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DISSERTATION

**Hypothermia and C3 peptide promote
neurite outgrowth and regeneration
after traumatic CNS injury**

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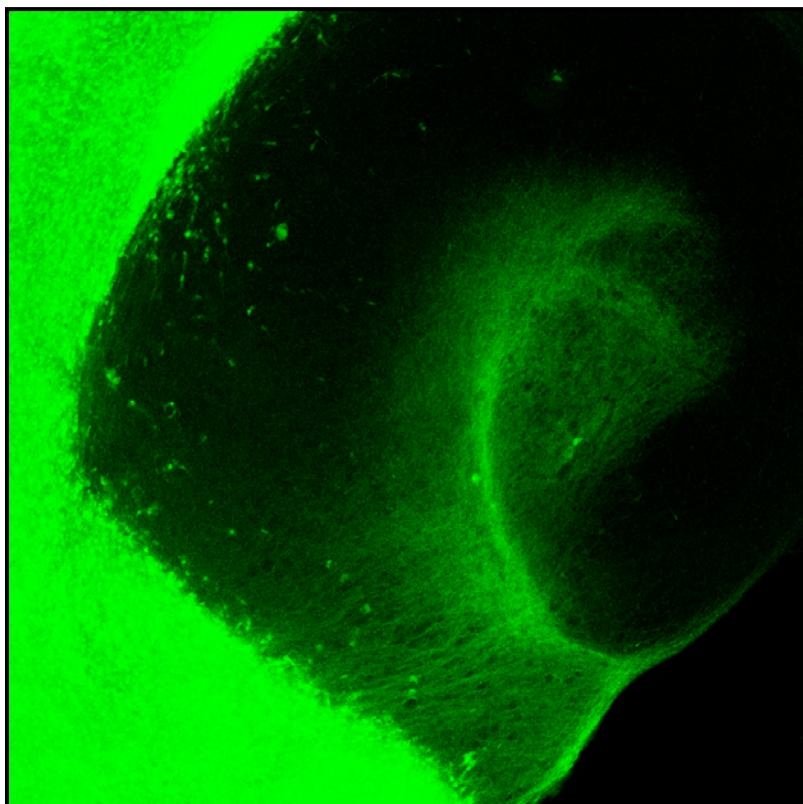
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Hypothermia and C3 peptide promote neurite outgrowth and regeneration after traumatic CNS injury.



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1. Preface

The present short dissertation has the aim to summarize three relevant and independent publications in which I participated during my PhD thesis (Höltje *et al.* 2009; Schmitt *et al.* 2009; Boato *et al.* 2010), with particular focus on my direct contribution. The dissertation follows the guidelines of the “Publication-Based Thesis” within the context of the “International Graduate Program Medical Neurosciences” at the Charité–Universitätsmedizin Berlin. Background information, methodological details as well as parts of results, figures and discussion had to be shortened due to space limitations, but can be found in the respective publications, which are inserted in their entire form in section 9 of this thesis.

2. Abstract

In response to injury and inflammation of the CNS, the expression of inflammatory mediators is often altered, and several of these factors contribute directly to the development of the neuronal injury. Hypothermia (systemic or brain-selective) influences the inflammatory response and is a well-established method for neuroprotection after brain trauma. Here we provide evidence that hypothermia led to a significant increase of neurite outgrowth from brain slices (independent of neurotrophin signalling), accompanied by an increased secretion of TNF- α . Moreover, hypothermia-induced neurite extension was abolished after administration of TNF- α inhibitor and in TNF- α knockout mice. We suggest then that hypothermia not only exerts protective effects in the CNS, but also support neurite outgrowth via TNF- α as a potential mechanism of regeneration.

Importantly TNF- α is known to exert its action through the cellular pathway of the small GTPase RhoA, which plays an active and versatile role in the formation and development of axons and dendrites. Effects of RhoA are often studied by the Rho-inactivating C3 transferase (C3bot) from *Clostridium botulinum*. We previously reported that transferase-deficient C3bot also exerted axonotrophic activity. Using organotypical slice cultures and a hippocampal-entorhinal cortex lesion model, we detected trophic effects of a 29 amino acid transferase-deficient fragment from the C-terminus of C3bot (C3bot¹⁵⁴⁻¹⁸²) on length and density of outgrowing fibers from the entorhinal cortex, that were comparable to the effects elicited by full-length C3bot. *In vivo*, functional recovery and regeneration of corticospinal tract (CST) fibers following spinal cord injury by compression or dorsal hemisection in mice was monitored after application of the transferase-deficient C3bot. C3bot¹⁵⁴⁻¹⁸² significantly improved locomotor restoration in both injury models as assessed by several behavioral paradigms. These data were supported by tracing studies showing an enhanced regenerative growth of CST fibers in treated animals. Additionally, C3bot¹⁵⁴⁻¹⁸² stimulated regenerative growth of raphe spinal fibers and improved serotonergic input to lumbar α -motoneurons. The observed effects were probably due to a non-enzymatic down-regulation of active RhoA by the C3 peptide as indicated by pull-down experiments. In conclusion, C3bot¹⁵⁴⁻¹⁸² represents a novel, promising tool to foster axonal protection and/or repair, as well as functional recovery after traumatic CNS injury.

3. Introduction and Aims

Traumatic brain (TBI) and spinal cord (SCI) injuries are significant causes of death and severe disability worldwide; they result in high morbidity and long-term problems in performing the activities of daily life (1). Systemic or brain-selective hypothermia has been established as an effective neuroprotective treatment in multiple studies (2,3) and moreover can prevent secondary damage, which is initiated through inflammatory responses following injury (3). There are some indications that hypothermia may not only influence neuronal cell survival, but also promote regenerative responses after brain damage (4). For these reasons, and since inflammatory cytokines play a major role in modulating neurite outgrowth and regeneration (5, 6), our aim (7) was to investigate whether hypothermia and rewarming influence neurite outgrowth after injury via modulation of the post-injury cytokine milieu. We demonstrated that tumor necrosis factor-alpha (TNF- α) levels were significantly upregulated after hypothermia and rewarming in contrast to IL-1beta, IL-6 and IL-10. In functional assays we provide for the first time evidence that for TNF- α involvement in hypothermia-induced neurite extension.

