

Enhancement of immunohistochemical detection of *Salmonella* in tissues of experimentally infected pigs

J. Rieger,¹ P. Janczyk,² H. Hünigen,¹ J. Plendl¹

¹Department of Veterinary Medicine, Institute of Veterinary Anatomy, Freie Universität Berlin

²Department of Biological Safety, Unit Molecular Diagnostics and Genetics, Federal Institute for Risk Assessment, Berlin, Germany

Abstract

Salmonella Typhimurium is one of the main pathogens compromising porcine and human health as well as food safety, because it is a prevailing source of foodborne infections due to contaminated pork. A prominent problem in the management of this bacteriosis is the number of subclinically infected carrier pigs. As very little is known concerning the mechanisms allowing *Salmonella* to persist in pigs, the objective of this study was to develop an immunohistochemical approach for the detection of salmonellae in tissue of pigs experimentally infected with *Salmonella* Typhimurium. Samples were obtained from a challenge trial in which piglets of the German Landrace were intragastrically infected with *Salmonella enterica* serovar Typhimurium DT104 ($1.4\text{-}2.1 \times 10^{10}$ CFU). Piglets were sacrificed on days 2 and 28 post infection. Tissue samples of jejunum, ileum, colon, ileocecal mesenteric lymph nodes (*Lnn. ileocolici*), and tonsils (*Tonsilla veli palatini*) were fixed in Zamboni's fixative and paraffin-embedded. Different immunohistochemical staining protocols were evaluated. *Salmonella* was detected in varying amounts in the tissues. Brown iron-containing pigments in the lymph nodes interfered with the identification of *Salmonella* if DAB was used as a staining reagent. Detergents like Triton X-100 or Saponin enhanced the sensitivity. It seems advisable not to use a detection system with brown staining for bacteria in an experimental setup involving intestinal damage including haemorrhage. The use of detergents appears to result in a higher sensitivity in the immunohistochemical detection of salmonellae.

Introduction

Salmonella is an important pathogen threatening porcine and human health as well as

food safety. Amid the most pervasive sources of foodborne diseases, *Salmonella enterica* serovar Typhimurium (*S. Typhimurium*) is especially strongly linked with human disease caused by the consumption of contaminated pork.¹⁻³ In pigs, an *S. Typhimurium* infection triggers clinical symptoms with enterocolitis, often followed or accompanied by sub-clinical infections of *silent carrier* animals that can function as a reservoir, infect other animals and transmit the pathogen to the food chain.⁴⁻⁶ *Salmonella* infects cells lining the epithelial layer of the small and large intestine such as M-cells, absorptive enterocytes or goblet cells and may cross this barrier *via* different mechanisms to invade the *lamina propria*.⁷⁻⁹ After reaching the *lamina propria* of the intestinal mucosa, *Salmonella* is mainly taken up by macrophages in which they then replicate in a protected intracellular niche and which may also transmit the bacteria to other organs.^{10,11} Salmonellae harbour a sophisticated arsenal of mechanisms to survive and replicate in the host. Although bacterial persistence is a key phase of a pathogen's life cycle and represents an opportunity for disease control, very little is known about how the pathogen survives for long periods of time in the mammalian host in the presence of immunosurveillance.¹² In order to study the largely unknown mechanisms used by *Salmonella* to persist in pigs⁵ and particularly to trace *Salmonella's* route through the body, it is a great challenge to reliably mark and track salmonellae in histological sections of different organs and tissues. As part of a big research consortium, one aim of our working group was the demonstration of *S. Typhimurium* in paraffin embedded tissues from experimentally infected pigs. Since immunohistochemistry represents a suitable approach to do this,¹³ we evaluated several protocols for applicability which yielded very heterogeneous results. The refined immunohistochemical protocol is presented. Further information concerning other aspects of the same experiment may be found elsewhere.^{14,15}

