygen consumption.

(DOCX)

S7 Table. Comparison of correlation between estimated and measured values of cardiac index and whole-body oxygen consumption within current literature. Abbreviations: VO₂ denominates whole-body oxygen consumption; TD, thermodilution; ID, indicator-dilution; eFM, estimated Fick method; Lf, LaFarge; De, Dehmer; Be, Bergstra; ?, unknown formula; eVO₂ estimated whole-body oxygen consumption. (DOCX)



S8 Table. Comparison of advantages and disadvantages of cardiac output measurements methods. Abbreviations: eFM denominates estimated Fick method; CO, cardiac output; dFM, direct Fick method; TD, thermodilution method and 3D-TEE, three-dimensional transoeso-phageal echocardiography. (DOCX)

Acknowledgments

This work was supported by the Horizon 2020 CUPIDO project GA 720834 to H. P. and A. A. A. A. is a participant in the BIH-Charité Clinician Scientist Program funded by the Charité–Universitätsmedizin Berlin and the Berlin Institute of Health.

We acknowledge support from the German Research Foundation (DFG) and the Open Access Publication Funds of Charité–Universitätsmedizin Berlin.

Author Contributions

Conceptualization: Karl-Patrik Kresoja, Heiner Post, Alessio Alogna.

Data curation: Karl-Patrik Kresoja, Dawud Abawi, Alessio Alogna.

Formal analysis: Karl-Patrik Kresoja.

Investigation: Karl-Patrik Kresoja, Heiner Post. **Methodology:** Karl-Patrik Kresoja, Heiner Post.

Supervision: Heiner Post.

Validation: Alessandro Faragli, Alessio Alogna.

Visualization: Karl-Patrik Kresoja.

Writing - original draft: Karl-Patrik Kresoja, Alessio Alogna.

Writing – review & editing: Karl-Patrik Kresoja, Alessandro Faragli, Dawud Abawi, Oliver Paul, Burkert Pieske, Heiner Post, Alessio Alogna.

References

- LaFarge CG, Miettinen OS. The estimation of oxygen consumption. Cardiovasc Res. 1970; 4: 23–30. https://doi.org/10.1093/cvr/4.1.23 PMID: 5416840
- Dehmer GJ, Firth BG, Hillis LD. Oxygen consumption in adult patients during cardiac catheterization. Clin Cardiol. 1982; 5: 436–440. https://doi.org/10.1002/clc.4960050803 PMID: 7127921
- Bergstra A, van Dijk RB, Hillege HL, Lie KI, Mook GA. Assumed oxygen consumption based on calculation from dye dilution cardiac output. An improved formula. Eur Heart J. 1995; 16: 698–703. https://doi.org/10.1093/oxfordjournals.eurheartj.a060976 PMID: 7588904
- Fakler U, Pauli C, Hennig M, Sebening W, Hess J. Assumed oxygen consumption frequently results in large errors in the determination of cardiac output. J Thorac Cardiovasc Surg. 2005; 130: 272–276. https://doi.org/10.1016/ji.jtcvs.2005.02.048 PMID: 16077386
- Wolf A, Pollman MJ, Trindade PT, Fowler MB, Alderman EL. Use of assumed versus measured oxygen consumption for the determination of cardiac output using the Fick principle. Cathet Cardiovasc Diagn. 1998; 43: 372–380. https://doi.org/10.1002/(sici)1097-0304(199804)43:4<372::aid-ccd3>3.0.co;2-5 PMID: 9554760
- Malavolta M, Caraceni D, Olivieri F, Antonicelli R. New challenges of geriatric cardiology. From clinical to preclinical research. J Geriatr Cardiol. 2017; 14: 223–232. https://doi.org/10.11909/j.issn.1671-5411.2017.04.005 PMID: 28663759



