## 8.2. Appendix B. Additional Analyses Using Aggregates and Modeling Error Structures

Table B 1. Goal Relevance of Everyday Life Activities Aggregated Per Day: Point Estimates and Robust Standard Errors of the Fixed Effects and Variance Components of the Random Effects

| Fixed effects                         | Coefficients | SE    |  |
|---------------------------------------|--------------|-------|--|
| Intercept                             | 0.753 **     | 0.077 |  |
| Gender (actor)                        | -0.162       | 0.101 |  |
| Interpersonal goal conflict (actor)   | 0.339        | 0.194 |  |
| Interpersonal goal conflict (partner) | -0.384 *     | 0.201 |  |
| Random effects                        | Variance     |       |  |
| Residual                              | 0.313        |       |  |
| Intercept lv1                         | 0.131 **     |       |  |
| Intercept lv2                         | 0.022        |       |  |

<sup>\*\*</sup> p<.01; \*p<.05; Note that coefficients are not standardized

Table B 2. Goal Relevance of Everyday Life Activities Aggregated Over the Week: Point Estimates and Robust Standard Errors of the Fixed Effects and Variance Components of the Random Effects

| Fixed effects                         | Coefficients | SE    |
|---------------------------------------|--------------|-------|
| Intercept                             | 0.750 **     | 0.075 |
| Gender (actor)                        | -0.157       | 0.099 |
| Interpersonal goal conflict (actor)   | 0.327        | 0.192 |
| Interpersonal goal conflict (partner) | -0.382 *     | 0.198 |
| Random effects                        | Variance     |       |
| Residual                              | 0.184        |       |
| Intercept lv1                         | 0.025        |       |

<sup>\*\*</sup> p<.01; \*p<.05; Note that coefficients are not standardized

Table B 3. Goal Relevance of Everyday Life Activities: Point Estimates and Standard Errors of the Fixed Effects and Variance Components of the Random Effects using HLM (Unstructured Covariance)

| Fixed effects                         | Coefficients | SE    |  |
|---------------------------------------|--------------|-------|--|
| Intercept                             | 0.751 **     | 0.069 |  |
| Gender (actor)                        | -0.158       | 0.093 |  |
| Interpersonal goal conflict (actor)   | 0.325        | 0.216 |  |
| Interpersonal goal conflict (partner) | -0.384 +     | 0.216 |  |

<sup>\*\*</sup> p<.01; \*p<.05; Note that coefficients are not standardized

Table B 4. Goal Relevance of Everyday Life Activities: Point Estimates and Standard Errors of the Fixed Effects and Variance Components of the Random Effects using SAS Proc Mixed (Compound Symmetry Covariance Structure)

| Fixed effects                         | Coefficients | SE    |  |
|---------------------------------------|--------------|-------|--|
| Intercept                             | 0.750 **     | 0.069 |  |
| Gender (actor)                        | -0.156       | 0.094 |  |
| Interpersonal goal conflict (actor)   | 0.325        | 0.218 |  |
| Interpersonal goal conflict (partner) | -0.382 +     | 0.218 |  |

<sup>\*</sup> p<.01; \*p<.05; Note that coefficients are not standardized

Table B 5. Goal Relevance of Everyday Life Activities: Point Estimates and Standard Errors of the Fixed Effects and Variance Components of the Random Effects using SAS Proc Mixed (Autoregressive Order1 Covariance Structure)

| Fixed effects                         | Coefficients | SE    |  |
|---------------------------------------|--------------|-------|--|
| Intercept                             | 0.746 **     | 0.069 |  |
| Gender (actor)                        | -0.158       | 0.100 |  |
| Interpersonal goal conflict (actor)   | 0.325        | 0.218 |  |
| Interpersonal goal conflict (partner) | -0.387 +     | 0.218 |  |

<sup>\*</sup> p<.01; \*p<.05; Note that coefficients are not standardized

Table B 6. Goal Relevance of Everyday Life Activities Aggregated Per Day: Point Estimates and Robust Standard Errors of the Fixed Effects and Variance Components of the Random Effects

| Fixed effects                            | Coefficients | SE    |  |
|------------------------------------------|--------------|-------|--|
| Intercept                                | 0.724 **     | 0.073 |  |
| Gender (actor)                           | -0.104       | 0.098 |  |
| Interpersonal goal convergence (actor)   | 0.164 *      | 0.068 |  |
| Interpersonal goal convergence (partner) | 0.068        | 0.078 |  |
| Random effects                           | Variance     |       |  |
| Residual                                 | 0.313        |       |  |
| Intercept lv1                            | 0.151 **     |       |  |
| Intercept lv2                            | 0.003        |       |  |