Importantly TNF- α is known to exert its action through the cellular pathway of the small GTPase RhoA (8), which are key molecules in orchestrating cytoskeletal rearrangements linking surface signals to cytoskeleton-associated proteins (9-11). Bacterial C3 transferases have been used since their discovery (over 20 years ago) to study the function of Rho proteins in virtually all cellular systems of eukaryotic origin (12,13) and have been proven to foster neurite outgrowth and regeneration (14-18). Its mode of action, namely enzymatic inactivation of Rho proteins (especially RhoA) is well understood. Non-enzymatic interactions and cellular effects were also recently discovered. Using primary cultures of hippocampal neurons, it was demonstrated that C3bot possesses an additional axonotrophic function independent from its enzymatic activity (14). Our aim (15) was to identify the precise region of C3bot responsible for the neurotrophic effect, by using various C3bot-derived peptide fragments that lack enzymatic transferase activity. Application of a 29-amino acid fragment (C3bot¹⁵⁴⁻¹⁸²) influenced also fiber outgrowth and reinnervation of target tissues in organotypical hippocampal/entorhinal slice cultures, more closely related to the *in vivo* situation. Furthermore, C3 proteins were successfully used to improve functional recovery after spinal cord injury (SCI, an established *in vivo* model for investigating the intrinsically limited neuronal regeneration of the CNS) (16,17). Since it was clear that C3bot also exerts its growth-promoting effects on neurons by an enzyme-independent activity, the aim of our most recent study (18) was to investigate the ability of C3bot¹⁵⁴⁻¹⁸² to stimulate central axonal repair and functional recovery after contusive SCI or dorsal hemisection. Additionally, the effect on the maintenance of neuromuscular junctions of tibial skeletal muscles and the putative C3bot¹⁵⁴⁻¹⁸²-mediated effects on active RhoA levels of certain subsets of cultivated neurons were investigated.

4. Results

We investigated the effects of deep hypothermia and rewarming on neurite outgrowth from acute organotypic brain slices using a dynamic time-temperature protocol over 24 h. Organotypic brain slices were embedded in a three-dimensional collagen matrix and the concave part of the entorhinal cortex explants was photo-documented. To confirm that the observed extensions from the brain slice are neurites, immunofluorescence was performed using a specific antibody against Tau-1. A specific antibody against GFAP as a marker for astrocytes did not mark any extension. Higher magnification of Tau-1-labeled neurites showed characteristic growth cones suggesting that these neurites are axons and not dendrites. To precisely quantify neurite outgrowth we improved a standard protocol (15,19) by using image analysis software. The concave part of the entorhinal cortex explants was photodocumented using a 10X objective (see the section material and methods Figure 3). To quantify the density of the outgrowing neurites image processing based on the Sobel algorithm was performed. The mean intensity was then calculated in a standardized area parallel to the brain slice edge. Compared with control brain slices that were kept at 37°C during the experiment, applying the dynamic time-temperature protocol over 24 h lead to significantly increased neurite density in brain slices after deep hypothermia and rewarming.

As NT-3 and NT-4 are the major neurotrophins responsible for neurite growth from organotypic brain slices we investigated brain slices derived from mice either homozygous for NT-4 deficiency (NT-4^{-/-}) or with a combined homozygous NT-4 deficiency and heterozygous NT-3 deficiency (NT-3^{+-/-} /NT-4^{-/-}) (a full NT-3 knockout is lethal). Neurite growth was still increased by hypothermia in brain slices derived from NT-4 KO mice. Furthermore, a combination of NT-4 deficiency and a substantial reduction of NT-3, in mice homozygous for NT-4 deficiency and heterozygous for NT-3 deficiency, did not abolish the growth-stimulatory effect of hypothermia on neurites. To further investigate whether hypothermia-induced neurite outgrowth is independent of neurotrophin signaling, we applied K252a, which is a potent inhibitor of the neurotrophin receptors TrkA, TrkB and TrkC in nanomolar concentrations (20-22). The application of 100 nM to the culture medium reduced neurite growth from control slices, but did not abolish the significant stimulation of neurite growth by deep hypothermia and rewarming. In a next step we investigated whether the levels of selected inflammation-associated cytokines like IL-1beta, IL-6, IL-10 and TNF- α secreted by organotypic brain slices are modulated 24 h after experimental start by deep hypothermia and rewarming. The secretion of IL-1beta (37°C: 2200 fg/mL \pm 110; hypothermia and rewarming: 1200 fg/mL \pm 970), IL-6 (37°C: 166 pg/mL \pm 9.19; hypothermia and rewarming: 168 pg/mL \pm 9.90) and IL-10 (37°C: 5700 fg/mL \pm 3970; hypothermia and rewarming: 6400 fg/mL \pm 3360) by organotypic brain slices was not substantially modulated, in contrast to TNF- α secretion, which was significantly increased nearly fourfold (37°C: 1200 fg/mL \pm 230; hypothermia and rewarming: 4300 fg/mL \pm 1140) after deep hypothermia and rewarming. Based on these finding we further explored whether the TNF- α upregulation plays a causal role in stimulating neurite extension after hypothermic treatment. As a first step, we demonstrated that TNF- α was sufficient to increase neurite extension from brain slices. TNF- α increased neurite density by nearly 45%, a similar effect like deep hypothermia/rewarming. Next we used the TNF- α inhibitor etanercept, which fully abolished the stimulatory effect of hypothermia and rewarming. Furthermore, the absence

of endogenous TNF- α in slices derived from TNF- α -deficient mice fully eliminated the effect of deep hypothermia and rewarming (7).

Since there are strong evidences that TNF- α influences neurite growth through the cellular pathway of RhoA (8), which is a small GTPase very important in orchestrating cytoskeletal rearrangements (9-11), we studied the effect on neurite outgrowth, neuroprotection and regeneration mediated by bacterial C3 transferases or derived peptides, which are intensively used to study the function of Rho proteins. The C3 isoforms C3bot (from *Clostridium botulinum*) and C3lim (from *Clostridium limosum*) can perform an enzymatic inactivation of Rho by ADP-ribosylation. As previously shown, C3bot additionally harbors an axonotrophic activity, which is independent from its enzymatic activity and not shared by C3 proteins from other sources (14). Using overlapping peptides from the C3bot sequence, we identified (15) a small peptide of 29 amino acids (covering residues 154-182) from the C-terminal region of C3bot that promotes both axonal and dendritic growth, as well as branching of hippocampal neurons, at submicromolar concentrations. Several C3bot constructs, including the short peptide, enhanced the number of axonal segments from mid- to higher-order segments. C3bot¹⁵⁴⁻¹⁸² also increased the number of synaptophysin-expressing terminals, up-regulated various synaptic proteins, and functionally increased the glutamate uptake. Staining against the vesicular glutamate and GABA transporters further revealed that the effect was attributable to a higher number of glutamatergic and GABAergic inputs on proximal dendrites of enhanced green fluorescent protein (EGFP)-transfected neurons (results not discussed). Furthermore, we studied the influence of C3 proteins on axon outgrowth under conditions closely related to the *in vivo* situation, namely the organotypical brain slice culture. Dissected entorhinal cortex slices were incubated for 48 h with C3bot (a concentration of 300 nM was used to overcome a putative restricted diffusion of full-length protein into the collagen matrix used) and C3bot¹⁵⁴⁻¹⁸² (50 nM). Length and density of regrowing axons mainly belonging to the perforant path in the *in vivo* situation were evaluated. Both parameters were significantly increased by both C3bot and the peptide. C3bot¹⁵⁴⁻¹⁸² increased axonal length and density by 44 and 37%, respectively. Full-length C3bot was able to increase the length by 60% and density by 38%. We then used another organotypical culture system that allows investigating the ability of axons to reinnervate target tissues after lesion. The hippocampal-entorhinal cortex coculture is widely used to study axon growth and pathfinding (23,24). We used an EGFP/wild-type culture model that combines the entorhinal cortex of a β -actin-EGFP mouse with the hippocampus of a wild-type mouse. EGFP-expressing axons are clearly detectable in the nonfluorescent wild-type hippocampus. Special emphasis was taken on the perforant path that originates from the upper layers of the entorhinal cortex and terminates in the marginal zones of the hippocampus and the outer molecular layers of the dentate gyrus. Slice cocultures were incubated with C3bot or C3bot¹⁵⁴⁻¹⁸² for 48 h as in the outgrowth assay. In contrast to the control conditions, in which only a moderate reinnervation of wild-type hippocampus by EGFP expressing axons of the perforant path was observable (Figure 1A-D) both full-length C3bot and C3bot¹⁵⁴⁻¹⁸² enhanced the reinnervation significantly by 40% (Figure 1E).