- Vaartjes I, O'Flaherty M, Grobbee DE, Bots ML, Capewell S. Coronary heart disease mortality trends in the Netherlands 1972–2007. Heart. 2011; 97: 569–573. https://doi.org/10.1136/hrt.2010.206565
 PMID: 21282134
- Wang TKM, Sathananthan J, Ramanathan T, Webster M, Ruygrok P. Isolated aortic valve replacement in octogenarians before and after the introduction of trans-catheter aortic valve implantation. Heart Lung Circ. 2014; 23: 249–255. https://doi.org/10.1016/j.hlc.2013.10.083 PMID: 24252451
- Ho E, Mathur MN, Brady PW, Marshman D, Brereton RJ, Ross DE, et al. Surgical aortic valve replacement in very elderly patients aged 80 years and over. Evaluation of early clinical outcomes. Heart Lung Circ. 2014; 23: 242–248. https://doi.org/10.1016/j.hlc.2013.08.001 PMID: 24021233
- Opitz CF, Hoeper MM, Gibbs JSR, Kaemmerer H, Pepke-Zaba J, Coghlan JG, et al. Pre-Capillary, Combined, and Post-Capillary Pulmonary Hypertension. A Pathophysiological Continuum. J Am Coll Cardiol. 2016; 68: 368–378. https://doi.org/10.1016/j.jacc.2016.05.047 PMID: 27443433
- Du Bois D, Du Bois EF. A formula to estimate the approximate surface area if height and weight be known. 1916. Nutrition. 1989; 5: 303–11; discussion 312–3. PMID: 2520314
- Rosenkranz S, Preston IR. Right heart catheterisation. Best practice and pitfalls in pulmonary hypertension. Eur Respir Rev. 2015; 24: 642–652. https://doi.org/10.1183/16000617.0062-2015 PMID: 26621978
- Jackson AS, Pollock ML. Generalized equations for predicting body density of men. 1978. Br J Nutr. 2004; 91: 161–168. PMID: 14748950
- Jackson AS, Pollock ML, Ward A. Generalized equations for predicting body density of women. Med Sci Sports Exerc. 1980; 12: 175–181. PMID: 7402053
- Bland JM, Altman DG. Statistical methods for assessing agreement between two methods of clinical measurement. Lancet. 1986; 1: 307–310. PMID: 2868172
- Spira D, Walston J, Buchmann N, Nikolov J, Demuth I, Steinhagen-Thiessen E, et al. Angiotensin-Converting Enzyme Inhibitors and Parameters of Sarcopenia. Relation to Muscle Mass, Strength and Function: Data from the Berlin Aging Study-II (BASE-II). Drugs Aging. 2016; 33: 829–837. https://doi.org/10.1007/s40266-016-0396-8 PMID: 27665105
- Fares WH, Blanchard SK, Stouffer GA, Chang PP, Rosamond WD, Ford HJ, et al. Thermodilution and Fick cardiac outputs differ. Impact on pulmonary hypertension evaluation. Can Respir J. 2012; 19: 261–266. https://doi.org/10.1155/2012/261793 PMID: 22891186
- Narang N, Gore MO, Snell PG, Ayers CR, Lorenzo S, Carrick-Ranson G, et al. Accuracy of estimating resting oxygen uptake and implications for hemodynamic assessment. Am J Cardiol. 2012; 109: 594– 598. https://doi.org/10.1016/j.amjcard.2011.10.010 PMID: 22100029
- Narang N, Thibodeau JT, Levine BD, Gore MO, Ayers CR, Lange RA, et al. Inaccuracy of estimated resting oxygen uptake in the clinical setting. Circulation. 2014; 129: 203–210. https://doi.org/10.1161/ CIRCULATIONAHA.113.003334 PMID: 24077170
- Opotowsky AR, Hess E, Maron BA, Brittain EL, Barón AE, Maddox TM, et al. Thermodilution vs Estimated Fick Cardiac Output Measurement in Clinical Practice. An Analysis of Mortality From the Veterans Affairs Clinical Assessment, Reporting, and Tracking (VA CART) Program and Vanderbilt University. JAMA Cardiol. 2017; 2: 1090–1099. https://doi.org/10.1001/jamacardio.2017.2945 PMID: 28877293
- Alkhodair A, Tsang MYC, Cairns JA, Swiston JR, Levy RD, Lee L, et al. Comparison of thermodilution and indirect Fick cardiac outputs in pulmonary hypertension. Int J Cardiol. 2018; 258: 228–231. https:// doi.org/10.1016/j.ijcard.2018.01.076 PMID: 29426632
- Cigarroa RG, Lange RA, Williams RH, Bedotto JB, Hillis LD. Underestimation of cardiac output by thermodilution in patients with tricuspid regurgitation. Am J Med. 1989; 86: 417–420. https://doi.org/10.1016/0002-9343(89)90339-2 PMID: 2648822
- Kadota LT. Theory and application of thermodilution cardiac output measurement. A review. Heart Lung. 1985; 14: 605–616. PMID: 3902728
- van Grondelle A, Ditchey RV, Groves BM, Wagner WW, Reeves JT. Thermodilution method overestimates low cardiac output in humans. Am J Physiol. 1983; 245: H690–2. https://doi.org/10.1152/ajpheart.1983.245.4.H690 PMID: 6624939
- Chase PJ, Davis PG, Wideman L, Starnes JW, Schulz MR, Bensimhon DR. Comparison of Estimations Versus Measured Oxygen Consumption at Rest in Patients With Heart Failure and Reduced Ejection Fraction Who Underwent Right-Sided Heart Catheterization. Am J Cardiol. 2015; 116: 1724–1730. https://doi.org/10.1016/j.amjcard.2015.08.051 PMID: 26443561
- St-Onge M-P, Gallagher D. Body composition changes with aging. The cause or the result of alterations in metabolic rate and macronutrient oxidation. Nutrition. 2010; 26: 152–155. https://doi.org/10.1016/j.nut.2009.07.004 PMID: 20004080