Materials and Methods

Sample collection

The samples for this study were obtained during a *Salmonella* challenge trial already described.¹⁴ In short, samples were obtained from a probiotic feeding trial in which piglets of the German Landrace were intragastrically challenged with *Salmonella enterica* serovar Typhimurium DT104 ($1.4\text{-}2.1 \times 10^{10}$ CFU). Piglets from each group were sacrificed on days 2 and 28 post infection (DPI). The animals were euthanized by an overdose of pentobarbiturates (Narcoren, Merial GmbH,

Correspondence: Juliane Rieger, Department of Veterinary Medicine, Institute of Veterinary Anatomy, Freie Universität Berlin, Koserstraße 20, 14195 Berlin, Germany.
Tel. +49.30.83853483 - Fax: +49.30.83853480.
E-mail: Juliane.Rieger@fu-berlin.de

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Conflict of interest: the authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of the research reported.

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Germany) under general azaperone (Stresnil, Janssen Animal Health, Neuss, Germany) -ketamine (10% ketamine, Bremer Pharma GmbH, Warburg, Germany) anaesthesia. Samples of mid-jejunum, ileum, colon ascendens, ileocecal mesenteric lymph nodes (*Lnn. ileocolici*), and tonsils (*Tonsilla veli palatini*) were taken within 15 min after sacrifice and treated as already described.^{14,16} All samples were rinsed in ice-cooled Ringer solution. Intestinal samples were cut open on the mesenterial side, trimmed to squares and pinned on cork pieces with the mucosal side facing upwards. The tissues were fixed for 26h in Zamboni's fixation solution and rinsed in PBS, dehydrated in a

graded series of ethanol, embedded in paraffin, cut to 5 µm thin sections, mounted on HistoBond® slides (Paul Marienfeld GmbH & Co. KG, Lauda-Königshofen, Germany), dewaxed in xylene and rehydrated in a decreasing series of ethanol. Experimental approval had been given by the local authority / Regional Office for Health and Social Affairs Berlin (Landesamt für Gesundheit und Soziales, Berlin ID: G0348/09).

Immunohistochemistry

Different immunohistochemical staining protocols with a monoclonal mouse anti-*Salmonella* Typhimurium antibody (Mouse-anti-Salmonella Typhimurium, monoclonal, Maus-IgG, 5mg/mL, Clone 8C11C, Acris Antibodies GmbH, Herford, Germany) were evaluated. Two protocols are presented here for comparison (Table 1).

Pigment differentiation / iron demonstration

For the identification of the gold-brown pigments encountered in lymph nodes, the very same histological samples employed for immunohistochemistry were used. For the demonstration of iron, Berlin blue method (trivalent iron) and Turnbull blue method mod-

ified according to Quincke (bi- and trivalent iron) were applied.¹⁷ Lipofuscin was detected according to Hueck and Pearse.¹⁸ To validate the staining protocols, liver samples of goat, sheep, cow or rat, available in our institute from stock, were used as positive controls. The liver was chosen, since a number of different pigments may be seen as an incidental finding within hepatocytes and Kupffer cells, amongst them lipofuscin and hemosiderin.¹⁹

Results

Immunohistochemical detection of *Salmonella*

S. Typhimurium was detected immunohistochemically in varying amounts depending on the time post-infection, tissue localization and the protocol used. The positively stained objects appeared as roundish to longish particles with a diameter of ~2 µm. With protocol 1, single bacteria were observed lying freely between cells of tissues as well as intracellularly, often in cells with the morphology of macrophages (Figure 1). Salmonellae were abundant in the tunica mucosa of ileum and colon 2 DPI, where several bacteria appeared

to group in clusters. The ileal domes were particularly frequented by the pathogen. *S. Typhimurium* was found in lymph nodes, albeit in low numbers, and was not detectable in tonsils. In addition to the immunohistochemically labelled salmonellae, spots of brown pigment with the same size as the bacteria were visible in sections of lymph nodes. They also appeared in the control sections (Figure 2C). As the brown iron-containing pigments (see below) in the lymph nodes interfered with the identification of *Salmonella* if DAB was used as a staining reagent, HistoGreen was used instead, which labels the targeted bacteria in a bright green-blue color (Figure 2 D,E). After implementing a permeabilization step with detergents like Triton X-100 or Saponin (protocol 2), we found that the sensitivity was considerably enhanced. More staining signals were visible and we also found the bright green-blue color easier to recognize (Figure 3). In addition to a higher amount of *Salmonella*, which could now be detected in ileal and colonic tissues, it was now frequently possible to show the presence of bacteria in lymph nodes and tonsils. In lymph nodes and tonsils the staining signals were dispersed throughout the tissue and the bacteria appeared not to be grouped in clusters (Figure 3D). In the positive controls derived from cul-