p<.01; \*p<.05; Note that coefficients are not standardized

Table B 7. Goal Relevance of Everyday Life Activities Aggregated Over the Week: Point Estimates and Robust Standard Errors of the Fixed Effects and Variance Components of the Random Effects

| Fixed effects                            | Coefficients | SE    |  |
|------------------------------------------|--------------|-------|--|
| Intercept                                | 0.722 **     | 0.071 |  |
| Gender (actor)                           | -0.100       | 0.096 |  |
| Interpersonal goal convergence (actor)   | 0.162 *      | 0.068 |  |
| Interpersonal goal convergence (partner) | 0.064        | 0.078 |  |
| Random effects                           | Variance     |       |  |
| Residual                                 | 0.203        |       |  |
| Intercept lv1                            | 0.006        |       |  |

p<.01; \*p<.05; Note that coefficients are not standardized

Table B 8. Goal Relevance of Everyday Life Activities: Point Estimates and Standard Errors of the Fixed Effects and Variance Components of the Random Effects using HLM (Unstructured Covariance)

| Fixed effects                            | Coefficients | SE    |  |
|------------------------------------------|--------------|-------|--|
| Intercept                                | 0.719 **     | 0.068 |  |
| Gender (actor)                           | -0.098       | 0.095 |  |
| Interpersonal goal convergence (actor)   | 0.159 *      | 0.076 |  |
| Interpersonal goal convergence (partner) | 0.062        | 0.077 |  |

<sup>\*\*</sup> p<.01; \*p<.05; Note that coefficients are not standardized

Table B 9. Goal Relevance of Everyday Life Activities: Point Estimates and Standard Errors of the Fixed Effects and Variance Components of the Random Effects using SAS Proc Mixed (Compound Symmetry Covariance Structure)

| Fixed effects                            | Coefficients | SE    |  |
|------------------------------------------|--------------|-------|--|
| Intercept                                | 0.722 **     | 0.069 |  |
| Gender (actor)                           | -0.099       | 0.096 |  |
| Interpersonal goal convergence (actor)   | 0.162 *      | 0.077 |  |
| Interpersonal goal convergence (partner) | 0.064        | 0.077 |  |

<sup>\*\*</sup> p<.01; \*p<.05; Note that coefficients are not standardized

Table B 10. Goal Relevance of Everyday Life Activities: Point Estimates and Standard Errors of the Fixed Effects and Variance Components of the Random Effects using SAS Proc Mixed (Autoregressive Order1 Covariance Structure)

| Fixed effects                            | Coefficients | SE    |  |
|------------------------------------------|--------------|-------|--|
| Intercept                                | 0.718 **     | 0.068 |  |
| Gender (actor)                           | -0.101       | 0.097 |  |
| Interpersonal goal convergence (actor)   | 0.161 *      | 0.077 |  |
| Interpersonal goal convergence (partner) | 0.063        | 0.077 |  |

<sup>\*\*</sup> p<.01; \*p<.05; Note that coefficients are not standardized

Table B 11. Goal Relevance of Daily Activities: Point Estimates and Robust Standard Errors of the Fixed Effects and Variance Components of the Random Effects

| Fixed effects                         | Coefficients | SE     |  |
|---------------------------------------|--------------|--------|--|
| Intercept                             | 0.886 **     | 0.108  |  |
| Gender (actor)                        | -0.165       | 0.095  |  |
| Interpersonal goal conflict (actor)   | 0.459 *      | 0.209  |  |
| Interpersonal goal conflict (partner) | -0.737 **    | 0.230  |  |
| Access to grandparental childcare     | -0.824       | 0.618  |  |
| Access to childcare by friends        | -0.005       | 0.085  |  |
| Access to childcare by privately paid | -0.153       | 0.0985 |  |
| babysitters                           |              |        |  |
| Access to grandparental childcare X   | -0.199       | 0.364  |  |
| interpersonal goal conflict (actor)   |              |        |  |
| Access to grandparental childcare X   | 0.684 *      | 0.310  |  |
| interpersonal goal conflict (partner) |              |        |  |
| Random effects                        | Variance     |        |  |
| Residual                              | 0.363 **     |        |  |
| Intercept lv1                         | 1.077        |        |  |
| Intercept lv2                         | 0.131        |        |  |