Prompted by these results we investigated the *in vivo* effects of the 29-amino acid fragment C3bot¹⁵⁴⁻¹⁸² on functional recovery after contusion injury or dorsal hemisection of the spinal cord in mice. Gel foam patches soaked in C3bot¹⁵⁴⁻¹⁸² solution (40 μ M, 610 ng per animal) were applied directly above

the injury site. We analyzed the locomotor function in these mice using the Basso Mouse Scale (25), an open-field test and Rotarod treadmill to analyze the performance under forced movement.

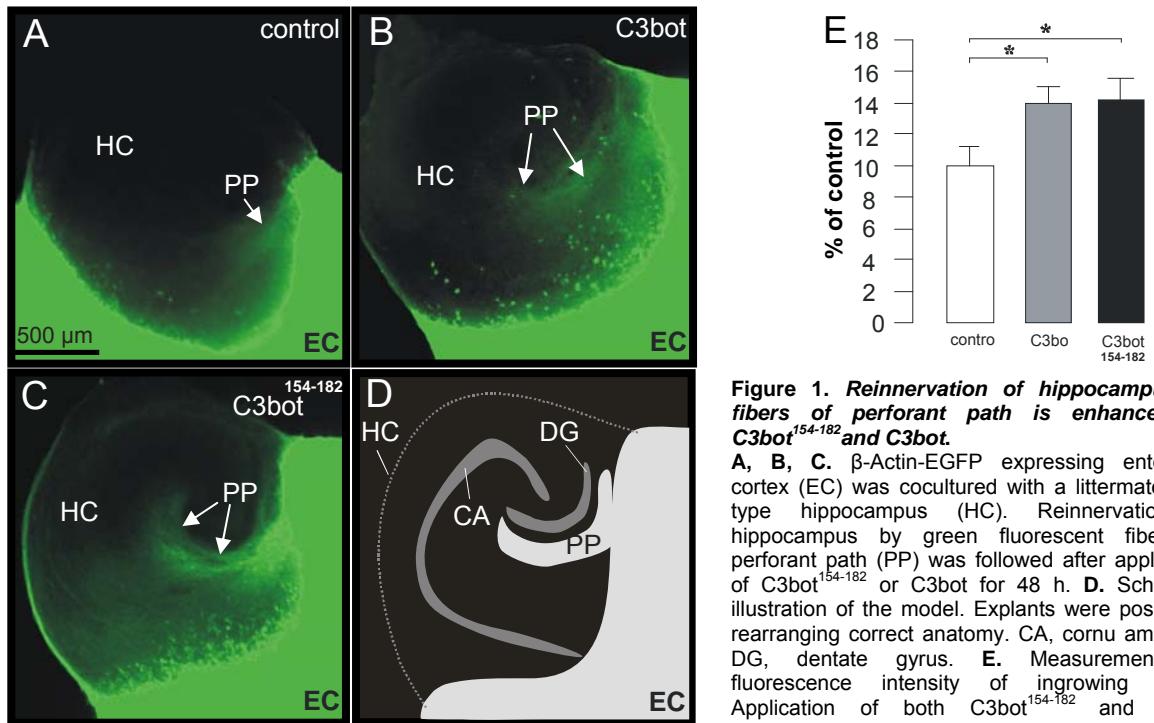


Figure 1. Reinnervation of hippocampus by fibers of perforant path is enhanced by C3bot¹⁵⁴⁻¹⁸² and C3bot.

A, B, C. β -Actin-EGFP expressing entorhinal cortex (EC) was cocultured with a littermate wild-type hippocampus (HC). Reinnervation of hippocampus by green fluorescent fibers of perforant path (PP) was followed after application of C3bot¹⁵⁴⁻¹⁸² or C3bot for 48 h. D. Schematic illustration of the model. Explants were positioned rearranging correct anatomy. CA, cornu ammonis; DG, dentate gyrus. E. Measurements of fluorescence intensity of ingrowing fibers. Application of both C3bot¹⁵⁴⁻¹⁸² and C3bot enhanced perforant path formation by 40%.

In the BMS analysis, the locomotor function was significantly increased during the whole observation period in contusion-injured mice treated with C3bot¹⁵⁴⁻¹⁸² patches. The motor performance of both treated and untreated mice was more affected in the hemisection model than after contusion injury. The clear beneficial effect of the C3 peptide in the former model was particularly pronounced during the last two weeks of the observation period; in the case of hemisection, the observation period was extended to four weeks (compared to three weeks in the contusion model) as the lesion was more severe. Since correct foot placing is associated with proper CST function (26,27), we also analyzed stepping and correct paw positioning scores for the contusion model. Treated animals showed improved stepping and especially paw positioning from day 8 on, with substantial improvement over subsequent days, whereas control animals had minimal scores throughout the observation period. Furthermore, C3bot¹⁵⁴⁻¹⁸² application increased the latency for the mice to fall from the Rotarod in both models. Detailed photodocumentation revealed that treated mice displayed more efficient climbing behavior on the turning wheel, while control mice showed a tendency to lose grip early, at low rotation speed. After completing the behavioral examination we addressed whether the improved recovery of treated animals included enhanced axonal growth of descending spinal motor fibers. Analysis of the BDA-traced corticospinal tract showed a significantly increased percentage of nerve fibers between the end of the tract and the center of the contusion injury lesion. Moreover, the number of fibers passing through the lesion center was significantly increased at 0.5 mm (Figure 2A-C). In line with the latter, an increased number of BDA-positive fibers caudal to the lesion site was detected following hemisection and treatment with the C3 peptide (Figure 2D-F). We even detected an increased

percentage of regenerating nerve fibers as far as 5 mm caudal from the lesion center (Figure 2F). Taken together, the data at this stage provided strong evidence of a C3bot¹⁵⁴⁻¹⁸²-mediated improvement of axonal sprouting and/or regeneration following damage to the spinal cord. Additionally, the early onset of improvement, especially in the BMS tests following contusion injury, indicated that the C3 peptide might also have neuroprotective effects.