Table 1. Comparison of immunohistochemical protocols. If not stated otherwise, all steps were carried out at room temperature. All incubation steps were carried out in a humid chamber. As additional positive control, cultured bacteria were used; therefore *Salmonella* containing culture medium was dropped on slides and heat fixed. The slides were treated in the same way as the tissue sections.

Protocol 1	Protocol 2
Rinsing of the rehydrated sections in 0.01M citrate buffer, pH 6.0	
Heat induced epitope retrieval: 0.01M citrate buffer, pH 6.0, 96°C, 25'	
Cooling down of the section container 15' at room temperature and 5' in cold tap water	
Rinsing of the sections in Aq. Bidest 2'	
Surrounding of sections with a hydrophobic barrier using a barrier pen (S2002, Dako Deutschland GmbH, Hamburg, Germany)	
Rinsing of the sections in TBS (0.05M Tris-HCl pH 7.6 + 0.9% NaCl) 2x 3'	
Peroxidase-block: 3% H ₂ O ₂ in TBS 20'	
Rinsing in TBS 5'	
Rinsing in TBS + 0.05% Tween20® 5'	Rinsing in PBS + 0.1% saponin or PBS + 0.1% Triton X-100 20'
Preincubation: 3% BSA + 5% normal goat serum in TBS 30'	Preincubation: 3% BSA in PBS 20'
Primary antibody incubation: 1:2500 in TBS + 1% BSA + 2% normal goat serum	Primary antibody incubation: 1:5000 in PBS + 1% BSA
Isotype control (mouse IgG1, DAKO X0931, 100 µg/mL, Dako Deutschland GmbH, Hamburg, Germany): 1:50 in TBS + 1% BSA + 2% normal goat serum	Isotype control (mouse IgG1, DAKO X0931, 100 µg/mL, Dako Deutschland GmbH, Hamburg, Germany): 1:500 in PBS + 1% BSA
Buffer control: TBS + 1% BSA + 2% normal goat serum; overnight at 4°C	Buffer control: 1% BSA in PBS; overnight at 4°C
Rinsing in TBS 1x 3'	Rinsing in PBS 1x 3'
DAKO EnVision+ System/HRP labelled goat-anti-mouse-polymer (DAKO K4001, Dako Deutschland GmbH, Hamburg, Germany) was applied for 40' in the dark.	
Rinsing in TBS 1x 5' and PBS 1x 5'	Rinsing in PBS 2x 5'
HRP detection: DAB 30' in the dark or HistoGreen (Linaris, Wertheim-Bettingen, Germany) 10'	HRP detection: HistoGreen (Linaris, Wertheim-Bettingen, Germany) 10'
Rinsing in PBS 2x 3'; rinsing in Aq. Dest	
Counterstaining: Haemalaun AD Mayer for ~12" in Aq. Bidest, 2' bluing in tap water	
Dewater: 100% ethanol 3x 60", Xylene 2x 1'	
Addition of mounting medium and coverslip	

tured *S. Typhimurium*, the staining intensity between single bacteria varied notably. Whereas approximately 1% of the bacteria exhibited a strong positive reaction and circa 5-10% exhibited a moderate staining signal, most cells showed very weak or almost invisible staining grades. The strongly stained bacteria were the biggest ones. They were rod-shaped and the staining signal was situated at the perimeter of the cells. The moderately stained cells appeared to be a little smaller and were also rod shaped. Bacteria with weak or nearly no staining appeared to be the smallest ones and exhibited a more roundish shape. A similar phenomenon could be observed in the tissue samples, in which the staining intensity differed between single bacteria in the gut lumen and inside the tissue (Figure 3C).