<sup>\*\*</sup> p<.01; \*p<.05; Note that coefficients are not standardized

Table B 12. Goal Relevance of Everyday Life Activities Aggregated Per Day: Point Estimates and Robust Standard Errors of the Fixed Effects and Variance Components of the Random Effects

| Fixed effects                                                             | Coefficients | SE    |  |
|---------------------------------------------------------------------------|--------------|-------|--|
| Intercept                                                                 | 1.263 **     | 0.345 |  |
| Gender (actor)                                                            | -0.168       | 0.098 |  |
| Interpersonal goal conflict (actor)                                       | 0.448 *      | 0.215 |  |
| Interpersonal goal conflict (partner)                                     | -0.770 **    | 0.245 |  |
| Access to grandparental childcare                                         | -0.966       | 0.615 |  |
| Access to grandparental childcare X interpersonal goal conflict (actor)   | -0.157       | 0.341 |  |
| Access to grandparental childcare X interpersonal goal conflict (partner) | 0.738 *      | 0.333 |  |
| Random effects                                                            | Variance     |       |  |
| Residual                                                                  | 0.313        |       |  |
| Intercept lv1                                                             | 0.121 **     |       |  |
| Intercept 1v2                                                             | 0.020        |       |  |

<sup>\*\*</sup>p<.01; p<.05; Note that coefficients are not standardized

Table B 13. Goal Relevance of Everyday Life Activities Aggregated Over the Week: Point Estimates and Robust Standard Errors of the Fixed Effects and Variance Components of the Random Effects

| Fixed effects                         | Coefficients | SE    |  |
|---------------------------------------|--------------|-------|--|
| Intercept                             | 1.275 **     | 0.342 |  |
| Gender (actor)                        | -0.163       | 0.096 |  |
| Interpersonal goal conflict (actor)   | 0.432 *      | 0.215 |  |
| Interpersonal goal conflict (partner) | -0.767 **    | 0.240 |  |
| Access to grandparental childcare     | -0.995       | 0.607 |  |
| Access to grandparental childcare X   | -0.142       | 0.341 |  |
| interpersonal goal conflict (actor)   |              |       |  |
| Access to grandparental childcare X   | 0.744 *      | 0.329 |  |
| interpersonal goal conflict (partner) |              |       |  |
| Random effects                        | Variance     |       |  |
| Residual                              | 0.178        |       |  |
| Intercept lv1                         | 0.026        |       |  |

<sup>\*\*</sup> p<.01; \*p<.05; Note that coefficients are not standardized

Table B 14. Goal Relevance of Everyday Life Activities: Point Estimates and Standard Errors of the Fixed Effects and Variance Components of the Random Effects using HLM (Unstructured Covariance)

| Fixed effects                                                             | Coefficients | SE    |  |
|---------------------------------------------------------------------------|--------------|-------|--|
| Intercept                                                                 | 1.275 **     | 0.558 |  |
| Gender (actor)                                                            | -0.164       | 0.091 |  |
| Interpersonal goal conflict (actor)                                       | 0.428 *      | 0.279 |  |
| Interpersonal goal conflict (partner)                                     | -0.771 **    | 0.280 |  |
| Access to grandparental childcare                                         | -1.010       | 1.071 |  |
| Access to grandparental childcare X interpersonal goal conflict (actor)   | -0.138       | 0.476 |  |
| Access to grandparental childcare X interpersonal goal conflict (partner) | 0.748        | 0.477 |  |

<sup>\*\*</sup> p<.01; \*p<.05; Note that coefficients are not standardized

Table B 15. Goal Relevance of Everyday Life Activities: Point Estimates and Standard Errors of the Fixed Effects and Variance Components of the Random Effects using SAS Proc Mixed (Compound Symmetry Covariance Structure)

| Fixed effects                         | Coefficients | SE    |  |
|---------------------------------------|--------------|-------|--|
| Intercept                             | 0.842 **     | 0.088 |  |
| Gender (actor)                        | -0.162       | 0.091 |  |
| Interpersonal goal conflict (actor)   | 0.434        | 0.282 |  |
| Interpersonal goal conflict (partner) | -0.771 **    | 0.282 |  |
| Access to grandparental childcare     | -0.983       | 1.069 |  |
| Access to grandparental childcare X   | -0.152       | 0.477 |  |
| interpersonal goal conflict (actor)   |              |       |  |
| Access to grandparental childcare X   | 0.746        | 0.477 |  |
| interpersonal goal conflict (partner) |              |       |  |