To detect possible effects of C3bot¹⁵⁴⁻¹⁸² on the lesion size and reactive gliosis, spinal cord sections were double-stained for glial acidic fibrillary protein (GFAP) and myelin basic protein (MBP). Evaluation of contusion-induced lesion size revealed a reduction of tissue damage by 25% following administration of C3 peptide. On the other hand, gliosis as measured by perilesional GFAP expression by reactive astrocytes was not significantly altered by C3bot¹⁵⁴⁻¹⁸². In the hemisection model, neither lesion size nor astrogliosis were affected by the peptide. However, recovery of function after SCI might not exclusively rely on regenerative growth of CST fibers.

To test for beneficial effects of C3 peptide on other tracts beside the CST we visualized serotonergic raphe spinal projections by an anti-serotonin (5HT) antiserum in mice injured by hemisection. In the ventral funiculus the total length of serotonergic fibers was assessed cranial and caudal to the lesion site. Whereas the total fiber length cranial to the lesion was unaltered after application of C3bot¹⁵⁴⁻¹⁸², it was significantly increased caudal to the lesion at more than 3-fold compared to control mice. Serotonergic fibers set up a network of projections to the grey matter in order to contact interneurons and motoneurons. Research has suggested that serotonergic fibers originating from the brainstem might form conventional synapses with these neurons within the ventral horn (28). It is well established that serotonergic input to spinal motoneurons activates motor functions (29). Consequently, we addressed the question whether treatment with C3 peptide leads to an increased serotonergic input to lumbar motoneurons and whether this contributes to the improved motor outcome. At lumbar levels L1-L2 we counted 5HT-positive boutons on α-motoneurons of the ventral horn. We found that application of C3bot¹⁵⁴⁻¹⁸² considerably increased the average number of serotonergic contacts from 3.6 (per 100 μm cell perimeter) to 10.3. Notably, the increased serotonergic contacts corresponded very well to the increased density of serotonergic fibers within the ventral funiculus caudal to the lesion site. Taken together, these data provide strong evidence for a C3 peptide-mediated improved serotonergic input to lumbar α-motoneurons, thereby contributing to an enhanced hind limb motor performance.

In addition to the investigations described above, we studied the putative effects of C3bot¹⁵⁴⁻¹⁸² treatment on the neuromuscular junctions of tibial muscles of the hind limb (*M. tibialis cranialis*) following injury at the end of the observation period. The tibial muscles are crucially involved in lifting the paw during movement on both level surfaces and when clinging to a (rotating) rod. After longitudinal sectioning, we applied the established labeling technique using Alexa Fluor 488-coupled α-bungarotoxin (30) to visualize and quantify motor endplates. Following contusion, the number of motor endplates decreased by 17% (normalized to the number of muscle fibers) in the control/SCI group compared to intact mice. This reduction in the number of motor endplates was completely prevented by administration of C3bot¹⁵⁴⁻¹⁸². After hemisection, loss of endplates in general was more severe. The number of endplates in the PBS group was declined to 55%. Treatment with the C3

peptide restored the number of endplates to 85%. No obvious differences in the size or general morphology of endplates were detected between the groups.

To gain insight into the molecular mechanisms contributing to the observed morphological changes we determined active RhoA levels by Rhotekin pull-down analysis from hippocampal cell lysates. RhoA is known to be crucially involved in actin and microtubule dynamics. Application of C3bot¹⁵⁴⁻¹⁸² at final concentrations of 10 or 30 nM to hippocampus cultures resulted in a strong reduction of active RhoA levels, while total RhoA protein expression was unchanged. Thus, despite the lack of enzymatic activity, the C3 peptide is likely to exert its effects by means of a RhoA-dependent mechanism.

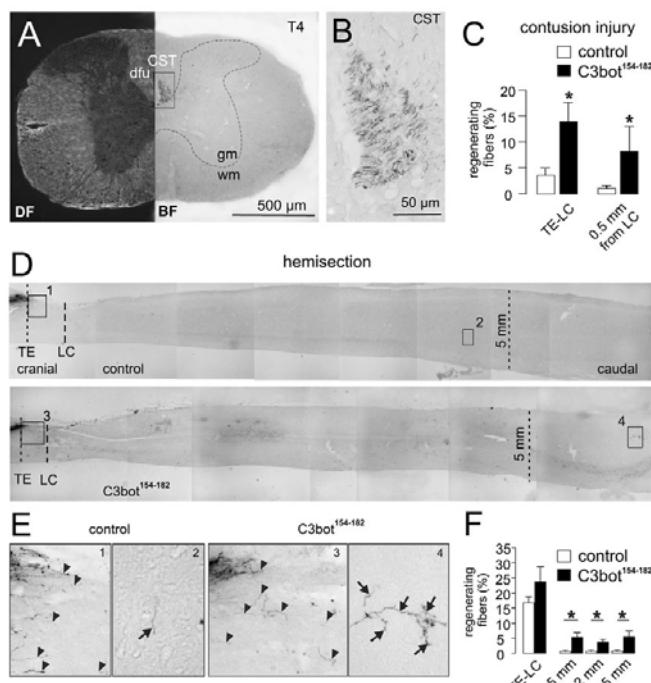


Figure 2. Quantification of nerve fibers between the tract end and the lesion center and caudal to the lesion in two models of spinal cord injury in mice.

A. Cross section of spinal cord at thoracic level 4 (T4) illustrating tracing of the left CS. BF, brightfield illumination; DF, darkfield illumination; dfu, dorsal funiculus; gm, grey matter; wm, white matter. B. Enlargement of the boxed area in A depicting the dorsal corticospinal tract (CST). C. The percentage of labeled nerve fibers was significantly increased in contusion-injured mice treated with C3bot¹⁵⁴⁻¹⁸² compared with controls. Bars represent the percentage of nerve fibers in the area between the end of the CST and the lesion center (TE-LC) and in the area 0.5 mm distal to the lesion center (0.5 mm from LC). PBS, $n=6$ animals; C3bot¹⁵⁴⁻¹⁸², $n=5$ animals D. Parasagittal spinal cord sections of mice that underwent SCI by dorsal hemisection. Images show CST tracing. TE, tract end; LC, lesion center. E. Higher magnification of the numbered and boxed areas in D. Arrowheads indicate nerve fibers between the tract end and the lesion site, arrows indicate fibers passing the lesion center. F. The percentage of labeled nerve fibers caudal to the lesion was significantly increased in hemisection-injured mice treated with C3bot¹⁵⁴⁻¹⁸² compared with control mice. Bars indicate the percentage of nerve fibers in the area TE-LC and in the area 0.5 mm, 2 mm and 5 mm distal to the lesion center. PBS, $n=5$ animals; C3bot¹⁵⁴⁻¹⁸², $n=7$ animals. * $P<0.05$.