Pigment differentiation / iron demonstration

In the above mentioned samples of lymph nodes, particularly in their medulla, spots of brown pigment were visible, which had the same size as the expected immunohistochemical reaction product for *S. Typhimurium* (Figure 2 A,C). Iron deposits were positively demonstrated using Turnbull blue and Berlin

blue (Figure 2B). Lipofuscin reaction was negative. Positive staining reactions for lipofuscin as well as iron were detectable in the positive controls.

Discussion

Histochemistry, especially immunohistochemistry, is a suitable approach to investigate the exact localization of a pathogen *in situ*. It enables the researcher to correlate its occurrence to e.g. pathologic lesions or other pathogens.^{20,21} In the present study, *S. Typhimurium* was detected immunohistochemically in different porcine tissues of the intestine and in the tonsils. Frequently, the pathogen was spotted within cells, often in those which morphologically resembled macrophages. The staining results concerning bacterial morphology and distribution were principally comparable to descriptions found in the literature.^{6,8,22-24} In the sections of lymph nodes including control sections (IgG - and buffer control), spots of brown pigment of approximately the same size as the expected immunohistochemical reaction product for *S.*

Typhimurium were visible. Since these pigment granules were of similar size and color as the labelled bacteria, it was necessary to distinguish them from the microorganisms. The pigment granules were found to contain iron, presumably representing hemosiderin, which can be a result of mucosal haemorrhages.^{25,26} Consequently, the detection system was changed to a green color to solve this problem, although it has to be noted that DAB gives a more crisp staining result compared to HistoGreen. It seems advisable not to use a detection system with brown staining in experimental setups involving intestinal damage including haemorrhage.

Immunohistochemistry is a powerful tool to demonstrate microorganisms in tissue samples;²⁷ however, an important question can be raised concerning its detection limit. As microorganisms are at the limit of light microscopical detection and results may vary from slide to slide because of heterogeneous distribution of the bacteria in the tissue, histology is not the method of choice for routine diagnosis and quantification of bacterial infections in tissues.²² One method routinely used to detect and quantify microbes is microbial plate counting. Interestingly, an organ-specific difference