<sup>\*\*</sup> p<.01; \*p<.05; Note that coefficients are not standardized

Table B 16. Goal Relevance of Everyday Life Activities: Point Estimates and Standard Errors of the Fixed Effects and Variance Components of the Random Effects using SAS Proc Mixed (Autoregressive Order1 Covariance Structure)

| Fixed effects                         | Coefficients | SE    |  |
|---------------------------------------|--------------|-------|--|
| Intercept                             | 0.838 **     | 0.086 |  |
| Gender (actor)                        | -0.164       | 0.097 |  |
| Interpersonal goal conflict (actor)   | 0.436        | 0.286 |  |
| Interpersonal goal conflict (partner) | -0.774 **    | 0.286 |  |
| Access to grandparental childcare     | -0.971       | 1.011 |  |
| Access to grandparental childcare X   | -0.156       | 0.471 |  |
| interpersonal goal conflict (actor)   |              |       |  |
| Access to grandparental childcare X   | 0.742        | 0.471 |  |
| interpersonal goal conflict (partner) |              |       |  |

<sup>\*</sup> p<.01; \*p<.05; Note that coefficients are not standardized

Table B 17. Nested comparison of Actor/Partner Model Fit for Interpersonal Goal Conflict, Access to Grandparental Childcare and Everyday Goal Pursuit Examining Gender and Influence

|                                                |         |    |      |      | Comp | arison  | to init | ial model |
|------------------------------------------------|---------|----|------|------|------|---------|---------|-----------|
| Model step                                     | $Chi^2$ | df | CFI  | NFI  | NNFI | $Chi^2$ | df      | p         |
| Model 1: Initial model; Actor and partner      | 1.05    | 4  | 1.00 | 1.0  | 1.07 |         |         |           |
| influences are constrained to equality for     |         |    |      |      |      |         |         |           |
| women and men                                  |         |    |      |      |      |         |         |           |
| Model 2: Only partner influences are           | .97     | 2  | 1.00 | 1.00 | 1.05 | .08     | 2       | n.s.      |
| constrained to equality                        |         |    |      |      |      |         |         |           |
| Model 3: Only actor influences are constrained | .43     | 2  | 1.00 | 1.07 | 1.00 | .62     | 2       | n.s.      |
| to equality                                    |         |    |      |      |      |         |         |           |
| Model 4: Both actor and partner influences are | .00     | 0  | -    | -    | -    | 1.05    | 4       | n.s.      |
| allowed to vary                                |         |    |      |      |      |         |         |           |

Table B 18. Differences in the Perception of Interpersonal Goal Conflict as well as Access to Grandparental Childcare and Aggregated Goal Pursuit: Actor-, Partner- and Compositional Effects in Husbands and Wives using Structural Equation Modeling

| Paths                                                                     | Conflict |
|---------------------------------------------------------------------------|----------|
| Interpersonal goal conflict (actor)                                       | .05      |
| Interpersonal goal conflict (actor) X access to grandparental childcare   | .01      |
| Access to grandparental childcare                                         | 20       |
| Interpersonal goal conflict (Partner)                                     | 11*      |
| Interpersonal goal conflict (Partner) X access to grandparental childcare | .07      |

<sup>\*</sup> p<.01; \*p<.05; Note that coefficients are not standardized

Table B 19. Emotional Well-Being in Everyday Life: Point Estimates and Standard Errors of the Fixed Effects and Variance Components of the Random Effects using SAS Proc Mixed