5. Discussion

TBI and SCI are major sources of death and disability. Around 40% of the TBI patients are left with permanent neurological disabilities and the percentage is even higher when talking about SCI (1). In addition to the emotional effects the financial burden is also enormous. One well-established method for neuroprotection in the context of TBI is the direct application of systemic or brain-restricted hypothermia to prevent secondary injury (31). In a meta-analysis looking at the effects of hypothermia on clinical neurological outcome in patients with TBI, most investigations showed that cooling can be effective if the treatment is initiated early and continued for long enough and if patients are rewarming slowly (2). Therefore, in our cell culture model, acute organotypic brain slices were directly cooled down to 17°C and after 2 h the slices were rewarming over a period of 2 h to 37°C.

We and others have previously demonstrated that hypothermia also modulates the brain immune system (4,19,32,33). Based on these findings we addressed the question of whether hypothermia may support not only neuronal cell survival (4,32) but also regenerative responses after brain damage (31). In contrast to previous studies focused mainly on neuroprotection we investigated whether hypothermia induces neurite growth via neurotrophins and/or inflammation-associated cytokines that have been shown to modulate neurite outgrowth and regeneration (5,6). Organotypic brain slice cultures underwent a dynamic time-temperature protocol of deep hypothermia and rewarming over 24 h resulting in a significant increase of neurite growth.

Organotypic brain slices are a well-established *in vitro* model to study neurite plasticity, growth and regeneration (24). As brain slices are acutely cut out of the living brain they are in fact a trauma model because most neurites are dissected, the blood-brain barrier is heavily damaged, many cells die, and astrocytes and immune cells become highly activated (34-36). As NT-3 and NT-4 are the major neurotrophins responsible for neurite growth in organotypic brain slices (24), we investigated whether these neurotrophins are also responsible for the hypothermia-induced increase in neurite growth.

Surprisingly, hypothermia still increases neurite growth even in the absence of NT-4 in brain slices derived from NT-4 KO mice. Furthermore, the additional reduction in NT-3 secretion, in mice homozygous for NT-4 deficiency and heterozygous for NT-3 deficiency, does not abolish the growth-stimulatory effect of hypothermia on neurites. To address the question of whether hypothermia-induced neurite outgrowth is independent of neurotrophin signaling, we applied K252a, which is a potent inhibitor of the neurotrophin receptors TrkA, TrkB and TrkC in nanomolar concentrations (20-22). Surprisingly, neurotrophin receptor inhibition by K252a application did not abolish hypothermia-induced increase in neurite extension. These data indicate that the increase of neurite extension by hypothermia is independent of neurotrophin signaling. The analysis of the levels of IL-1beta, IL-6, IL-10 and TNF- α , which are known to influence neurite extension, revealed that only TNF- α secretion is significantly increased (nearly four-fold) after deep hypothermia and rewarming of organotypic brain slices. TNF- α is a pleiotropic cytokine that induces neuroprotective and neurotoxic effects after CNS injury (37-39). In the present study we have demonstrated that TNF- α increases neurite outgrowth in brain slices by nearly 45%, thus, at a level comparable with the stimulatory effects of hypothermia. The use of the TNF- α inhibitor as well as the absence of endogenous TNF- α in slices derived from TNF- α -deficient mice fully abolished the effect of deep hypothermia and rewarming. In line with this discussion, it has been shown that chilling and rewarming of murine brain slices lead to a substantial proliferation of dendritic spines of mature hippocampal neurons (40). Similar structural changes have been reported for dendrites of CA3 pyramidal cells in ground squirrels after arousal from hibernation (41), suggesting a physiological role of neuronal plasticity after hypothermia and rewarming. The role of TNF-alpha in these processes is not known. However, in the context of our study it will be important to analyze whether the TNF- α -induced neurite growth shown in the present study is truly beneficial (i.e., pro-regenerative) or whether it may even have detrimental effects such as contributing to posttraumatic epileptogenesis. The data presented so far clearly show that TNF- α is necessary and sufficient to increase neurite outgrowth in the context of deep hypothermia and rewarming. This part of the study provides for the first time evidence that hypothermia not only exerts protective effects in the

CNS but also supports neurite outgrowth via TNF- α upregulation as a possible mechanism of regeneration.

Most probably, as previously shown (8), TNF- α influence neurite outgrowth through the cellular pathway of a small GTPase, namely RhoA which has been intensively studied in virtually any CNS injury model *in vitro* and *in vivo* for his capacity of orchestrating cytoskeletal rearrangements (9-11). Interestingly the C3 isoforms C3bot and C3lim are able to enzymatic inactivation of Rho by ADP-ribosylation and are then extensively used in cell biology to analyze Rho-dependent effects on axonal and dendritic development. Since C3bot additionally harbors an axonotrophic activity, which is independent from its enzymatic activity and not shared by C3 proteins from other sources (14) we studied the effect of a 29 amino acids long enzyme-deficient peptide derived from the C-terminal part of C3bot (C3bot¹⁵⁴⁻¹⁸²). C3bot¹⁵⁴⁻¹⁸² exhibits trophic effects on neuronal morphology, and enhances axonal outgrowth and regeneration (reinnervation) in organotypical brain slices. In contrast to full-length enzyme-deficient C3botE174Q (14), C3bot¹⁵⁴⁻¹⁸² also alters dendritic morphology. In hippocampal primary cultures, C3bot¹⁵⁴⁻¹⁸² resulted in significant enhancement of axonal and dendritic outgrowth. Whether or how C3bot peptides enter the neuron is unclear so far.

C3 proteins have proven to foster neuronal survival and regeneration in a variety of model systems, e.g., the optic nerve (42). The present study (15) demonstrates the beneficial outcome of C3 protein treatment for neuronal outgrowth and even reinnervation of denervated target tissues such as the hippocampus formation by perforant path fibers of the entorhinal cortex. One might speculate whether the enhanced ingrowth of fibers is the mere result of a boosted growth program of entorhinal neurons alone or also results from alterations within the target tissue like the expression of attractive cues. So far, however, there is no evidence for C3 protein effects on such mechanisms. Above all, it undoubtedly shows that a short region of C3bot exhibiting no enzymatic activity is sufficient to trigger comparable promoting effects. Since C3bot-mediated effects described so far may not exclusively rely on ADP ribosylation of Rho proteins, but rather reflect the net outcome of differentially triggered pathways converging in putative common downstream cytoskeletal targets also *in vivo*, we tested the peptide in two models of spinal cord injury.

Our latest study clearly shows that treatment with C3bot¹⁵⁴⁻¹⁸² is also effective *in vivo* and results in improved recovery from spinal cord injury. We studied two spinal cord injury models. Although the most common type of SCI in humans involves compressive impact (43,44), cutting CST fibers by performing a hemisection up to at least the central canal creates a more defined lesion and allows distinguishing between newly formed, therefore regenerated, and spared fibers (43,45). Two experimental settings designed to observe functional recovery after spinal cord injury detected an improved motor performance in treated animals as early as within the first week following compression injury. This early onset of improved functional recovery might indicate not only beneficial effects on neurological repair mechanisms but also a neuroprotective effect of C3bot¹⁵⁴⁻¹⁸². This evidence was underlined by the fact that treatment with the peptide resulted in reduced tissue damage (lesion size) following contusive SCI.