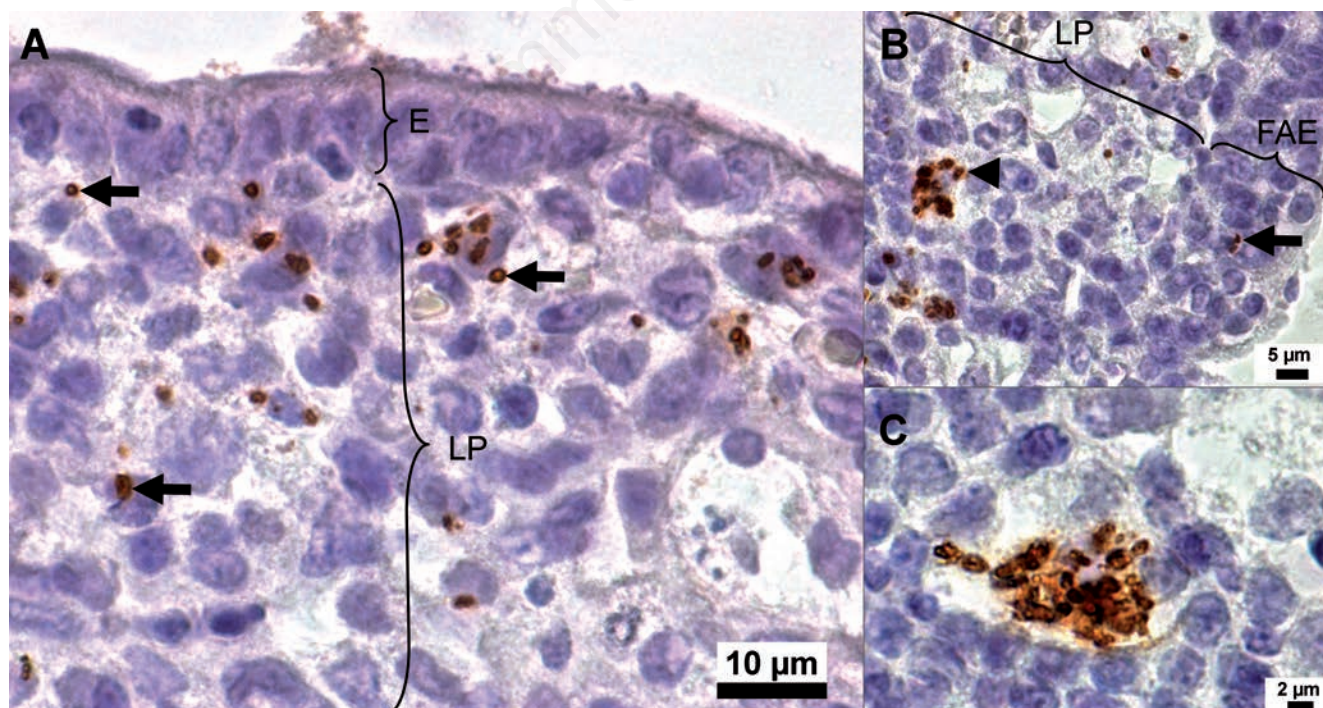


Figure 1. Immunohistochemistry. A) *Salmonella* (arrows) can be seen as ca. 2 µm big objects outlined in brown staining with DAB in the ileal mucosa directly under the epithelium (E) in the lamina propria (LP). B) Ileal dome, with follicle associated epithelium (FAE). Bacteria are situated within the FAE (arrow) and in the underlying lamina propria (LP) (arrowhead). C) A *Salmonella* containing cell, morphologically resembling a macrophage, in the lamina propria of the ileum is illustrated.

between results of our immunohistochemical labelling of *S. Typhimurium* and microbial plate counting done in the same trial by Kreuzer *et al.* could be found.² 2 DPI levels around 10^3 CFU/g tissue could be quantified via plate counting in the tonsils, jejunum and lymph nodes, whereas *S. Typhimurium* was hardly detectable in these organs via immunohistochemistry using protocol 1. In contrast, immunohistochemistry of *S. Typhimurium* in ileal and colonic tissue 2 DPI was reliably possible. Plate counting done for these organs resulted in higher levels, namely between 10^4 - 10^6 CFU/g tissue. We therefore conclude that the number of CFUs was under the immunohistochemical detection limit in tonsils, jejunum and lymph nodes with protocol 1. In

protocol 1 we applied only a low concentration (0.05%) of a mild membrane solubiliser (Tween 20) for a short time (5 min). In protocol 2 we applied a higher concentration (0.1%) of a mild detergent (Saponin) or a harsh detergent (Triton X-100) for a longer time (20 min). This modification enhanced the immunohistochemical sensitivity enormously and *S. Typhimurium* was also detectable in the previously negative organs. The observation of sensitivity enhancement due to detergents stands in contrast to the statement that antigen retrieval is in general not required for the demonstration of bacteria in fixed tissues.²⁸ For example Searle, *et al.* used a permeabilization step for the immunocytochemistry but not for the immunohistochemistry to detect

Salmonella.²⁹ In support of our findings, other studies also used detergents for histologic *Salmonella* demonstration, although for different applications, *e.g.*, cryosections, thicker sections or immunocytochemistry.³⁰⁻³⁴ The rationale behind the use of detergents in immunocytochemistry and applications using thicker tissue sections or cryosections is to allow the antibody to reach the antigen if it is situated in a cell compartment shielded by a membrane, especially after aldehyde fixation.³⁵ Detergents are surface-active molecules that self-associate and bind to hydrophobic surfaces in a concentration-dependent mode.³⁶ For example for Saponin, it was demonstrated that through interaction with plasma membrane cholesterol, it makes cells permeable without major