| 1) Model for positive-negative mood                                           |                      |                |  |
|-------------------------------------------------------------------------------|----------------------|----------------|--|
| Fixed effects (unstructured covariance)                                       | Coefficients         | SE             |  |
| Intercept<br>Goal relevance slope                                             | 4.052 **<br>0.093 ** | 0.040<br>0.013 |  |
| Fixed effects (compound symmetry covarian structure)                          | ce                   |                |  |
| Intercept Goal relevance slope                                                | 4.052 **<br>0.089 ** | 0.030<br>0.031 |  |
| Fixed effects (autoregressive order 1 covaria structure)                      | nce                  |                |  |
| Intercept<br>Goal relevance slope                                             | 4.052 **<br>0.089 ** | 0.030<br>0.031 |  |
| 2) Model for alertness-fatigue                                                |                      |                |  |
| Fixed effects (unstructured covariance)                                       | Coefficients         | SE             |  |
| Intercept<br>Goal relevance slope                                             | 3.631 **<br>0.109 ** | 0.047<br>0.015 |  |
| Fixed effects (compound symmetry covarian structure)                          | ce                   |                |  |
| Intercept<br>Goal relevance slope                                             | 3.631 **<br>0.109 ** | 0.035<br>0.036 |  |
| Fixed effects (autoregressive order 1 covariants structure)                   | nce                  |                |  |
| Intercept<br>Goal relevance slope                                             | 3.631 **<br>0.109 ** | 0.035<br>0.036 |  |
| 3) Model for ease-restlessness                                                |                      |                |  |
| Fixed effects (unstructured covariance)                                       | Coefficients         | SE             |  |
| Intercept Goal relevance slope                                                | 3.685 **<br>0.064 ** | 0.048<br>0.016 |  |
| Fixed effects (compound symmetry covarian structure)                          | ce                   |                |  |
| Intercept  Cool relevence slone                                               | 3.685 **             | 0.036          |  |
| Goal relevance slope Fixed effects (autoregressive order 1 covaria structure) | 0.062 **<br>nce      | 0.037          |  |
| Intercept Goal relevance slope                                                | 3.685 **<br>0.062 ** | 0.036<br>0.037 |  |

<sup>\*\*</sup> p<.01; \*p<.05; Note that coefficients are not standardized

Table B 20. Nested Comparison of Actor/Partner Model Fit for Interpersonal Goal Conflict and Progress on Family-Goals Examining Gender and Influence

|                                                                                                    |                  |    |      |     | Compa | rison to | initial r | nodel |
|----------------------------------------------------------------------------------------------------|------------------|----|------|-----|-------|----------|-----------|-------|
| Model step                                                                                         | Chi <sup>2</sup> | df | CFI  | NFI | NNFI  | $Chi^2$  | df        | p     |
| Model 1: Initial model; Actor and partner influences are constrained to equality for women and men | 4.51             | 2  | 0.00 | .21 | 26.75 |          | v         | •     |
| Model 2: Only partner influences are constrained to equality                                       | 3.16             | 1  | 0.00 | .45 | 45.33 | 1.35     | 1         |       |
| Model 3: Only actor influences are constrained to equality                                         | 1.70             | 1  | 0.00 | .70 | 15.39 | 2.81     | 1         |       |
| Model 4: Both actor and partner influences are allowed to vary                                     | 0.00             | 0  | -    | -   | -     | 4.51     | 2         |       |

Table B 21. Predicting Progress on Family-Goals from Interpersonal Goal Conflict

| Paths                                 | Conflict |
|---------------------------------------|----------|
| Interpersonal goal conflict (actor)   | .60      |
| Interpersonal goal conflict (partner) | 12       |

<sup>\*\*</sup> p<.01; \*p<.05; Note that coefficients are not standardized

Table B 22. Nested Comparison of Actor/Partner Model Fit for Interpersonal Goal Convergence and Progress on Personal Goals Examining Gender and Influence

|                                                |         |    |     |     | Comp  | arison  | to initi | al model |
|------------------------------------------------|---------|----|-----|-----|-------|---------|----------|----------|
| Model step                                     | $Chi^2$ | df | CFI | NFI | NNFI  | $Chi^2$ | df       | p        |
| Model 1: Initial model; Actor and partner      | 2.29    | 2  | .86 | .71 | .57   |         |          | _        |
| influences are constrained to equality for     |         |    |     |     |       |         |          |          |
| women and men                                  |         |    |     |     |       |         |          |          |
| Model 2: Only partner influences are           | 2.23    | 1  | .38 | .72 | -2.73 | 0.06    | 1        |          |
| constrained to equality                        |         |    |     |     |       |         |          |          |
| Model 3: Only actor influences are constrained | 0.00    | 1  | -   | -   | -     | 2.29    | 1        |          |
| to equality                                    |         |    |     |     |       |         |          |          |
| Model 4: Both actor and partner influences are | 0.00    | 0  | -   | -   | -     | 2.29    | 2        |          |
| allowed to vary                                |         |    |     |     |       |         |          |          |

Table B 23. Predicting Progress on Personal Goals from Interpersonal Goal Convergence

| Paths                                    | Conflict |
|------------------------------------------|----------|
| Interpersonal goal convergence (actor)   | .26 *    |
| Interpersonal goal convergence (partner) | .01      |

<sup>\*</sup>p<.01; \*p<.05; Note that coefficients are not standardized