The lesion size was unaltered after dorsal hemisection and the beneficial effects of the peptide appeared later than using the contusion injury model. In the latter, the BMS score demonstrated significant benefit only two days post-injury and this positive trend persisted throughout the almost 3-

week observation period. Upon completion, treated animals exhibited a higher degree of coordination between fore limbs and the affected hind limbs (25). Additionally, improved locomotor restoration, such as frequent plantar stepping and parallel paw position relative to the body axis, contributed to the improved outcome. Both plantar stepping and especially paw positioning showed the highest improvement following C3bot¹⁵⁴⁻¹⁸² treatment during the final 2 weeks of the observation period. Furthermore, the BMS open-field data were well supported by the Rotarod forced-movement experiments and emphasized the effectiveness of the treatment. Hemisection represented a more severe injury in general (both control and treated animals performed worse than after contusion injury, according to the BMS scores and the Rotarod experiments). Nevertheless, in both tests the effect of the C3 peptide could be observed, particularly in the final days of the observation period.

To determine whether the improved functional recovery after SCI was reflected by histological differences between the different treatment groups, we first quantified BDA+ axons of the corticospinal tract (CST). In animals treated with C3bot¹⁵⁴⁻¹⁸² a significantly enhanced number of BDA-labeled axons caudal to the lesion site were observed following both contusion injury and hemisection. Increased numbers of fibers cranial to the lesion were also observed in the case of contusion. Indicators such as distance or time course of growth can also be employed to characterize axonal response in terms of plasticity, sprouting or regeneration (46). Particularly in the hemisection model, we detected alterations in axonal growth over moderate distances (< 1 mm from the corticospinal tract end), which might indicate local regenerative sprouting, but also over a distance as far as 5 mm from the lesion center, which is likely to represent regeneration. We can exclude that the fibers detected caudal to the lesion originated from uninjured ventral CST fibers because in our hemisection model the ventral funiculus was severed by a median cut in addition to the transection of the dorsal half of the spinal cord. Based on morphological criteria the BDA+ fibers crossing the lesion site appear to represent newly established fibers, even if in the compression injury model we cannot exclude that they represent branching from spared fibers. Supporting our CST data, an enhanced number of serotonergic fibers caudal to the lesion were observed in mice treated with C3bot¹⁵⁴⁻¹⁸² following hemisection. Moreover, serotonergic input to lumbar α-motoneurons of the ventral horn was enhanced by the peptide to a similar degree. The primary role of 5HT in the mammalian spinal cord mainly originating from medullary raphe nuclei seems to be the facilitation of motor performance, as well as the coordination between motor, autonomic and sensory systems (47-50). Our findings of improved serotonergic input to lumbar motoneurons thus provide strong evidence for one likely mechanism that leads to enhanced functional recovery in mice treated with C3bot¹⁵⁴⁻¹⁸². However, a mixture of axonal responses, including those of local circuits, for example at lumbar spinal cord segments harboring the hind limb α-motoneurons, may have additionally contributed to the observed improved clinical outcome. Animals treated with C3bot¹⁵⁴⁻¹⁸² exhibited also a reduced motor endplate loss in a tibial muscle (*M. tibialis cranialis*) following both lesion types. Following hemisection, the number of motor endplates was more strongly reduced than after contusion of the spinal cord.

As mentioned above, numerous studies have demonstrated that clostridial C3 proteins foster axonal repair mechanisms after traumatic injury to the CNS inhibiting the small GTPase Rho. The pull-down studies presented here provide the first evidence of the molecular mechanisms of C3bot¹⁵⁴⁻¹⁸² action. Our data clearly show that also C3bot¹⁵⁴⁻¹⁸² can reduce active RhoA levels by an as yet unknown non-

enzymatic mechanism. Possibilities include that RhoA may be influenced directly by the internalized peptide or indirectly via GEF (guanine nucleotide exchange factors) inhibition or GAP (GTPase activating proteins) activation. In summary, our data indicate a direct, neuron-specific effect because no enzyme-independent effects were observed on glial cells in response to C3 preparations (51-53). The clear specificity of effects makes this peptide an excellent candidate for fostering neuronal-process growth without eliciting potentially unwanted glia-derived side effects (characteristic of the full length enzyme). Taken together, these data indicate that this short C3bot-derived amino acid fragment C3bot¹⁵⁴⁻¹⁸² is a novel and promising tool to specifically enhance process outgrowth of central neurons and promote recovery after traumatic injury to the CNS.

6. Material and Methods

Animals and factors: C57BL/6 wild-type mice, NT-3 and NT-4 knockout mice [NT-3+/+/NT-4-/ and NT-3+/-/NT-4-/-] as well as TNF- α -deficient mice (54) were used for the experiments on postnatal day two. Balb/c mice for in vivo experiments were used at 9–11 weeks old. K252a (Calbiochem, Schwalbach, Germany), which is a potent inhibitor of TrkA, TrkB and TrkC (20-22), was used in concentrations of 100 nM or 1 mM in dimethyl sulfoxide (DMSO). Etanercept (Enbrel® Whyeth, Munster, Germany) was used in a concentration of 80 mg/mL (55). C3bot¹⁵⁴⁻¹⁸² was synthesized at IPF PharmaCeuticals GmbH (Hannover, Germany). C3bot was expressed as recombinant GST-fusion protein in *E. coli* TG1 harboring the respective DNA fragment in the plasmid pGEX-2T (15).

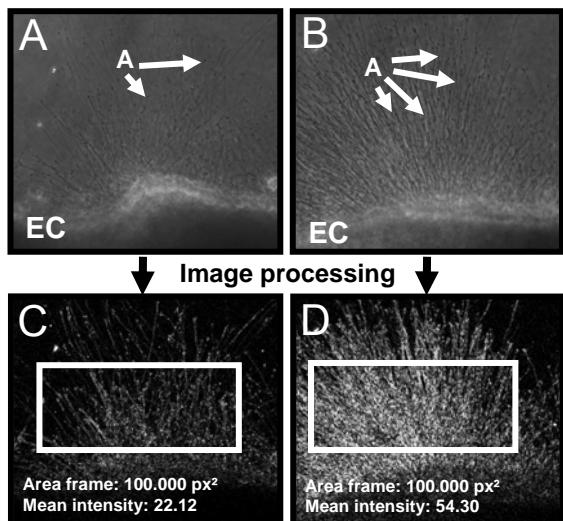


Figure 3. Quantification by image analysis reveals stimulation of neurite outgrowth by hypothermia and rewarming.

A, B. Representative photomicrographs of a brain slice with intermediate outgrowth (A) and a brain slice with strong outgrowth (B). C, D. To quantify the density of the outgrowing neurites (arrowheads) image processing based on the Sobel algorithm was performed to determine the mean intensity in a standardized area parallel to the brain slice edge (indicated as white boxes).