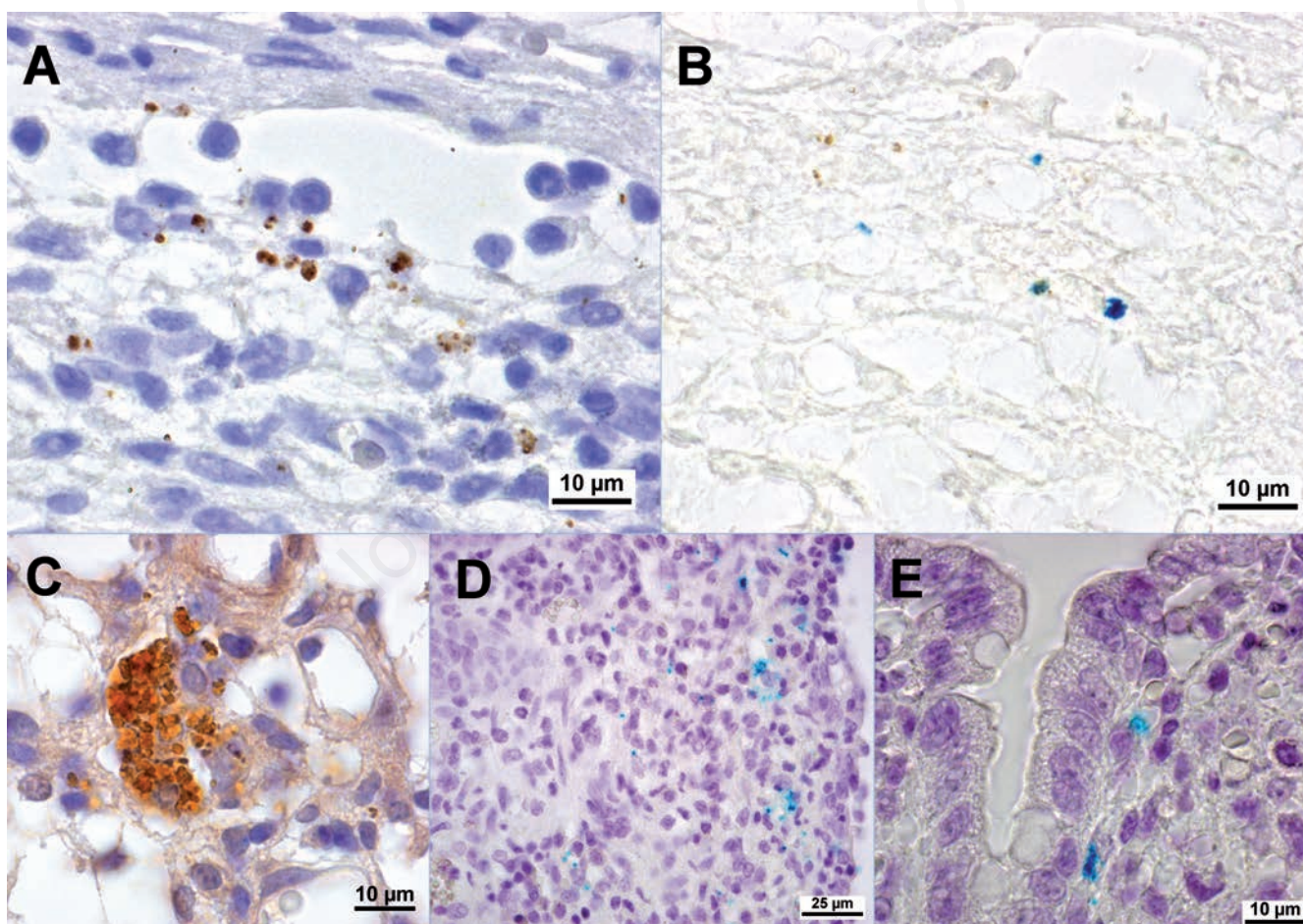


Figure 2. Pigment differentiation. A, B) Subcapsular region of a lymph node. A) Numerous brown staining signals can be observed after staining with protocol 1 but similar ones were also present in IgG as well as buffer control samples (-> C). B) Neighbouring section next to A. First immunohistochemistry followed by iron demonstration with Berlin blue was carried out on the same slide. Blue reaction product identifying iron and brown staining signal of immunohistochemistry can be distinguished. C) Gold-brown staining signals in the medullary region of a lymph node of a control section. The brown pigments could be observed in such concentrated form and as single objects disseminated throughout the tissue. Please also compare this picture to figure 1C. D, E) Ileal tissue, in which *Salmonella* was demonstrated with a green-blue (HistoGreen) instead of a brown reaction product.