- McInnis KJ, Balady GJ. Effect of body composition on oxygen uptake during treadmill exercise. Body builders versus weight-matched men. Res Q Exerc Sport. 1999; 70: 150–156. https://doi.org/10.1080/02701367.1999.10608032 PMID: 10380246
- Kendrick AH, West J, Papouchado M, Rozkovec A. Direct Fick cardiac output. Are assumed values of oxygen consumption acceptable. Eur Heart J. 1988; 9: 337–342. https://doi.org/10.1093/ oxfordjournals.eurheartj.a062505 PMID: 3383873
- 29. Hoeper MM, Maier R, Tongers J, Niedermeyer J, Hohlfeld JM, Hamm M, et al. Determination of cardiac output by the Fick method, thermodilution, and acetylene rebreathing in pulmonary hypertension. Am J Respir Crit Care Med. 1999; 160: 535–541. https://doi.org/10.1164/ajrccm.160.2.9811062 PMID: 10430725
- 30. Galiè N, Humbert M, Vachiery J-L, Gibbs S, Lang I, Torbicki A, et al. 2015 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension. The Joint Task Force for the Diagnosis and Treatment of Pulmonary Hypertension of the European Society of Cardiology (ESC) and the European Respiratory Society (ERS): Endorsed by: Association for European Paediatric and Congenital Cardiology (AEPC), International Society for Heart and Lung Transplantation (ISHLT). Eur Heart J. 2016; 37: 67–119. https://doi.org/10.1093/eurheartj/ehv317 PMID: 26320113
- Hillis LD, Firth BG, Winniford MD. Analysis of factors affecting the variability of Fick versus indicator dilution measurements of cardiac output. Am J Cardiol. 1985; 56: 764–768. https://doi.org/10.1016/0002-9149(85)91132-4 PMID: 3904383
- 32. Meinertz T, Hamm C, Schlensak C, Fleck E, Cremer J, Stiller B, et al. Deutscher Herzbericht 2016. 28. Bericht/Sektorenübergreifende Versorgungsanalyse zur Kardiologie, Herzchirurgie und Kinderherzmedizin in Deutschland. 1000th ed. Frankfurt: Deutsche Herzstiftung; 2017.
- Laine GA, Hu BY, Wang S, Thomas Solis R, Reul GJ. Isolated high lactate or low central venous oxygen saturation after cardiac surgery and association with outcome. J Cardiothorac Vasc Anesth. 2013; 27: 1271–1276. https://doi.org/10.1053/j.jvca.2013.02.031 PMID: 24011873
- Varpula M, Tallgren M, Saukkonen K, Voipio-Pulkki L-M, Pettilä V. Hemodynamic variables related to outcome in septic shock. Intensive Care Med. 2005; 31: 1066–1071. https://doi.org/10.1007/s00134-005-2688-z PMID: 15973520
- Seneff MG. Comparing thermodilution and fick cardiac outputs. Should I buy an edsel or a yugo. J Intensive Care Med. 2006; 21: 99–100. https://doi.org/10.1177/0885066605285473 PMID: 16537752