Acute organotypic slice cultures: Collagen type I from rat tail was dissolved in 0.1 M acetic acid at a final concentration of 2 mg/mL. All organotypic slice cultures were prepared on postnatal day 2 from mouse entorhinal cortex as previously described (19). The collagen cultures were incubated for 24 h or 48 h. To analyze reinnervation of the denervated hippocampus an entorhinal cortex of a β -actin-EGFP mouse was combined with a hippocampus of a wild-type (EC-HC). The cultures were prepared on membrane (Millipore) and incubated for 48h as described above (24). **Time-temperature protocol and Enzyme-linked immunosorbent assay (ELISA):** Acute organotypic brain slices were cooled

down from 37°C to 17°C for 2 h, followed by rewarming up to 37°C for a period of 2 h. After a follow-up phase of 20 h at 37°C cytokine release and neurite outgrowth were analyzed. Normothermic control slices were incubated at 37°C throughout the experiments. Conditioned medium from slice cultures was tested for IL-6, TNF- α , IL-1beta and IL-10 using ELISAs according to the manufacturer's instructions (BD Bioscience, Heidelberg, Germany). ***Spinal cord injury, corticospinal tract tracing and locomotion tests:*** Spinal cord compression injury, CST tracing and analysis was performed as described previously (56). Briefly, Balb/C mice underwent a partial laminectomy at thoracic level T8, and a contusion lesion was performed with a SPI Correx Tension/Compression Gage (Penn Tool) at 20 cN for 1 s. For the spinal cord bilateral dorsal hemisection, iridectomy scissors were used to transect left and right dorsal funiculus, the dorsal horns (57) and additionally the ventral funiculus. After positioning of the gelfoam patch on top of the perforated dura, the muscles were sutured. A small hole was then drilled into the skull and a Hamilton syringe was inserted into the motor cortex to apply 2 μ l biotinylated dextran amine (10% BDA). BDA $^+$ CST nerve fibers cranial and caudal to the lesion were counted in serial sections (56) and normalized to the number of labeled fibers within a standardized 20 μ m-wide area across the mid dorso-ventral diameter of the CST in cross sections at the T4 level cranial to the lesion. Mice were continuously tested for functional recovery within three or four weeks (contusion injury or hemisection, respectively) following SCI with the Basso Mouse Scale (25). Subscores for stepping performance and correct paw positioning were evaluated individually. Also Rotarod performance (58) was determined continuously up to the end of the observation periods.

Histological staining and analysis: The entorhinal cortices (ECs) and EC-HC were washed and fixed for 20 minutes in 4% PFA. Spinal cord and *M. tibialis cranialis* cryosections (respectively 20 and 30 μ m thick) from PFA perfused animals and ECs were then incubated with 10% normal goat serum (NGS; Sigma) and 0.2% Triton X-100 (Sigma). For ECs the first antibody, Tau-1 (mouse monoclonal, Millipore) or glial fibrillary acidic protein (GFAP; mouse monoclonal, Sigma), was added for 2h. The ECs were then incubated for 2 h at RT with the secondary antibody. To evaluate neurite density of the ECs we used a standard protocol for the evaluation of neurite outgrowth as described previously (15,24), which was improved using image analysis software based on the Sobel algorithm (Image J, NIH) to precisely quantify neurite density (Figure 3). To evaluate EC-HC reinnervation Photomicrographs were then analyzed with MetaMorph Image Software (VisitronSystems) to determine the average intensity of the GFP positive axons in a standardized area. For measurement of lesion size and gliosis in the injured spinal cord we performed a double-staining against GFAP and myelin basic protein (MBP, rabbit polyclonal). Quantification of GFAP expression was performed by intensity analysis as previously described (59). For analysis of serotonergic fibers and 5HT-positive boutons sections were incubated with a polyclonal anti 5-HT antiserum. 5-HT expressing fibers were documented and analysed using Image J. For camera lucida tracing, Adobe Photoshop software was used. The number of 5HT-positive boutons on motoneurons was calculated as previously described (60). For motor endplate staining on *M. tibialis cranialis*, sections were incubated for 2 hours at RT with 2 μ g/ml Alexa Fluor 488-conjugated α -bungarotoxin (Molecular Probes). Every second section was analyzed and the total number of motor endplates per individual section was determined. As secondary antibody goat anti-mouse AL488 (A11029, Invitrogen) was used for ECs, Alexa Fluor 594 horse anti-mouse and Alexa fluor 488 goat anti-rabbit for EGFP and MBP staining, and Alexa 488 goat

anti-rabbit (Molecular Probes) for 5-HT. **Primary cultures:** For hippocampal neurons cells were prepared from hippocampi from mice at E16, dissociated mechanically centrifugated and plated on glass cover slips precoated with poly-L-lysine/collagen. One day after plating, C3bot peptide was added to the culture medium and at five days *in vitro* (DIV5) neurons were fixed and permeabilized. Hippocampal neurons were stained by antibody against neurofilament protein (NFP) and microtubule associated proteins 2 (MAP2) (Chemicon International) overnight and at 4°C and secondary antibodies were applied for 2h. Hippocampal neurons were documented using a DFC 490 digital camera and morphometrically analyzed using Neurolucida software (MicroBrightField). **Rho GTPase pull-down assay:** The Rho binding domain C21 was expressed as GST fusion protein in *E. coli* and purified by affinity chromatography using glutathione-sepharose. Hippocampal neurons were lysed and the obtained suspension was sonicated and centrifugated. Lysates were then added to glutathione-bound GST-C21 (rhotekin) for 1 h (4°C). Bound proteins were mobilized by incubation with Laemmli sample buffer at 95 °C for 10 min. Samples were subjected to SDS-PAGE and Western blot analysis. **Statistical analysis:** Data represent mean values ± SEM. Locomotion tests were analyzed using a two-way ANOVA. Statistical significance of cytochemical data was tested using the Mann Whitney U test. In general, p-values < 0.05, < 0.01, or < 0.001 were marked *, **, or ***, respectively.

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cord injury in rats. *Eur J Neurosci* 27 (2), 326-333 (2008).

8. Declaration of own contribution

Here follow the detailed contributions of the doctoral candidate Francesco Boato to the submitted publications.

- **Publication 1**

Höltje M, Djalali S, Hofmann F, Münster-Wandowski A, Hendrix S, **Boato F**, Dreger SC, Grosse G, Henneberger C, Grantyn R, Just I, Ahnert-Hilger G.

“A 29-amino acid fragment of Clostridium botulinum C3 protein enhances neuronal outgrowth, connectivity, and reinnervation.”

FASEB Journal. 2009 Apr; 23(4):1115-26. Epub 2008 Dec 1.

Contribution in percent: 20%;

Detailed contribution: Conduction and analysis of key experiments (e.g. organotypic explants culture from entorinal cortex -EC- in collagen and co-culture EC – Hippocampus on membrane); presentation of the results at international conferences and meetings (Society for Neuroscience 2009; CORTEX meeting in Oslo 2009; Berlin Brain Days 2010); participation in writing the manuscript; contribution for the revision of the manuscript.

- **Publication 2**

Schmitt K, **Boato F**, Diestel A, Hechler D, Kruglov A, Berger F, Hendrix S.