disruption of organelles, by literally opening pores in the plasma membrane when used in higher concentrations.³⁷ Within mammalian cells, *Salmonella* inhabits a membrane-bound vacuole known as the Salmonella-containing vacuole but also colonizes the cytosol of cells.³⁸ Therefore, we assume that a permeabilization step in the immunohistochemical protocol is necessary to access the bacteria situated in the cytosol as well as the ones in the membrane-surrounded vacuoles. Negative immunohistochemical results may otherwise be false negatives or the amount of detected bacteria artificially low.

To the best of our knowledge, there are very few published detection limits for the immunohistochemical identification of bacte-

ria in histological samples (10^2 CFU g^{-1} tissue for mycobacteria in fish³⁹). Based on our observations, we propose a detection limit of roughly 10^2 - 10^3 CFU per g tissue in our experimental setup. The detection limit may of course be different for *e.g.*, different antigens, targeted bacteria and chosen staining protocols, as was also demonstrated in this study. Since some recent studies used enzymes in their staining protocols, this could be another option to enhance sensitivity.⁴⁰⁻⁴² An additional reason for a varying immunohistochemical detection limit may be a potential change of surface structure of *S. Typhimurium* in different environments. The antibody used in this study was directed against heat-inactivated LPS from *S. Typhimurium*. As described in the

Results section, staining signals from *S. Typhimurium* recovered directly out of the culture medium were heterogeneous and mostly weak, whereas those of tissue sections of the ileum and colon were strongly visible. We also noticed differences between the tissue resident bacteria and the ones in the intestinal lumen. The observed size differences between the variably stained bacteria could be attributed to the *Quellung* reaction.²² *Quellung* (German word for *swelling*) is the result of the combination of the polysaccharidal bacterial capsule antigens with the specific antibody, resulting in an apparent capsule swelling.⁴³ For the fungus *Cryptococcus neoformans*, which is used as a system to study capsule reactions because it has a large polysaccha-