“Hypothermia-induced neurite outgrowth is mediated by TNF-alpha.”

Brain Pathology. 2009 Dec 8. [Epub ahead of print].

Contribution in percent: 40%;

Detailed contribution: Active participation in planning the study and most of the experiments; conduction and analysis of key experiments (organotypic explants

culture in collagen under several condition, immunohistochemistry, intensity and morphological analysis, use of TNF-alpha inhibitor and TNF-alpha-KO mice experiments); improving of culturing and establishment of a novel analysis method; presentation of the results at international conferences and meetings (CORTEX meeting in Berlin 2008 and in Oslo 2009; Ecole Normale Supérieur meeting in Paris 2010); participation in writing the manuscript; extensive contribution for the revision of the manuscript (including additional experiments, analysis and editing of the text).

- **Publication 3**

Boato F, Hendrix S, Huelsenbeck SC, Hofmann F, Große G, Djalali S, Klimaschewski L, Auer M, Just I, Ahnert-Hilger G, Höltje M.

“C3 peptide treatment enhances functional recovery from spinal cord injury by improved axonal regenerative growth of descending fiber tracts.”

Journal of Cell Science. 2010 [in Press].

Contribution in percent: 70%;

Detailed contribution: Active participation in planning the study and all the experiments; conduction and analysis of the experiments (spinal cord contusion injury and hemisection, behavioural tests, immunocyto- and immunohistochemistry, morphological analysis, microscopy); improvement of injury model and establishment of new behavioural paradigms, presentation of the results at international conferences and meetings (CORTEX meeting in Berlin 2008 and in Oslo 2009; Society for Neuroscience 2009; Berlin Brain Days 2009; Ecole Normale Supérieur meeting in Paris 2010); active participation in writing the manuscript; extensive contribution for the revision of the manuscript (including additional key experiments, analysis and editing of the text).

9. Complete publications list

Publications in peer-reviewed journals

- Höltje M, Djalali S, Hofmann F, Münster-Wandowski A, Hendrix S, **Boato F**, Dreger SC, Grosse G, Henneberger C, Grantyn R, Just I, Ahnert-Hilger G. “A 29-amino acid fragment of *Clostridium botulinum* C3 protein enhances neuronal outgrowth, connectivity, and reinnervation.” **FASEB Journal**. 2009 Apr; 23(4):1115-26. Epub 2008 Dec 1.
- Schmitt K, **Boato F**, Diestel A, Hechler D, Kruglov A, Berger F, Hendrix S. “Hypothermia-induced neurite outgrowth is mediated by TNF-alpha.” **Brain Pathology**. 2009 Dec 8. [Epub ahead of print]
- **Boato F**, Hendrix S, Huelsenbeck SC, Hofmann F, Große G, Djalali S, Klimaschewski L, Auer M, Just I, Ahnert-Hilger G, Höltje M. “C3 peptide treatment enhances functional recovery from spinal cord injury by improved axonal regenerative growth of descending fiber tracts.” **Journal of Cell Science**. 2010 [in press].
- **Boato F***, Hechler D*, Nitsch R, Hendrix S. “Differential regulation of axon outgrowth and reinnervation by neurotrophin-3 and -4 in the hippocampal formation.” **Experimental Brain Research**. 2010 [under revision].
* = equally contributing.

Talks in international conferences and meetings

- **Boato F**, Schmitt K, Diestel A, Hechler D, Nitsch R and Hendrix S. “Hypothermia-induced neurite outgrowth is mediated by TNF-alpha.” University Pierre and Marie Curie (**UPMC**), Paris 2010
- **Boato F**, Höltje M, Schmitt K, Diestel A, Hechler D, Nitsch R and Hendrix S. “RhoA pathways in axonal regeneration *in vitro* and *in vivo*.” **École Normale Supérieure**, Paris 2010

- Höltje M, **Boato F**, Hendrix S, Klimaschewski L, Just I and Ahnert-Hilger G. “*Clostridial C3 proteins: tools to foster regeneration from CNS injuries.*” **SNI Lectures**, Innsbruck 2010
- **Boato F**, Hechler D, Schwab M, Nitsch R and Hendrix S. “*T helper-2 calls mediate recovery from spinal cord injury via interleukin-4.*” **Co.R.T.Ex** meeting, University of Oslo 2009
- Witzel C, **Boato F**, Koulaxouzidis G, Knie B, Infanger M and Hendrix S. "The effect of TRAIL on CNS and PNS trauma." Deutsche Arbeitsgemeinschaft für Mikrochirurgie (**DAM**), Erlangen 2009
- Höltje M, **Boato F**, Hendrix S, Klimaschewski L, Just I and Ahnert-Hilger G. “*Enhanced axonal sprouting and functional recovery after spinal cord injury by a peptidic fragment from Clostridium botulinum C3 protein.*” Arbeitstagung der Anatomischen Gesellschaft, Würzburg 2009
- **Boato F**, Nitsch R and Hendrix S. “*Effect of IL-4 and IL-10 on outgrowth and reinnervation in vitro and in vivo.*” Co.R.T.Ex meeting, Berlin 2008
- **Boato F**, Barber PR, Bauerschmidt C and Rothkamm K. “*Characterization and scoring of γH2AX AND 53BP1 foci: manual vs automatic.*” Radiobiology Symposium, University of Oxford 2007.

Poster presentations in international conferences and meetings

- **Boato F**, Hendrix S, Hofmann F, Djalali S, Klimaschewski L, Auer M, Just I, Ahnert-Hilger G and Höltje M. “*A 29 aa long fragment from clostridium botulinum C3 protein foster muscle reinnervation and functional recovery after spinal cord injury.*” Berlin Brain Days (BBD) 2009
- **Boato F**, Hendrix S, Hofmann F, Djalali S, Klimaschewski L, Auer M, Just I, Ahnert-Hilger G and Höltje M. “*Enhanced Regeneration and functional recovery after spinal cord injury by a peptidic fragment from clostridium botulinum.*” Society for Neuroscience (SfN), Chicago 2009

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10. Selbstst ndigkeitserkl rung

„Ich, Francesco Boato, erkl re, dass ich die vorgelegte Dissertation mit dem Thema:

“Hypothermia and C3 peptide promote neurite outgrowth and regeneration after traumatic CNS injury.”

selbst verfasst und keine anderen als die angegebenen Quellen und Hilfsmittel benutzt, ohne die (unzul ssige) Hilfe Dritter verfasst und auch in Teilen keine Kopien anderer Arbeiten dargestellt habe.“

Berlin 12.05.2010

Francesco Boato

11. Acknowledgments

Once a bright mind told me that the acknowledgments is the most important part of a PhD thesis because it is the only one that everybody reads; and I agree, but not for the same reason. It is my deep-seated opinion that feeling good with the people around you is by far the most important thing to feel good with yourself and appreciate your own life and work; and the aim of these lines is not only to thank who helped me with my work, but mainly to thanks the people who contributed creating this incredibly welcoming environment.

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