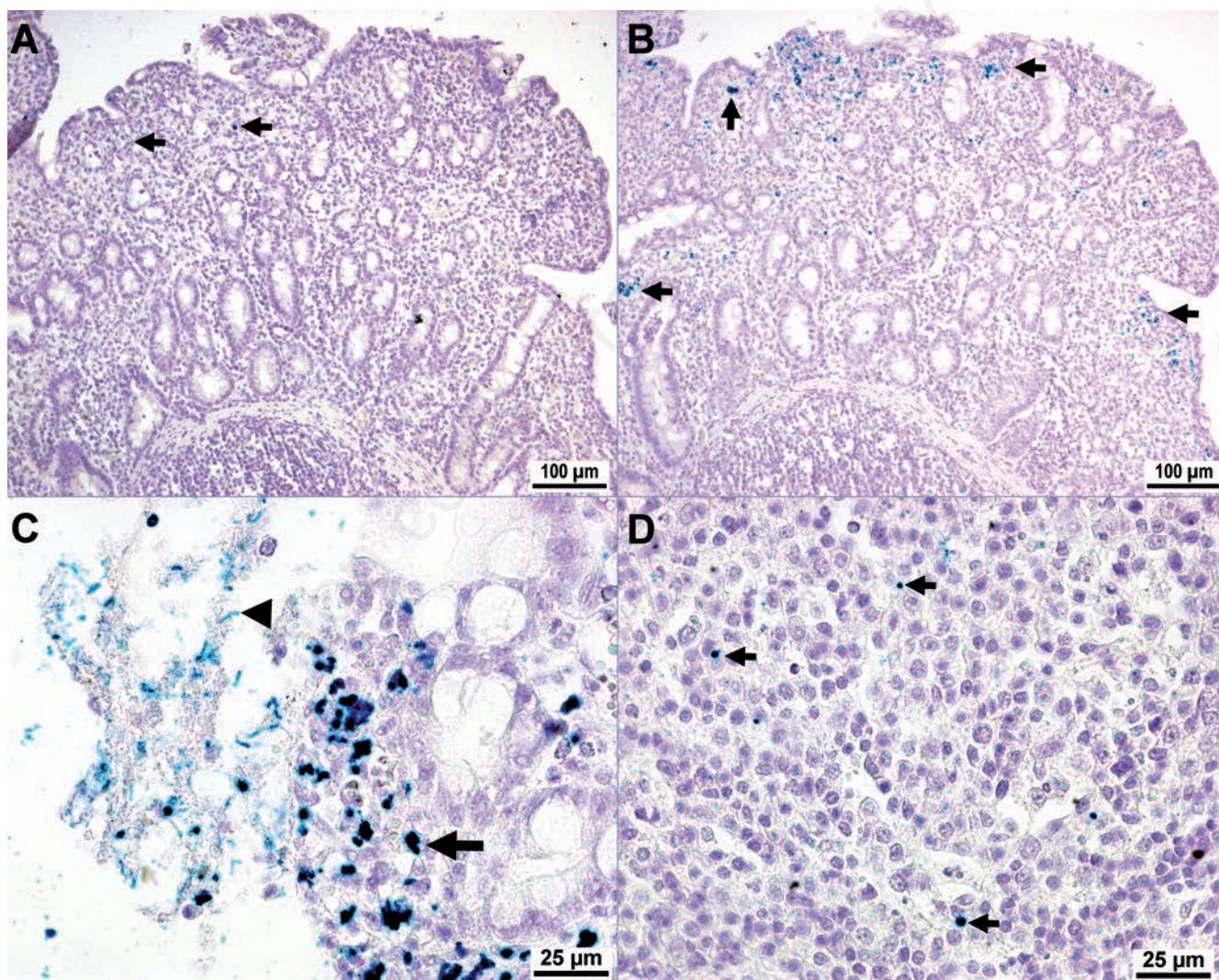


Figure 3. Influence of detergents on the amount of reaction product (*Salmonella* = green-blue staining signals). A) Ileal mucosa not treated with detergent. Few salmonellae are visible (arrow). B) Serial section next to A. Triton X-100 was used in the staining protocol as a detergent. Numerous salmonellae are visible (arrow). C) Higher magnification of ileal epithelium (B). Salmonellae are also visible in the intestinal lumen. Note the differences in staining intensity of single bacteria inside (arrow) and outside (arrowhead) of the tissue. D) *Salmonella* (arrow) could also be demonstrated in the tonsils after introducing a detergent in the protocol. Without it, salmonellae were not detectable in this tissue.

ride capsule that is readily visible by light microscopy, it was shown that distinct capsular reactions depend on the antibody epitope specificity and the yeast serotype.⁴⁴ Therefore different degrees of Quellung-reaction and resulting different detection sensitivities could also be possible in *Salmonella*-immunohistochemistry. It has been established that phase and antigenic variation lead to substantially altered heterogenic phenotypes of a clonal bacterial population. It has been shown that surface antigens in particular vary under differing conditions, even during the journey through the body, to avoid adverse immune reactions and establish long term persistence.⁴⁵ Another reason for the stronger staining signals detected inside of the intestinal tissues might be the tendency of *Salmonella* to form microcolonies,⁴⁶ thereby probably amplifying the antigen concentration in one spot. Additionally, the accumulation of dense material surrounding intracellular *S. Typhimurium*, supposedly originating from lysed bacterial products, was described in an transmission electron microscopical study.⁴⁷ This material could also amplify the staining signal.

In conclusion, the use of detergents seems to be necessary for the proper immunohistochemical detection of *Salmonella* in paraffin embedded tissues and enhances the identification sensitivity. Additionally it is advisable not to use a detection system with brown staining for bacteria in an experimental setup involving intestinal damage including haemorrhage.

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